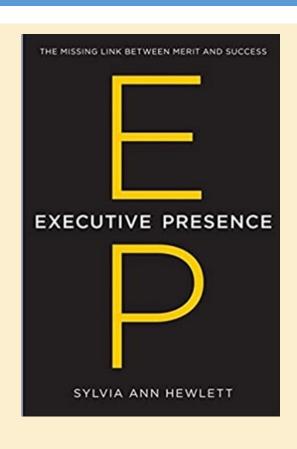
We Lead Book Club

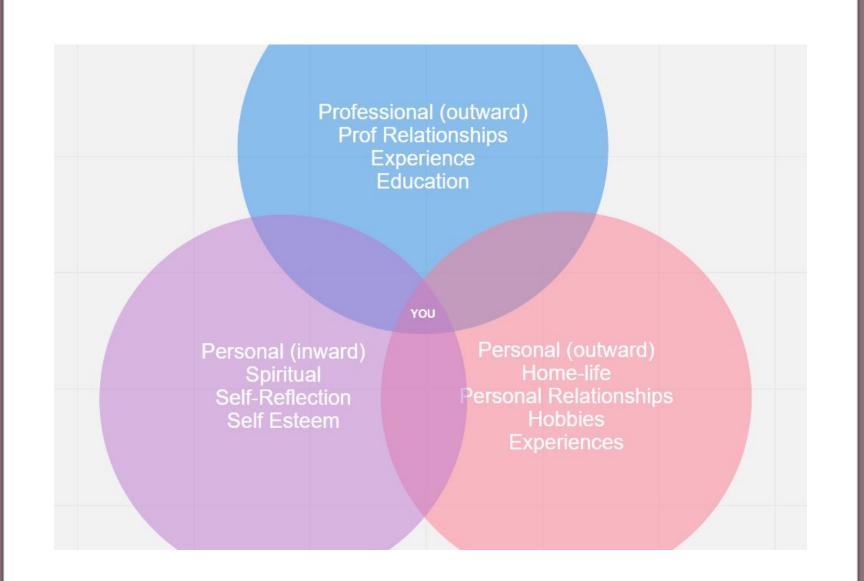




- Introduction
- Why this Book?
- Perspective
- Conversation Starter
- Breakout Groups: Chapter Discussion
- Summary

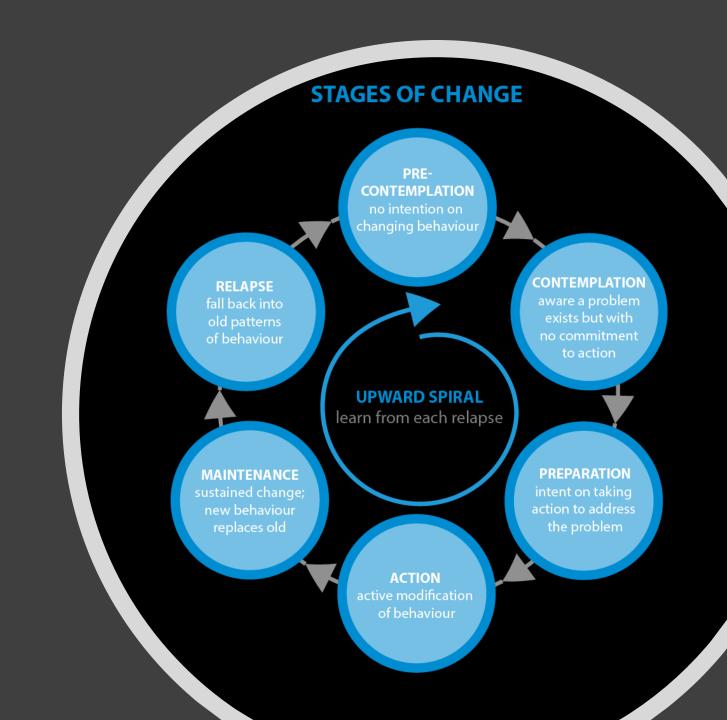
Why the Book was Chosen

- Believe the book aligns with our group's mission and purpose.
- Touches on the leadership and development of professional women.
- Potential challenge is finding one book to suit the needs of many.
- It is not perfect. Goal is not to sound and act like a man but be the best version of you.
- Our hope is that the content of the book inspires discussion and professional development.



We Want to
Meet You
Where You
Are in Your
Professional
Development

Change



Review Chapters 1 & 2

We discussed the qualities you admire about other female leaders.

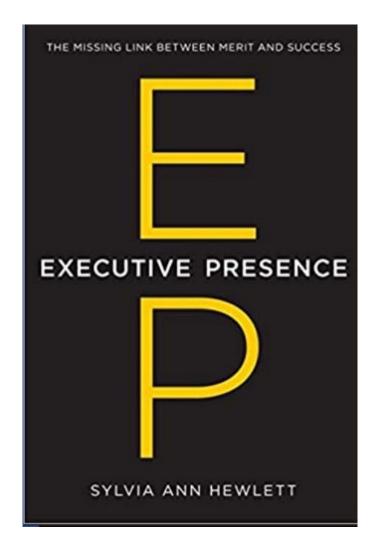
We discussed personality traits that you already have in common with them.

We discussed which of these traits you want to improve in yourself, and how would you accomplish that.

Review
Chapters 1 & 2
Continued

We discussed when it's safe to speak our truth.

We discussed ways to grow professionally.





Conversation Starter



From our previous discussion (chapters 1 Executive Presence and 2 Gravitas), share what idea really resonated with you.

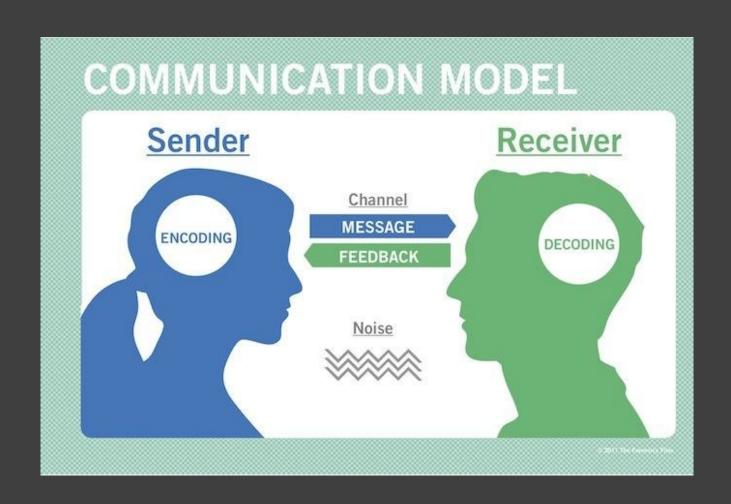


Give us a sense of where are you in the positive change cycle.



For those in the planning and action phase, tell us what you did. Does anyone want to share a "win"?

Communication



Includes both verbal and non-verbal communication.

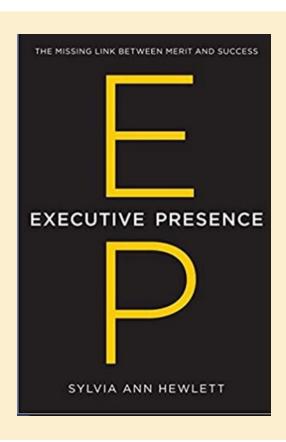
Breakout Session 1:

- Take a moment to think about the effective communication skills of someone you admire.
- Write them down.
- In what ways can you polish your communication skills: (from p. 74-77)
 - Verbal crutches
 - How can you broaden your small talk skills?
 - Do you need to control your voice?
 - Over prepare
 - Less can be more (inject a comment when you have something fresh to add to the conversation)
 - Invoke your vertical (sit or stand tall don't slouch)
 - Lose the props (engage your audience don't read your notes or Power Point slides)
 - Do not allow challenges to your authority to go unanswered (deflect with humor, counter with evidence to make your point, and don't be afraid to ask, "what do you mean by that?", "help me understand...", or other responses?)

Breakout session 2:

- What are the biggest barriers to effective communication in your office/department/around campus?
- What solutions would help overcome these barriers?

Summary





- Reflect on what you learned today.
- Make a plan.
- Invite others to join us.
- Inquire about We Lead membership Heather Varela: Hvarela@shsu.edu
- Feedback about the presentation, Lisa Chaddick: LChaddick@shsu.edu
- Next book club meeting is Wednesday, February 24th at 12 noon.
- We will discuss chapter 4.