

Sam Houston State University Human Resources

Staff Classification Description – Strength Coach

Skill Category: Professional
Position (Employee) Class: 3N221 (E1)
Grade: 21
Date: 10/2014

Department: Athletics

Educational & Experience Requirement: Master's Degree in Kinesiology or related field. Four years progressively responsible strength training experience with collegiate, public school, corporate, health club programs or experience in a related field. A combination of education, experience, and training that would produce the required knowledge and abilities could be considered.

Nature & Purpose of Position: Serves as the strength coach for the university athletic programs and supervises any special programs in one or more university recognized intercollegiate activities.

Supervision Given & Received: Works under general direction from and may supervise other assistants and support staff.

Primary Responsibilities: The primary duty of this position is teaching/coaching student athletics to perform their sport. Designs group and individual programs for athletes and supervises training. Provides orientation of equipment and exercises. Maintains budget and preparation for strength area, purchases equipment and supplies, and maintains computer files. Provides nutritional information to athletes, schedules specific times for sports teams in weight room and prepares, inspects, and maintains all weight room equipment. Supervises weight room staff and communicates with sports coaches. Performs other related duties as assigned.

Other Specifications: Must have thorough understanding of sports rules, compliance regulations, and conference recruiting rules and policies. May be required to teach in an academic program at the discretion of the Director of Athletics. Expected to develop an appropriate rapport with community and University personnel. Must be knowledgeable of all NCAA and conference rules. Must adhere to NCAA and conference bylaws. Must be supportive of institutional compliance and academic programs. Must report all NCAA and conference violations to proper personnel. Alertness and careful attention in the performance of duties is required to prevent injury to self and others. This position may be designated as a Campus Security Authority (CSA).

This is a classification description with the complete list of job duties being maintained at the departmental level. Other job duties necessary for the effective operation of the University are expected to be performed. Any qualifications to be considered as equivalents in lieu of stated minimums require the prior approval of Human Resources.

Sam Houston State University is an at will employer and drug free/smoke free workplace. This position is security-sensitive and thereby subject to the provisions of the Texas Education Code §51.215, which authorizes the employer to obtain criminal history record information. The pay grade range is inclusive of social security benefit replacement pay.

Sam Houston State University is Committed to Equal Opportunity in Employment and Education.