## SESSION ONE
10:00am – 10:50am

### 20/20+ Hindsight: Lessons from 20 Years in Corporate America & 20+ Years in Higher Education
Presenter: Kim Baechtel
Forty years of training, supervising, and project development distilled into 10 ideas which can enhance your working relationships, improve your focus and productivity and help you identify your unique contribution and value to SHSU. A workbook will be provided to each participant.

### Mentoring: Growing Your Students (Part 1)
Presenter: Dr. Stephanie Bluth
Working with students and student employees has gone beyond teaching only phone etiquette and customer service to a more holistic approach including their personal growth and development. This session will provide examples, tips, and hands on exercises to better serve our student population.

**NOTE:** This presentation extends through sessions one (10:00am – 10:50am) and two (11:00am – 11:50am). Participants must attend both portions of the presentation to receive credit for attendance. Only one session registration is required.

### Situational Awareness & Life Safety
Presenter: Doug Odom
Session will highlight common, everyday situations, where awareness of the individuals location and actions can contribute to their well-being.

### The Creative Leader
Presenter: Meredith Conrey
This session is based on the book, Creative Confidence: Unleashing the Creative Potential Within Us All by Tom Kelley & David Kelley. This session will shatter the false belief that only some people are creative, and allow you to boost your innovative capacities. If you want to become more creative in your daily work, this is the session for you!

## SESSION TWO
11:00am – 11:50am

### Using the Awareness Wheel for Better Communication
Presenter: Rev. Steven Hill
This workshop will help you listen and communicate on a higher level. Dr. Sherod Miller did his PhD work on listening to several thousands of hours of conversations to discover what makes up a good conversation. From his study, he created the Awareness Wheel. This workshop will introduce you to the Awareness Wheel and how you can use it to listen and communicate effectively in a variety of situations.

### Mentoring: Growing Your Students (Part 2)
Presenter: Dr. Stephanie Bluth
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### Low-key Leaders
Presenter: Victoria White
This session is geared toward inspiring and empowering staff members who don’t have leadership titles to find ways to lead from their current position. There will be practical principles, discussion opportunities, and some basic leadership development included with the intention to influence each attendee’s sense of responsibility to lead from wherever they are!
Wellness in the Workplace - It Matters!
Presenters: Megan Richardson, Erica Bumpurs
Did you know that a recent survey estimated that close to 60% of employees reported feeling burned out on the job? High stress levels caused by work can negatively affect multiple areas of our lives including overall job satisfaction and productivity. This workshop will explore ways employees can maintain a healthy and balanced lifestyle by incorporating the 8 dimensions of wellness into the workplace.

KEYNOTE/ LUNCHEON
12:00pm – 1:30pm

Leading Where?: Mission and Vision in Leadership
Presenter: Dr. Phillip Lyons
To earn trust and be deserving of it, leaders must understand clearly where the organization is and where it is going; and must have the ability to communicate that effectively to others. Grounded in a thorough understanding of mission, informed by an awareness of organizational capacity; leaders must facilitate the development of a clear vision and a concrete action plan for getting from where they are to where they need to be within the constraints of existing, or at least achievable, capacity.

SESSION THREE
1:45pm – 2:35pm

Using your "SIX" Brains
Presenter: Rev. Steven Hill
Different parts of your brain work faster than others. This workshop will identify six brains inside you and give you the awareness of which brain is moving you to action. The workshop will also help you use the right brain for the right tasks in your daily job responsibilities.

The Communication Advantage
Presenter: Ruth Chisum
Communication...so much has been said about it, but there's still so much more to explore. Workplace communication remains the leading cause of issues in most departments. Sometimes, subtle differences in communication styles can make or break workplace functions. Come explore how our processing preferences inform how we communicate and how we might mitigate the pain points that often ensue as a result of communication differences.

Budgeting and Goal Setting Analysis
Presenter: Patsy Collins
Professionally and personally, a budget should be structured to match goals. Quantifying goals is an important part of meeting goals. Learn how to align your money with your goals.

Rooted In Your True Self
Presenter: Amy Wilson
We focus on serving others when we often forget to serve ourselves first. The self-reflection journey is a difficult and uncomfortable one, but it helps us discover who we are at our core to follow our hearts and re-ignite our passions for our day to day duties.

SESSION FOUR
2:45pm – 3:35pm

Rooted in Vision
Presenter: Courtney Chastine
Your Vision and Mission statements should be a living piece of your office culture. Take the old statements you have that are paragraphs long on your back webpages and learn how to turn them into statements that will positively impact your department on a daily basis. Our Mission has become the driving force behind everything that we do!

A Response to the Challenge of Leadership
Presenter: Ruth Chisum
Never before has the need for quality leadership been more pressing. Increasingly, the work being done is more and more complex, performance expectations are continually escalating, and leaders are faced with the challenge of managing the complexity with fewer resources. What’s more, the pace of change is not slowing. These variables demand leadership with the skills and ability to rise to the challenge. In this session, we will explore how you, as a leader and agent of change, can establish direction for your teams, inspire others to work towards that direction, and mobilize the effective accomplishment of goals.

Self-Promotion in the Digital Age
Presenters: Max Walling & Brittni Macleod
As we move deeper into the digital age, an increasing amount of activities that were once exclusively done face-to-face are now taking place in digital formats. As the advent of social media has changed how we interact socially, it is also changing how we professionally brand ourselves and network with others. In this session, we will examine the current social media landscape, present data on how recruiters across the country utilize social media in hiring processes, examine trends in higher education, and provide a list of social media best practices for professionals looking to promote themselves and connect with others.

Mentoring @ SHSU
Presenters: Cindy Bradfield & TJ Bittick
This presentation will discuss the new staff mentoring program at SHSU and how you can benefit the university community.