The Burdens We Carry: A Transcendental Phenomenological Exploration of Black Professional Counselors Working With Clients Who Experienced Racial Trauma

This qualitative study utilized Critical Race Theory (CRT) and Black Critical Theory (BlackCrit) as a framework to explore the experiences of 10 Black professional counselors addressing racial trauma in counseling. This study identified five main themes: Bearing Witness, Collective Woundedness, Barriers and Challenges, Healing-Focused Approaches, and Counselor Preparation and Development. The researcher will discuss implications for the counseling profession, counselor education, and suggestions for future research.

Event Information
October 11, 2023
10 am CST
Zoom Meeting ID: 841 2309 7098

Committee Members
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