How Negative Emotional States and Impulsivity are Associated with The Dual Substance Use of E-Cigarettes and Cannabis

Research has found significant linkages between negative emotional states (depression, anxiety, and stress), impulsivity, and e-cigarette and cannabis use individually; however, only one previous study has examined the relationship between this dual substance use and negative emotional states. Thus, the aim of this study was to assess whether negative emotional states and impulsivity are associated with both individual and dual substance use of e-cigarettes and cannabis. These findings provided clarity regarding what symptoms could be targeted with therapeutic treatments and provided future research ideas to examine the impact these treatments could have.