An Examination of Alcohol Use and Academic Burnout Among University Students in the Era of COVID-19

This study investigates the interrelationships among academic burnout, psychological distress, and alcohol use in university students before and after the onset of the novel coronavirus pandemic. Survey data collected from multiple US-based undergraduate institutions provides insights into both the implications of COVID-19, as well as students’ methods of coping with negative emotions. Specifically, discussion of different patterns among first-generation and continuing-generation students may inform considerations for university student health programs.

Event Information
Tuesday, June 27, 2023
10:00am CST
Zoom: https://shsu.zoom.us/j/82881807979

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