Healthcare providers, including mental health clinicians, receive the same Western culture messages about body ideals, diet culture, eating pathology, and attractiveness as the clients they work with. Thus, have the same opportunities to internalize these messages which can lead to a potential impact on the work between the clinicians and their clients (Daly, 2016). Current research on the importance of understanding the impact of the counselor’s body and body image in the treatment has received limited exploration and there are limited amounts of written literature (Lowell & Meader, 2005). The aim of the following research focuses on exploring the experiences of Licensed professional counselors who are working with clients exhibiting body image concerns to better explore and understand how their personal experiences impact the treatment they provide.