



# COMPETITIVE SPORTS NEWSLETTER



In this month's issue... The first week of school has officially wrapped up, and what an incredible start it's been! We've been absolutely thrilled to welcome a mix of vibrant new faces and beloved returning students to campus. The energy is already buzzing with activity.

Intramural and Club Sports have both already made their return to campus. Both programs are already in full swing, offering countless opportunities for students to get involved, stay active, and connect with their peers.



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This month, Competitive Sports with Campus Recreation is truly picking up the pace, setting the stage for an exciting Fall 2025 season.

For those eager to dive into the thrill of competition and camaraderie, there's no better time to learn more about the diverse and engaging offerings at Sam Houston. Discover the competitive spirit that drives our Club Sports, where students can pursue their athletic passions at a higher level, fostering teamwork and dedication. An exhilarating experience with our Intramural program provides a fantastic avenue for friendly competition and fun, open to all skill levels. Whether you're a seasoned athlete or just looking to try something new, there's a place for everyone in Sam Houston's vibrant competitive sports scene.

## IN THIS ISSUE...



Learn more about what's coming up this month with Intramural Sports.

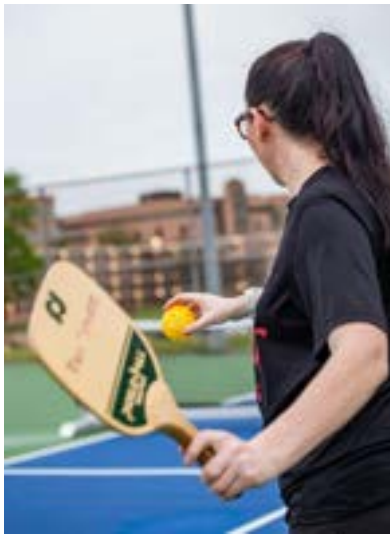
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Find out where to meet clubs and get in contact and when E-Sports try-outs are happening.

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# Intramural Update



Intramurals is booked and busy this semester! Join in on the exhilarating fun this semester in either a single-day event, tournament, league, or all three! This semester, Intramurals has decided to switch up how we're doing things to give our student body the best and most inclusive Intramurals program possible. This year, single-day events will start and crown a champion in one day, tournaments will be packed with action over the course of a few days, depending on the sport, and Leagues will be four to six weeks of competitive action. No matter your availability, Intramurals wants to offer you a chance to take part.



## Flag Football Registration happening now!

Mark your calendars for the most anticipated event of the year... football. Intramurals flag football, that is. It's time to gather your dream team and hit the practice field because the competition this season is going to be fierce. Prepare to showcase your best routes, agile moves, and strategic plays to dominate the field.

Registration is officially open, but don't delay – the deadline to sign up is September 11th. Ensure your team is registered in time to secure your spot in this thrilling tournament.

The Holleman Complex is buzzing with anticipation, looking forward to a season filled with electrifying excitement, roaring fans, and some truly good-spirited, yet intense, competition. Captains, mark your calendars and get ready to lead your team to victory. Champions get full bragging rights!



## Upcoming Events:

Sept 2-4: Sand Volleyball Tournament  
Sept 8-24: Pickleball League

Sept 14- Oct 21: Flag Football League  
Sept 16-18: Bocce Ball Days of Play  
Sept 23- Oct 2: Kickball Tournament





## Get in the Game: Join a Club

This semester is going to be packed with energy, competition, and community as our Club Sports teams take to the field, court, mats, and more! Whether you're looking to sharpen your athletic skills, meet new people, or simply try something new, club sports are one of the best ways to get involved on campus. Pride, camaraderie, and fun spill out from every team, and there's a place for everyone, whether you've played for years or are just curious about giving a sport a shot.

Club sports strike the perfect balance between competition and community. They offer the thrill of organized games, tournaments, and travel opportunities without the full-time commitment of varsity athletics. At the same time, they bring people together who share a passion for the sport and a drive to stay active. You'll find teammates who quickly become friends, coaches and leaders who push you to improve, and experiences that go far beyond practice and game days.

Are you eager to connect with some of our dynamic clubs and learn what each sport entails? Mark your calendars! On September 3rd from 11 am. to 1 pm., the Campus Recreation Center will host our Club Sports Fair. This event is your chance to: Meet current team members face-to-face, explore practice and competition schedule, ask about travel opportunities and tournaments, and find out how to sign up and get involved right away. So bring your questions and your energy. Discover the sport that could define your semester. We can't wait to see you on September 3rd at the Campus Recreation Center—your first step toward being part of something bigger than yourself.

### Team Instagram's:

Women's Basketball: @shsuwbbclub  
 Bass Fishing: @bearkatbassteam  
 Billiards: @shsubilliardsclub  
 Brazilian Jiu Jitsu: @shsubjj  
 Inline Hockey: @shsu\_hockey  
 Women's LAX: @shsuwomenslacrosse\_  
 Powerlifting: @shsu\_powerlifting  
 Quadball: @shsuquadball  
 Women's Rugby: @samhoustonwomensrugby  
 Men's Rugby: @shsurugby  
 Men's Soccer: @shsu\_mcs  
 Women's Soccer: @shsu\_wcs  
 Swim: @shsuswimclub  
 Tennis: @shsu.clubtennis  
 Trap & Skeet: @shsutrapandskeet  
 Men's Ultimate: @ultimateshsu  
 Women's Ultimate: @wultimate\_shsu  
 Men's Volleyball: @samhoustonmvb  
 Women's Volleyball: @shsu\_wcvb  
 Wrestling: @shsu.wrestling



## E-Sports

E-Sports Try-outs kick off this month! Don't miss out for your chance to compete for the Campus Recreation E-Sports team this semester. Try-out's will be held in-person at the CRC in the new E-Sports lab and over discord depending on the individual event. E-Sports is offering 8 different teams that players can compete in:

### Call Of Duty: Black Ops 6

September 2nd | 6 pm | E-Sports Lab

### Overwatch 2

September 8th | 6 pm | E-Sports Lab

### Counter Strike 2

September 3-5th | 6 pm | E-Sports Lab

### Valorant

September 11th | 6:30 pm | Discord

### League of Legends

September 3rd-4th | 6:30 pm | Discord

### Rainbow 6 Siege

September 10th | 6 pm | E-Sports Lab

### Rocket League

September 11th | 6 pm | E-Sports Lab

### Marvel Rivals

September 9th | 6 pm | E-Sports Lab

