EXTRA CREDIT ASSIGNMENT: I would like to ask you some questions about me. There are no right or wrong answers. The questions that I will ask will help me learn from you what you have seen as my strengths to be successful as an adult. I will also ask questions about planning for my future.

Participant Information
Student Name: ___________________________ Parent Name: ___________________________
Date: ___________________________

Strengths: What do you think are my strengths that will help me be successful in a job?

a. ___________________________

b. ___________________________

c. ___________________________

d. ___________________________

Can you give examples of what I did that helped you see my strengths?
________________________________________________________________________

Interests: Based upon my strengths, what jobs do you think I would enjoy & be good at?

a. ___________________________

b. ___________________________

c. ___________________________

d. ___________________________

Do we Agree? (1) If you and your parents agree about a job you might like, talk about why you both it as a good job for you. (2) If you were thinking about a different type of job, explain why you prefer a different job. (It is okay to have different visions about jobs.)
________________________________________________________________________

Postsecondary Education or Adult Training: Can you help me plan how to get the training for the jobs. Do I need college? Vocational Job Training? Name one you might attend.

College/University: ___________________________ Vocational Job Training: ___________________________

Employment Experience: (1) Talk with your parents about the possibility of getting a job while in high school. (2) If you already have a job, talk with your parents about whether or not the job matches your career goals. Is there a job that would be a better match?
________________________________________________________________________

Matching Activities:
Courses: Talk to your parents and brainstorm the courses you could take in high school that will help you get the type of job you want as an adult.
________________________________________________________________________

Extra-curricular Activities: What clubs at school or in the community might help you gain skills for the future?
________________________________________________________________________