**EXTRA CREDIT ASSIGNMENT:** I would like to ask you some questions about me. There are no right or wrong answers. The questions that I will ask will help me learn from you what you have seen as my strengths to be successful as an adult. I will also ask questions about planning for my future.

**Participant Information**

Student Name: ___________________________  Parent Name: ___________________________

Date: ___________________________

**Strengths:** What do you think are my strengths that will help me be successful in a job?

a. ___________________________

b. ___________________________

c. ___________________________

d. ___________________________

Can you give examples of what I did that helped you see my strengths?

_______________________________________________________________________

**Interests:** Based upon my strengths, what jobs do you think I would enjoy & be good at?

a. ___________________________

b. ___________________________

c. ___________________________

d. ___________________________

**Do we Agree?** (1) If you and your parents agree about a job you might like, talk about why you both think it as a good job for you. (2) If you were thinking about a different type of job, explain why you prefer a different job. (It is okay to have different visions about jobs.)

_______________________________________________________________________

**Postsecondary Education or Adult Training:** Can you help me plan how to get the training for the jobs. Do I need college? Vocational Job Training? Name one you might attend.

College/University: ___________________________  b. Job Training: ___________________________

**Employment Experience:** (1) Talk with your parents about the possibility of getting a job while in high school. (2) If you already have a job, talk with your parents about whether or not the job matches your career goals. Is there a job that would be a better match?

_______________________________________________________________________

**Matching Activities:**

Courses: Talk to your parents and brainstorm the courses you could take in high school that will help you get the type of job you want as an adult.

_______________________________________________________________________

Extra-curricular Activities: What clubs at school or in the community might help you gain skills for the future?

_______________________________________________________________________

_______________________________________________________________________