



**LSC Associate of Arts, Health and Wellness to  
Sam Houston State University  
Bachelor of Science in Public Health**



**4 – Year Suggested Academic Plan for Transfer, 2025-2026 Catalog Year**

**First Year - Freshman**

Fall Semester				Spring Semester			
LSC	SHSU	Course Name	Hrs	LSC	SHSU	Course Name	Hrs
EDUC 1300 or any ACGM (1)	Core 090 or any ACGM	Learning Framework: 1st Year Experience or any ACGM course	3	MATH 1314	MATH 1314	College Algebra	3
ENGL 1301	ENGL 1301	Composition & Rhetoric I	3	ENGL 1302	ENGL 1302	Composition & Rhetoric II	3
HIST 1301	HSTY 1301	United States History I	3	HIST 1302	HSTY 1302	United States History II	3
Creative Arts	Core 050	Choose from LSC Core Curriculum	3	BIOL 1322	FSCN 2362	Nutrition	3
PHED 1304 (2)	HLTH 1366	Personal/Community Health (core 090)	3	SPCH 1315	COMS 1361	Public Speaking (core 090)	3
<b>Total</b>			<b>15</b>				<b>15</b>

**Second Year - Sophomore**

Fall Semester				Spring Semester			
BIOL 2401 (3)	BIOL 2403	Human Anatomy & Physiology I	4	BIOL 2402 (3)	BIOL 2404	Human Anatomy & Physiology II	4
GOVT 2305	POLS 2305	Federal Government	3	GOVT 2306	POLS 2306	Texas Government	3
PSYC 2301	PSYC 1301	General Psychology	3	PHED 1346 (2)	HLTH 3380*	Drug Use & Abuse	3
MATH 1342 (4)	MATH 1342	Statistics (AA Elective)	3	Lang. Phil. Cult.	Core 040	Choose from LSC Core Curriculum	3
PHED 1164	KINE 2115	Introduction to Physical Fitness & Wellness	1	HITT 1305 (2)	HLTH 2372	Medical Terminology I (AA Elective)	3
<b>Total</b>			<b>14</b>	<b>Total</b>			<b>16</b>

**Lone Star College total credit hours: 60**

**Third Year - Junior**

SHSU			Hrs	SHSU			Hrs
CHEM 1406	Inorganic & Environmental Chemistry		4	HLTH 3350	Principles of Public Health		3
HLTH 1360	The Fundamentals of Health Promotion and Health Careers		3	HLTH 3355	United States Health Care Systems		3
HLTH 2383	Multicultural Health Issues		3	HLTH 3360	Epidemiology		3
HLTH 2391	Human Diseases		3	HLTH 3361	Health Planning & Evaluation		3
ELECTIVE (2)	Major Prescribed Elective		3	HLTH 3392	Health Communication and Literacy		3
				HLTH 4380	Global Health		3
<b>Total</b>			<b>16</b>	<b>Total</b>			<b>18</b>

**Fourth Year - Senior**

HLTH 4360	Research Methods/Statistics		3	HLTH 4394	Internship Program		3
HLTH 4387	Community Health		3	ELECTIVE (2)	Advanced Major Prescribed Elective		3
HLTH 4390	Environmental Health		3	ELECTIVE (2)	Advanced Major Prescribed Elective		3
HLTH 4393	Professional Preparation for Health Careers		3	ELECTIVE (2)	Advanced Major Prescribed Elective		3
ELECTIVE (2)	Major Prescribed Elective		2	ELECTIVE (2)	Major Prescribed Elective		3
<b>Total</b>			<b>14</b>	<b>Total</b>			<b>15</b>

**Sam Houston State University total credit hours: 63**

**Notes:**

- (1) EDUC 1300 is required for First Time in College (FTIC) students only. If not FTIC, students may complete any ACGM course. EDUC 1300 will fulfill the Core 090 requirement at LSC and SHSU. If student transfers to SHSU core complete, no additional coursework is required. Consult Advisor for best course options.
- (2) Major Prescribed Electives: Select 26 hours from options listed [here](#). 9 hours must be 3000 or 4000 level (Advanced), from the Prescribed Electives. \*HLTH 3380 from LSC will not count as advanced credits, but will apply towards major prescribed electives
- (3) BIOL 2401 and BIOL 2402 may be used as transfer courses for the requirement of BIOL 2403 and BIOL 2404.
- (4) MATH 1342 may be used as transfer courses for the requirement of MATH 1370.

**\*Completion of this Associate degree satisfies all of the Texas Core Curriculum requirements at Lone Star College.**



## Sam Houston State University Transfer Information

### Program Specific Information:

#### ***Bachelor of Science in Public Health***

- Student must earn a 2.75 minimum overall GPA in all coursework.
- 42 semester hours of advanced coursework (3000 or 4000 level) are the absolute minimum. Minimum number of semester hours in residence: 30 semester hours of which 24 must be advanced.
- Reference the [Program Landing Page](#) for additional information, such as cost, delivery format, contact information, or to schedule a visit.

### Transfer of Credit & Student Benefits:

- Reverse transfer of credit.
- [Be A Bearkat - Transfer \(shsu.edu\)](#)
- Bearkat Transfer Scholarship available to full-time students:
  - Please refer to <https://www.shsu.edu/cost-aid/types-of-aid/scholarships> for Transfer Scholarship Conditions and Renewal Scholarship Conditions
- LSC Honors students admitted to SHSU:
  - will be accepted to SHSU's Honors College. Students must have a minimum GPA of 3.25 and satisfy other Honors College admission criteria (such as full-time enrollment of at least 12 hours)
  - may transfer up to 12 hours of LSC Honors credits
  - will be eligible for additional scholarships
  - may develop their LSC Honors thesis (if completed) into an SHSU Honors thesis (and thereby graduate "with Highest Honors")
  - will be eligible, if space permits, to live in SHSU's dorms

