



Sam Houston State University

MEMBER THE TEXAS STATE UNIVERSITY SYSTEM

PSYCHOLOGICAL SERVICES CENTER

You have the right to receive a “Good Faith Estimate” explaining how much your mental health care will cost

Under the law, mental health care providers need to give **patients who do not have insurance or who are not using insurance** an estimate of the bill for mental health services provided.

- You have the right to receive a Good Faith Estimate for the total cost of any non-emergency items or services. This includes related costs like assessment, and therapy fees.
- Make sure your mental health care provider gives you a Good Faith Estimate in writing during your treatment planning session. You can also ask your mental health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule a service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises or call the U.S. Department of Health and Human Service (HHS) at **1-877-696-6775**.

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