Element 9.9: Physical Health Services

Overview of Physical and Mental Health Services

Maintaining physical and mental health is priority as our students matriculate through SHSU-COM. It is common for medical students to seek health services and emotional support through the rigors of a medical education. The university has student health services confidential counseling services at the Huntsville campus and The Woodlands Center that are available to all SHSU students. SHSU-COM encourages students to recognize healthcare needs and seek appropriate care. SHSU-COM provides a list of physical and mental health resources in proximity to the SHSU-COM and University Campuses, as well as in the regions for assigned clinical rotations. Questions should be directed to the SHSU Student Counseling Center at 936-294-1720.

SHSU also offers a comprehensive health insurance plan entitled AHP for all students, which includes access to 24/7 telehealth services and virtual telemental health services by appointment. This means that students who have opted in to the health plan can receive medical and mental health care remotely, at any time of day or night, from the comfort of their own home or dorm room.

SHSU-COM understands that accessing in-person healthcare can be challenging, particularly during busy academic schedules. That's why we've partnered with AcademicLiveCare to provide easy and convenient telehealth services for our students. With just a few clicks, students can schedule a virtual appointment with a qualified healthcare provider and receive personalized care for their medical or mental health needs. https://shsu-com.myahpcare.com/benefits

- 9.9-3 Supporting Documentation
  - List of Health Services Available to Students – link
    - Big Bend – link
    - Central Texas – link
    - Coastal Bend – link
    - Conroe – link
    - Houston – link
    - Nor-Lea – link
    - Piney Woods – link
    - Red River – link
    - Southeast Texas – link
    - Virtual Only Resources – link
CORE ROTATION SITE
HEALTH RESOURCES
2023-2024
Physical Health Facilities
Physical Health Facilities

BIG BEND

Alpine Medical Center
*Physical Health*
Accepts most insurance plans
202 N 2nd St, Alpine, TX 79830
Monday – Friday: 8am – 6pm, Saturday: 8am - 1pm

Family Health Services of Alpine
[pcmsmedclinic.org](http://pcmsmedclinic.org)
*Physical Health*
Accepts most insurance plans
1605 Fort Davis Hwy, Alpine, TX 79830
Monday – Fri: 7am – 12pm, 1pm – 5pm
432.837.4555
CENTRAL TEXAS

Hope Clinic*
https://www.freeclinics.com/det/hope-clinic-Ennis
Physical Health and Dental
805 West Lampasas, Ennis, Texas 75119
Monday-Friday: 8:00AM-5:00PM
972.923.2440

Medical Associates at Corsicana Crossings
Physical Health
Accepts most insurance plans
3201 Corsicana Crossing Blvd. Corsicana, TX 75109
Monday-Friday: 8:00AM-5:00PM
903.872.6065
COASTAL BEND

Access Health*
https://www.myaccesshealth.org/
*Physical Health
40 Austin Street, Richmond, Texas 77469
Monday-Friday: 7:00AM-7:00PM; Saturday: 8:00AM-12:00PM
281.342.4530

Fort Bend Premier Care
https://fortbendpremiercare.com/
*Physical Health
Accepts most insurance
1505 Liberty St, Richmond, TX 77469
Monday-Friday: 8:30AM-5:00PM
281.342.9500
Huntsville Pediatric and Adult Medicine
https://www.mydrs.com
Physical and mental health medication management
Accepts most insurance companies.
100 Medical Center Parkway, Suite 1000, Huntsville TX 77340
Monday-Thursday: 7:00AM-7:00PM; Friday: 7:00AM-12:00PM & 1:15PM-5:00PM; Saturday:
8:00AM-12:00PM
936.295.8000

Lone Star Family Health Center*
www.lonestarfamily.org
Medical, Dental and Counseling services.
Insurance or self-pay. Have financial services.
605 S. Conroe Medical Drive, Conroe, Texas 77304
Monday-Friday: 8:00AM-5:00PM (Closed 12-1 for Lunch); After Hours Walk-In Monday-Friday:
5:00PM-9:00PM, Saturday: 9:00AM-1:00PM
440 Rayford Rd. Suite 150, Spring, Texas 77386
Monday-Friday: 8:00AM-5:00PM (Closed 12-1 for Lunch)
13905 Grangerland Road, Conroe, Texas 77306
Monday: 3:00PM-7:00PM; Thursday: 8:00AM-12:00PM & 3:00PM-7:00PM
9516 West FM 1097, Suite 140, Willis, Texas 77318
Monday-Friday: 8:00AM-5:00PM (Closed 12-1 for Lunch)
936.539.4004

The SHSU Student Health and Counseling Center
https://www.shsu.edu/dept/student-health-center/
http://campus-smiles.com/shsu
Acute and preventive Health Services; Dental Clinic
1608 Avenue J, Huntsville, Texas 77341 (SHSU Main Campus)
Monday-Thursday: 8:00AM to 6:00PM; Friday 8:00AM-5:00PM
Monday–Friday: 8:00AM-4:00PM (Dental)
936.207.8472
HOUSTON

Houston Methodist

Houston Methodist
houstonmethodist.org

Medical, Dental and Counseling services.
Insurance or self-pay. Have financial services.

6565 Fannin Street, Houston, Texas 77030
24 hours
713.790.3311
Methodist (West)

18500 Katy Fwy, Houston, Texas 77094
24 hours
832.522.1000

18220 TX-249, Houston, Texas 77070
24 hours
281.737.1000

St. Luke’s Health – Baylor St. Luke’s Medical Center

St. Luke’s Health
stlukeshealth.org

Medical, Dental and Counseling services.
Insurance or self-pay. Have financial services.

1101 Bates Avenue, Houston, TX 77030
24 hours
832.355.1000

6720 Bertner Avenue, Houston, TX 77030
24 hours
832.355.2121

7200 Cambridge Street, Houston, Texas 77030
24 hours
832.354.1000

Memorial Hermann

Memorial Hermann
memorialhermann.org

Medical, Dental and Counseling services.
Insurance or self-pay. Have financial services.

7600 Beechnut St, Houston, TX 77074
24 hours
713.456.5000

6411 Fannin St, Houston, TX 77030
24 hours
713.704.4000

10259 S Post Oak Rd, Houston, TX 77096
24 hours
713.222.2273

11800 Astoria Blvd, Houston, TX 77089
24 hours
281.929.6100
Memorial Hermann cont.

memorialhermann.org
Medical, Dental and Counseling services. Insurance or self-pay. Have financial services.

921 Gessner Rd, Houston, TX 77024 24 hours
713.242.3000

1635 N Loop W, Houston, TX 77008 24 hours
713.867.2000
Hobbs Hospital
https://www.facebook.com/people/Eunice-Health-Clinic/100024343546079/
Physical Health
Accepts most insurance plans
4900 N Lovington Hwy, Hobbs, NM 88240
24 hours
575.492.5000

Eunice Health Clinic
https://www.providence.org/locations/covenant-health/hobbs-hospital?ls=location&y_source=1_MTk5MDI2NTctNzE1LWxvY2F0aW9uLndIYnNpdGU%3D
Physical Health
Accepts most insurance plans
1109 Maine, Eunice, NM 88231
Monday – Thurs: 7am – 12pm, 1pm – 5pm, Friday: 7am - 12pm
575.394.1091

Legacy Medical Services
legacy-med.com
Physical Health
Accepts most insurance plans
1900 N Dal Paso St, Hobbs, NM 88240
Monday – Friday: 7:30am – 4pm
575.964.8550
PINEY WOODS

Nacogdoches Health Partners
http://www.nachealthpartners.com/
*Physical Health
Accepts most insurance plans
4800 NE Stallings Dr. #109, Nacogdoches, TX 75965
Monday-Friday: 8:00AM to 5:00PM. Open Wednesday until 7:00PM
936.559.0700

East Texas Family Medicine
http://www.easttexasfamilymedicine.com/
*Physical Health
Accepts most insurance plans
206 Gene Samford Drive, Suite B, Lufkin, TX 75904
Monday-Thursday: 8:00AM to 5:00PM & Friday: 8:00AM-12:00PM
936.634.3537

East Texas Community Health Services* (East Side Clinic)
http://www.etchc.com/
*Physical Health
1309 South University Drive, Nacogdoches Texas 75961
Monday-Friday: 8:00AM-7:00PM
936.560.5668 ext.1100

East Texas Community Health Services* (Lufkin Medical Clinic)
http://www.etchc.com/
*Physical Health
1316 Lakeview Drive, Lufkin, Texas 75904
Monday-Friday: 8:00AM-5:00PM
936.899.7214

East Texas Community Health Services* (West Side Dental Clinic)
http://www.etchc.com/
*Dental Clinic
1210 Douglas Road, Nacogdoches, Texas 75964
Monday-Friday: 7:30AM-5:00PM
Number not provided

East Texas Community Health Services* (Lufkin Dental Clinic)
http://www.etchc.com/
*Dental Clinic
205 Shands Drive, Lufkin, Texas 75904
Hours not provided
Number not provided
Burke Center* (Lufkin)
https://myburke.org/
Physical Health
1522 West Frank, Lufkin, Texas 75904
Monday-Friday: 8:00AM-5:00PM
936.630.3799

Burke Center* (Nacogdoches)
https://myburke.org/
Physical Health
3824 North University Drive, Nacogdoches, Texas 75965
Monday-Friday: 8:00AM-5:00PM
936.558.6200
RED RIVER

Wadley Regional Medical Center
wadleyhealth.org
Physical Health
Accepts most insurance plans
1000 Pine St, Texarkana, TX 75501
24 hours
903.798.8000

Texarkana Emergency Center & Hospital
texarkanaemergencycenter.com
Physical Health
Accepts most insurance plans
4646 Cowhorn Creek Rd, Texarkana, TX 75503
24 hours
903.838.8000

Collom & Carney Clinic
cccahealth.com
Physical Health
Accepts most insurance plans
5503 N State Line Ave, Texarkana, TX 75503
24 hours
903.794.7874

Exceed Health Clinic
exceedhealthclinic.com
Physical Health
Accepts most insurance plans
3725 Mall Dr, Texarkana, TX 75501
Monday – Friday: 8am – 12pm, 1pm - 5pm
903.306.0001
RIO GRANDE VALLEY

Harlingen Family Care Clinic
https://www.harlingenfamilycareclinic.com/
Physical Health
512 Victoria Ln., Suite 7
Harlingen, TX 78550
Monday- Friday: 8am-5pm
956-242-0910

Family Physicians Valley Night Clinic
https://familyphysiciansclinic.com/
Physical Health
606 S. Broadway Ave.
McAllen, TX 78501
Monday-Friday: 8am-5pm and 6pm-11pm, Saturday 8am-12pm
(956) 682-4515.
SOUTHEAST TEXAS

CHRISTUS Family Medicine (Port Arthur)
https://www.christushealth.org/locations-directions
Physical Health
Accepts most insurance plans
8445 Memorial Boulevard, Suite 500, Port Arthur, TX 77640 Monday-Friday: 7:30AM-4:00PM
409.982.6461

CHRISTUS Family Medicine (Beaumont)
https://www.christushealth.org/locations-directions
Physical Health
Accepts most insurance plans
3030 North Street, Suite 420, Beaumont, TX 77702 Monday-Friday: 7:30AM-4:00PM
409.835.2900

Gulf Coast Health Center* (Port Arthur)
www.gulfcoasthc.org
Medical and Dental Services
2548 Memorial Blvd, Port Arthur, Texas 77640
Monday-Friday: 7:00AM-8:00PM
409.983.1161

Legacy Community Health* (Beaumont)
https://www.legacycommunityhealth.org/
Medical and Dental Services
450 North 11th Street, Beaumont, Texas 77702
Monday-Friday: 8:00AM-5:00PM
409.242.2577

VIRTUAL ONLY RESOURCES

AcademicLiveCare
https://academiclivecare.com/
Provides easy and convenient telehealth services for SHSU-COM students who have AHP. Schedule a virtual appointment with a qualified healthcare provider and receive personalized care for their medical or mental health needs. https://shsu-com.myahpcare.com/benefits