

# **Patrick R. Davis Ph.D.**

Assistant Professor  
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## **Education**

- Ph.D. Bioenergetics and Exercise Science; 2015  
Department of Kinesiology; East Carolina University, Greenville, NC
- B.S. Exercise Science; 2008  
Department of Exercise Science; Brigham Young University, Provo, UT

## **University Teaching Experience**

### Instructor

East Carolina University, Department of Kinesiology  
EXSS 3805; Physiology of Exercise. Fall 2012

- Responsible for class of 34 students from syllabus to final.
- Received excellent reviews from both faculty and students.

### Instructor

Brigham Young University, Department of Exercise Science  
EXSC 464; Exercise Physiology Lab. 2010-2011

- Guided students through various measurements and techniques pertinent to exercise physiology.
- Instructed 4 sections of roughly 25 students each over 3 semesters.

### Activity Class Instructor

Brigham Young University, Department of Exercise Science  
EXSC 191 Weight Training  
EXSC 186/187 Volleyball  
EXSC 131 Golf  
EXSC 106 Badminton  
EXSC 116 Bowling

## **Research Experience**

- 2015-2016 East Carolina University  
Post-Doctoral Fellow  
Mentor – Carol Witczak  
My current research aims to examine exercise mediated glucose transportation into skeletal muscle and its relationship to insulin resistance and diabetes.

- 2011-2015 East Carolina University  
Dissertation: AMP Deaminase 3 in Skeletal Muscle Atrophy: Regulation of Protein Degradation and Contractile Performance  
Mentor - Jeffrey Brault
- 2009-2010 Brigham Young University Biomechanics Lab  
Graduate Research Assistant  
Examined muscle activation patterns and resultant fatigue during a 40-km TT when ridden on a triathlon/TT bicycle vs. a road bicycle.

### **Grant Funding**

American College of Sports Medicine  
Foundation Doctoral Student Research Grant  
*Regulation of mitochondria and fatigue during muscle atrophy*  
Role: Principle Investigator  
\$5000 direct costs Jul 2012-June 2013

### **Professional Experience**

- 2014-2015 Bioenergetics Research Interest Group – Founder/President  
– Founded a group for graduate students to present and question research with peers.  
– Secured ongoing departmental funding to help start and support the group.
- 2014-2016 Independent Cycling Coach  
– Consult with cyclists about training goals and personal performance.  
– Developed training plans and workouts based on the latest power based training technologies.
- 2013-2015 International Journal of Sports Medicine – Associate Editor  
– Identify, invite, and assign reviewers for submitted manuscripts.  
– Make final publication decisions based on reviewer's recommendations.
- 2009 Gold's Gym – Personal Trainer  
– Delivered personalized fitness instruction to meet clients goals.  
– Provided weight lifting and other fitness apparatus instruction.

### **Publications**

**Davis, P.R.;** Witczak, C.A.; Brault, J.J. *AMP deaminase 3 upregulation during skeletal muscle atrophy improves muscle relaxation in mouse soleus*. In final preparation for the Journal of Applied Physiology

**Davis, P.R.;** Roseno, S.L.; Witczak, C.A.; Brault, J.J. *AMP Deaminase 3 overexpression accelerates protein degradation in C2C12 myotubes*. In preparation

Roseno, S.L.; **Davis, P.R.;** Bollinger, L; Powell, J.P.; Witczak, C.A.; Brault, J.J. *Short-term, high-fat diet accelerates disuse atrophy and protein degradation in a muscle-specific manner in mice*. Accepted Oct 2015: Nutrition & Metabolism

### **Meeting Abstracts**

**Davis, P.R.;** Klip, A.; Niu W.; Witczak, C.A. *CaMKK $\alpha$  signaling increases GLUT4 translocation to the plasma membrane in skeletal muscle*. Research and Creative Achievement Week, Greenville, NC; East Carolina University April 2016

**Davis, P.R.;** Witczak, C.A.; Brault, J.J. *AMP Deaminase 3 Overexpression Accelerates Protein Degradation in C2C12 Myotubes*. Experimental Biology, Boston, MA; April 2015 FASEB vol 29 no 1 Supplement 825.2

**Davis, P.R.;** Witczak, C.A.; Brault, J.J. *Accelerated Nucleotide Degradation induces atrophy in muscle*. Research and Creative Achievement Week, Greenville, NC; East Carolina University March 2015

**Davis, P.R.;** Witczak, C.A.; Brault, J.J. *Skeletal muscle function during high intensity contractions is improved by increased AMP Deaminase expression*. Research and Creative Achievement Week, Greenville, NC; East Carolina University March 2014

**Davis, P.R.;** Witczak, C.A.; Brault, J.J. *AMP Deaminase overexpression improves skeletal muscle relaxation kinetics during high energy demands*. Advances in Skeletal Muscle Biology and Disease, Gainesville, FL; March 2014

### **Seminar Presentations/Guest Lectures**

AMP signaling during skeletal muscle atrophy. *Bioenergetics Research Interest Group*. East Carolina University, Greenville, NC 2014

Free energy maintenance by AMP deaminase. *Bioenergetics Research Interest Group*. East Carolina University, Greenville, NC 2014

Does AMP degradation influence skeletal muscle contractile performance and mitochondrial content? *Joint Metabolism Meeting*. East Carolina Diabetes and Obesity Institute. East Carolina University, Greenville, NC 2014

Cellular energetics and skeletal muscle atrophy. *Joint Metabolism Meeting*. East Carolina Diabetes and Obesity Institute. East Carolina University, Greenville, NC 2013

Guest Lecturer *Diabetes and Exercise*. EXSS 3805 East Carolina University, Greenville, NC 2013

**Reviewer For Professional Journals**

International Journal of Sports Medicine

**Honors**

2011-2015	Graduate Student Scholarship, East Carolina University
2014 & 2015	East Carolina University Graduate School Travel Award
2009-2011	Graduate Student Teaching Assistantship, Brigham Young University
2009-2010	Graduate Student Research Assistantship, Brigham Young University