



SAM
HOUSTON
STATE
UNIVERSITY

COLLEGE OF CRIMINAL JUSTICE



2017-2018

A Member of the Texas State University System

GRADUATE
STUDENT
INFORMAL
HANDBOOK

*Produced by the Criminal Justice
Graduate Student Organization*

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WELCOME TO SAM HOUSTON STATE UNIVERSITY!

The Criminal Justice Graduate Student Organization (CJ GSO) is pleased that you have chosen Sam Houston State University for your higher education. As part of your welcome, the CJ GSO has compiled this document to complement the official handbook you will receive from your Graduate Director. Included within this booklet is information about the college, the CJ GSO, and local information including housing, restaurant, and nightlife suggestions. These handouts differ from the official handbook in that these are more informal and provide information outside of the direct scope of the academic program. This handbook will be a helpful aid as you navigate your first semester, but remember that you are not alone! Make sure to utilize your peer mentors and CJ GSO officers for further assistance.

The College of Criminal Justice is the largest college on this campus and the George J. Beto building houses faculty, staff, and students. Additionally, the Beto facility is home to TDCJ (Texas Department of Criminal Justice) classrooms, LEMIT (Law Enforcement Management Institute of Texas), CMIT (Correctional Management Institute of Texas), and CVI (Crime Victims Institute) centers. With over 40 fulltime faculty and several agencies headquartered in Huntsville, Sam Houston State University offers graduate students a unique environment with access to all aspects of the justice system.

WHAT IS CJ GSO?

The CJ GSO is a student run organization for all graduate students in the College of Criminal Justice. With a President and three other officers (Vice President, Treasurer, and Secretary), the organization works to provide professional development and social opportunities for students. The CJ GSO has four committees whose purpose is to support our constituency academically, career wise, and personally. Supporting existing and incoming students is an important goal for CJ GSO; therefore, please contact us with any questions, comments, or concerns about graduate student life. It is the role of the officers to ensure that individual and collective needs of the populous are being addressed, so we are here for the students.

As an incoming graduate student, you are eligible to become a member of CJ GSO! Members of CJ GSO are provided benefits, such as leadership opportunities, workshops, social events, and much more. Members can attend any of the scheduled monthly meetings, social events, service opportunities, or professional development workshops. **A calendar with all events will be provided in August.** Attendance at these events is highly encouraged and will be highly beneficial to all SHSU graduate students.

OUR MISSION STATEMENT

“The purpose of this organization is to bring together graduate students in the College of Criminal Justice at Sam Houston State University; to facilitate and encourage research and theory development related to criminal justice and criminology; to encourage appropriate and effective teaching techniques and practices for criminal justice courses; to provide service consistent with the Sam Houston State University motto; and to serve as a resource network that encourages interaction among the various entities within the College of Criminal Justice.”

CJ GSO ORGANIZATIONAL CHART

CRIMINAL JUSTICE GRADUATE STUDENT ORGANIZATION

Academic Advisor

Dr. Danielle Boisvert

Officers

President

Tri Keah Henry

Vice President

Amanda Goodson

Treasurer

Amber Griffin

Secretary

Alondra Garza

Committees

Research & Teaching Development

Disseminates resources and provides opportunities for students to advance their research and pedagogical skills through workshops, events, and materials

Networking

Works to foster connections between existing and incoming students and faculty through social events and activities

Service

Connects CJ GSO members with local organizations to provide service and community development opportunities

Fundraising

Works with students and campus organizations to raise funds to sustain and expand the CJ GSO

ABOUT THE CJ GSO OFFICERS

President: Tri Keah Henry

Office: CL-27
tkh013@shsu.edu

Year in Program: 3rd Year PhD

Home State: Texas

Research Interests: Racial disparities in sentencing and procedural justice in policing

Favorite Activity: Cooking

Grad School Tip:

“It always seems impossible until it is done.”

Vice President: Amanda Goodson

Office: A-148
ajg063@shsu.edu

Year in Program: 3rd Year PhD

Home State: Oregon

Research Interests: Victimology and gender issues

Favorite Activity: Reading

Grad School Tip:

“Stay organized and keep a positive attitude, don’t be afraid to ask for help.”

Treasurer: Amber Griffin

Office: CL-22
adg051@shsu.edu

Year in Program: 2nd Year PhD

Home State: Wisconsin

Research Interests: Substance use treatment programs and correctional decision making

Favorite Activity: Traveling

Grad School Tip:

“Take advantage of as many opportunities as you can and make sure to stay focused.”

Secretary: Alondra Garza

Office: A-148
adg037@shsu.edu

Year in Program: 2nd Year Masters

Home State: Texas

Research Interests: Victimology and Violence against Women

Favorite Activity: Taking naps

Grad School Tip:

“Remember you are never alone! Reach out to your mentor, cohort, advisor, or Dr. Boisvert!”

PEOPLE TO KNOW

Dean

Dr. Phillip Lyons

Department Chairs

Dr. William Wells
CJ & Criminology

Dr. Sarah Kerrigan
Forensic Science

Dr. Nadav Morag
Security Studies

Graduate Program

Dr. Danielle Boisvert
CJC Graduate Program Director
Office: A-208
dxb014@shsu.edu

Doris Pratt
Graduate Advising Coordinator
Office: A-210
icc_dcp@shsu.edu

See for:

Graduate schedules and classes
Dissertation/thesis questions
Job market

General questions and concerns about
your SHSU experience

See for:

College scholarships and fellowships
Registration
Admissions

Melissa Hicks
Office Manager
Office: A-202
mae026@shsu.edu

See for:
Doctoral teaching fellow
questions
Appointments with Dr.
Wells

Sabrina
Rowley
*Business Office
Administrative
Associate*
Office: A-251
srowley@shsu.edu

See for:
Building rooms/keys
(office lock-outs)
Room reservations

Colette Cotten
*Administrative
Assistant*
Office: A-202
mteeters@shsu.edu

See for:
Travel money/forms
Graduate student
programs
Summer research
fellowships

APARTMENT COMPLEXES

| Property Name | Floor Plans | Price Range | Utilities Included | Pet Policy |
|--|------------------------------------|----------------------|--|------------------------------------|
| 18 Seventy Nine 5020 Sam Houston Ave (936) 436-0900 | 3-4 BR | \$540-575** | Contact Complex | \$250 Deposit + \$10/mo. |
| Arbors of Sam Houston 555 Bowers Boulevard (936) 295-8343 | Studio, 1-3 BR* | \$439-838 | Cable, Internet, Trash, Gas | \$400 Deposit |
| Autumn Terrace 911 University Avenue (936) 291-7368 | 1-2 BR Apt, 2-3 BR Townhomes | \$420-650 | Water, Trash, Sewage | \$150 Deposit |
| The Connection 2537 Pine Shadows Drive (936) 291-1777 | 1-4 BR* | \$489-939** | Water, Trash, Sewage, Internet, Cable | \$15 fee |
| Cornerstone Apartments 2209 Bobby K Marks (855) 857-4896 | 2 BR | \$849-970 | Cable, Air, Trash | \$400 Deposit + \$10/mo. |
| Forest Gate 196 Interstate 45 North (936) 295-8192 | 1-3 BR | \$599-899 | Water, Trash, Sewage, Cable, Internet | \$200 Deposit + \$10/mo. |
| Forum at Sam Houston 3019 Sam Houston Avenue (936) 439-5226 | Studio, 1-2 BR* | Starting at \$830 | Cable, Internet, Water, Trash, Sewage | \$200 Deposit |
| Gateway Apartments 5050 Sam Houston Avenue (936) 295-6644 | 1-4 BR* | \$530-865** | Cable, Internet | \$300 Deposit |
| The Grove 2101 Sycamore Avenue (936) 291-0324 | 2-3 BR* | \$525-550** | Water, Trash, Sewage, Cable, Internet, Partial Electric | \$250 Deposit + \$30/mo. |
| Highland Townhomes 1905 Normal Park (936) 291-7519 | 1-2 BR | \$550-675 | Cable | \$300 Deposit |
| Hillside Apartments 1420 14th Street (936) 295-7077 | 1-2 BR | \$669-809 | Water, Gas Electric, Internet, Trash, Sewage | \$200 Deposit |
| Live Oak Apartments 700 Hickory Drive (936) 295-6873 | 1-2 BR | \$579-669 | None | \$200-300 Deposit + \$12/mo. |
| The Oaks 700 Hickory Drive (936) 295-6873 | 1-2 BR | \$689-855 | None | \$200-300 Deposit + \$10/mo. |

| | | | | |
|--|------------------------|-------------------------------------|---|------------------------------------|
| Paper Moon Apartments 2213 Avenue H (936) 291-1570 | Studio, 1, 2 BR | \$619-829 | None | \$100 Deposit + \$15/month |
| The Pines 2450 Lake Road (936) 295-9106 | 1-2 BR | \$675-950 | Cable, Internet, Water, Trash | No pets allowed |
| Republic at Sam Houston 1300 Smither Drive (936) 436-9190 | Studio, 1, 2, 4 BR* | Call for rates and specials** | Cable, Internet, Water, Trash | Deposit |
| Ridgewood West 2830 Lake Road (936) 436-1200 | 1-3 BR | \$527-722 | None | \$250 Deposit |
| Rolling Brook 620 Hickory Drive (936) 295-1815 | 1-2 BR | \$675-905 | None | \$400 Deposit + \$10/mo. |
| Santa Fe Trails 2450 Lake Road (936) 294-0273 | 2-3 BR* | \$509-809 | Cable, Internet | \$200-400 Deposit |
| Summit Apartments 2333 Lake Road (936) 291-1915 | 1-2 BR | \$525-600 | None | No pets allowed |
| Sycamore Village Condos 2402 Sycamore (936) 577-6090 | 1-2 BR | \$795-895 | Cable, Internet, Partial Water and Gas | \$300-400 Deposit |
| The Timbers 144 Interstate 45 North (936) 291-6311 | 1-2 BR | \$670-960 | Water, Sewage, Trash | \$400 Deposit |
| University Club 2435 Montgomery Road (936) 291-1570 | 1-4 BR | \$509-709 | Cable, Internet | \$200 Deposit |
| University House 1300 Smither Drive (936) 436-9190 | Studio, 1, 2, 4 BR | \$440-805 | Internet, Cable, Water, (Partial Electricity) | \$300 Deposit |
| University Place 2501 Lake Road (936) 295-6316 | Studio, 1-3 BR | \$589-1,089 | Cable, Internet | \$200-400 Deposit + \$10/mo. |
| Villas on Sycamore 1615 Sycamore Avenue (936) 439-5234 | 4 BR* | \$504** | Internet, Cable, Water, Sewage, Trash | \$300 Deposit + \$20/mo. |
| Vineyards at Sam Houston 2615 El Toro Drive (936) 294-0000 | 1-2 BR | \$659-959 | Internet, Cable, Sewage, Trash, Water (Electricity pd. in large 1BR) | \$200-400 Deposit + \$20/mo. |
| Woodcreek Apartments 1235 Josey Street (936) 291-0500 | Studio, 1-2 BR | \$699-919 | Cable, Internet, Water | \$400 Deposit |

| | | | | |
|--|--------|----------------------|---|------------------|
| Woodhollow Apartments 2451 Lake Road (936) 295-4572 | 1-3 BR | Starting at \$659 | Internet, Cable, Water, Sewage, Trash | \$400 Deposit |
|--|--------|----------------------|---|------------------|

* Fully furnished units available

** Priced PER bedroom

BOLD: Recommended by current graduate students

HUNTSVILLE FOOD AND RESTAURANTS

American

The Homestead on 19th

1215 19th Street
Hours: 5:00 pm – 8:30 pm M-R, 9:30 pm
F-Sa 11:00 am – 2:00 pm Sun.
*Huntsville's answer to fine-dining with
steak and seafood*

Potato Shack (\$)

1229 Josey St.
Hours: 11:00 am – 10:00 pm Daily
*All of your favorite meals served on
potatoes instead of plates. "Great hang-out
dinner spot."*

Farmhouse (\$)

1004 14th Street
Hours: 11:00 am – 8:30 pm M-Sa (Closed
Sun.) *Home-style southern food with large
portions.*

City Hall Café

1421 Sam Houston Avenue
Hours: 11:00 am – 9:00 pm Sun-W
11:00 am – 10:00 pm Th-Sat
*"American restaurant serving classic
comfort fare & baked goods in casual digs
with graffiti walls."*

Farmhouse Eats & Sweets (\$)

112 11th Street
Hours: 11:00 am – 5:30 pm M-Sa (Closed
Sun.)
*Sandwiches, salads, and desserts. "Great
lunch spot with a small-town café feel."*

Café Texan (\$)

1120 Sam Houston Avenue
Hours: 6:00 am – 8:00 pm M-F
6:00 am – 2:00 pm Sa-Su
The place for breakfast in Huntsville.

Toasted (\$)

2020 Sam Houston Avenue
Hours: 11:00 am – 2:00 am Daily
*Lunch specials and freshly smoked BBQ
daily.*

Humphrey's (\$)

1930 Sam Houston Avenue
Hours: 11:00 am – 12:00 am Daily
*Large deck for outdoor seating and great
variety of food. "Best fried pickles in
town!"*

Mr. Hamburger (\$)

918 11th Street
Hours: 11:00 am – 8:00 pm M-Sa (Closed
Sun.)
*Drive-in feel with hamburgers, hotdogs,
and more.*

1836 Steakhouse

2641 11th Street
Hours: 11:00 am – 9:00 pm Sun - Thurs
11:00 am – 10:00 pm Fri & Sat
Formal dining

Zach's Bar & Grill (\$)

2707 Sam Houston Avenue
Hours: 11:00 am – 12:00 am Daily
*Great local atmosphere known for their
mason jar drinks and crawfish specials in
the Spring. Pool tournaments and karaoke
every week.*

Sandwiches

Five Loaves Deli (\$)

1329 University Avenue
Hours: 10:30 am – 6:00 pm M-F (Closed
Sa-Su)

Great lunch spot with many sandwich options. "High quality sandwiches and lots of healthy options."

Pita Pit (\$)

2100 Sam Houston Avenue
Hours: 10:30 am - 9:00 pm M-Sa (Closed Sun.)

Alternative to Subway with a wide variety of options. "Great hang-out lunch spot."

Jimmy John's (\$)

2023 Sam Houston Ave.
Hours: 11:00am - 3:00am Daily

Asian

Yummy Yummy (\$)

3006 Texas 30
Hours: 11:00 am - 10:00 pm Daily
Sushi, build-your-own mongolian bowls, regular and reverse happy hours. "Great food at great prices."

Grand Buffet

111 Interstate 45 North
Hours: 11:00 am - 9:00 pm Daily
Wide selection including traditional asian dishes, sushi, and hibachi. "Great sushi and a great price!"

China House

2105 Sam Houston Ave.
Hours: 11:00 am - 3:30 pm M-F
Best Chinese food in town

Tokyo Grill and Sushi

2019 Sam Houston Ave.
Hours: 11:00 am - 2:30 pm M-F and
5:00 pm - 9:00 pm M-F
"Japanese staples, including sushi, shashimi, udon, & teriyaki, served in a comfortable, casual space."

Kioku Asian Bistro

230 N Fwy Service Rd
Hours: 10:30-10:00 pm M-F
10:30 am - 11:00 pm Sat
11:00 am - 10:00 pm Sun
Just opened its Huntsville location

Mexican

Carbonero Rotisserie

1524 11th Street
Hours: 11:00 am - 8:00 pm Daily
A twist on Tex-Mex with steak, chicken, and seafood options.

Margarita's

630 Interstate 45 South
Hours: 11:00 am - 10:00 pm Daily
Great atmosphere offering a mix of traditional Mexican and Tex-Mex cuisine.

Mama Juanita's

154 Interstate 45 South
Hours: 11:00 am - 10:00 pm Daily
Extensive menu with a wide variety of lunch specials and a great happy hour.

El Gordo Taqueria

611 11th Street
Hours: 6:00 am - 8:00 pm M-F
8:00 am - 8:00 pm Sat & Sun
"Friendly staff, good prices, food always fresh"

Taco Cabana

Next to Panda Express
Hours: Open 24 Hours
Coming soon to Huntsville

BBQ

McKenzie's BBQ (\$)

1548 11th Street
Hours: 10:30 am - 8:00 pm M-Sa (Closed Sun.)
Large portions and lots of options for both meats and sides.

New Zion Church BBQ
2601 Montgomery Road
Hours: 11:00 am - 6:00 pm Th-Sa ONLY
Classic Texas BBQ. "Some of the best in Texas!"

Bennie J's Smokepit (\$)
621 9th Street
Hours: 11:00 am - 3:00 pm T, Sa, Su.
11:00 am - 6:00 pm W, Th, F.
(Closed Mon.)
Rated as the top restaurant in Huntsville by tripadvisor. "Try the ribs or sausage or the chopped beef...or everything!"

Familiar Options

Olive Garden - 225 Interstate 45 South

Chili's - 123 IH 45 North

Golden Corral - 2050 11th Street

Wingstop - 3011 Texas 30

Subway - 1621 Sam Houston Avenue

Whataburger - 140 Interstate 45 S

Jack in the Box - 2251 Sam Houston

Sonic - 2518 Sam Houston Avenue

Five Guys - 255 Interstate 45 N

Denny's - 3016 W 11th Street

Domino's Pizza - 2411 Avenue I

Schlotzsky's - 118 Interstate 45 S

Church's - 2711 11th Street

Panda Express - 118 Interstate 45

Popeye's Chicken - 2032 11th St

(\$)- All menu items under \$10

HUNTSVILLE ATTRACTIONS

Cinestar of Huntsville

3 Financial Plaza

Pricing: \$5 for adults

\$3 matinee (before 6) - 2D movies

Drinks, popcorn, and candy between \$1.50 and \$5 each. "Movie AND popcorn AND a drink for less than \$10!"

Huntsville State Park

565 Park Road, 40 W

Hours: 7:00 am - 10:00 pm Daily

Pricing: \$5 entrance for adults

Hiking, picnic sites, camping, canoeing, and kayaking available

Sam Houston Memorial Museum

1836 Sam Houston Avenue

Hours: 9:00 am - 4:30 pm Tu-Su (Closed M)

Pricing: \$4 for adults, FREE for students (w/ID)

The Wynne Home

1428 11th Street

Hours: 10:00 am - 6:00 pm T-F

10:00 am - 2:00 pm Sa (Closed Su-M)

Offering art exhibits, historical information, and arts and crafts classes for all ages

Huntsville Lanes

663 Interstate 45 South

Hours: Until 12:00 am M-Th, 1:00 am F-Su

Pricing: Weekly specials including open play for \$12/person

Bowling and pool tables. "Great weekly specials with lots of unlimited play nights."

Texas Prison Museum

491 State Highway 75

Hours: 10:00 am - 5:00 pm M-Sa

Pricing: \$4 for adults, \$3 for students (w/ID)

A must-see attraction for the CJ student.

Sam Houston Statue

7600 State Highway 75

Hours: 8:00 am - 5:00 pm M-F (Closed Sa-Su)

Pricing: FREE

The Square

Downtown Huntsville

Hours: Most stores open at 10:00 am Daily

Multiple antique stores, boutiques, and locally-owned eateries. Frequent events and farmer's markets.

Where to watch a live sporting event:

- Johnson Coliseum (Basketball)
- Bowers Stadium (Football)
- Sanders Stadium (Baseball)
- Pritchett Field (Soccer)

Where to play pool:

- Huntsville Lanes
 - Zach's Bar & Grill
 - Smokin' Jozee's
-

PLACES YOU *MIGHT* NEED

Beauty

Tango Nails

2038 Sam Houston Avenue

Hours: 10:00 am – 7:00 pm M-Sa (Closed Sun.)

“Great service and prices. Definitely my favorite in Huntsville!”

Texas Hair Team

255 Interstate 45 South

Hours: 9:00 am – 6:00 pm Daily

“Check their Facebook for great specials.”

Headquarters Salon

1548 11th Street

Hours: 10:00 am – 3:00 pm T-Sa (Closed Su-M)

Full service, more upscale salon.

Mystic Rays Tanning

2100 Sam Houston Avenue

Hours: 10:00 am – 6:00 pm Daily

“Friendly staff and a great variety of bed choices.”

Pet Services

11th Street Veterinary Hospital

1705 11th Street

(936) 293-8900

Hours: 7:00 am – 6:00 pm M-F

8:00 am – 12:00 pm Sa (Closed Sun.)

Full service vet with boarding, pet day care, and bathing available.

Huntsville Pet Clinic

2902 Montgomery Road

(936) 295-8106

Hours: 7:00 am – 5:00 pm M-F

8:00 am – 12:00 pm Sa (Closed Sun.)

Full service vet with emergency services and pet boarding.

Kanine Korner Pet Center

1252 Highway 75 N

(936) 291-0412

Hours: 8:00 am – 5:00 pm M-F

8:00 am – 3:00 pm Sa (Closed Sun.)

Full service grooming and boarding.

Computer Repair

Affordable PC Repair

1501 S Sam Houston Avenue

Hours: 11:00 am – 7:00 pm M-F (Closed Sa-Su)

“Awesome service and pricing.”

Medical

CVS Pharmacy

1569 11th Street

(936) 295-6448

Hours: 7:00 am – 10:00 pm Daily

Gyms

HKC Gym/Recreational Center

Located on campus

Full gym, pool, rock climbing wall, group fitness classes, and intramural sports

Walgreens Pharmacy

1570 11th Street

(936) 291-6764

Hours: 24 hours Daily

Iron Works

1702 11th Street

(936) 291-2128

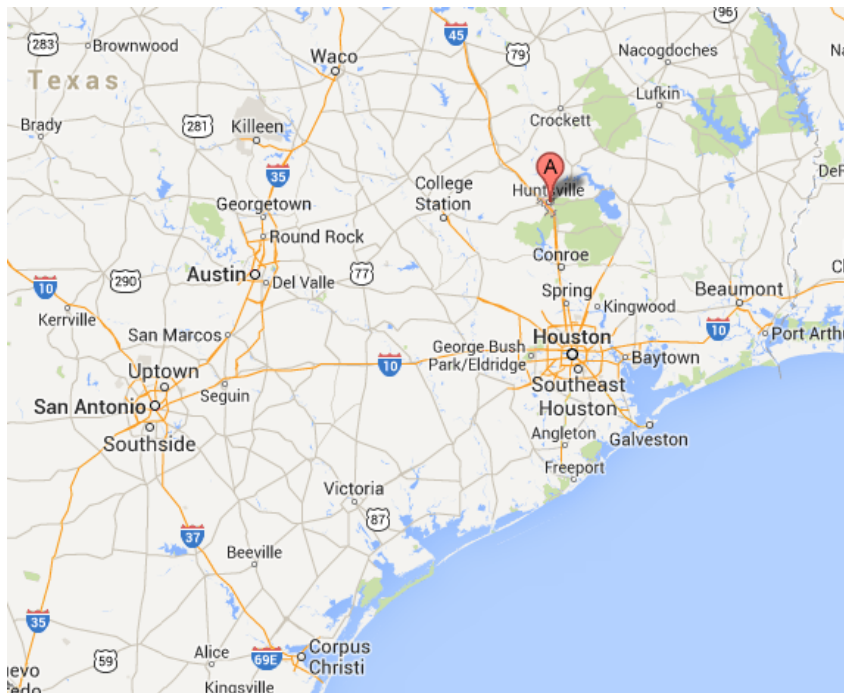
Membership only gym located off-campus.

Huntsville Memorial Hospital

110 Memorial Hospital Drive

(936) 291-3411

THE SURROUNDING AREAS



Where is Huntsville?!

Conroe - 32 mi. S
 Shenandoah - 41 mi. S
 Woodlands - 42 mi. S
 Houston - 73 mi. S
 Galveston - 123 mi. SE

College Station - 52 mi. W
 Austin - 160 mi. W

Dallas - 171 mi. NW
 San Antonio - 219 mi. SW
 Corpus Christi - 279 mi. SW

Food and Drink

- Southern Star Brewery (Conroe)
- B-52 Brewery (Conroe)
- The Red Brick Tavern (Conroe) - Your traditional country western experience
- Fantastic Pho Royal Tea House (Conroe)
- Wild Ginger Japanese Steakhouse (Conroe)
- Sam's Boat (Lake Conroe)
- Twin Peaks (Shenandoah)
- El Bosque (Shenandoah)
- Trader Joe's (Woodlands)
- Tailgaters (Woodlands)
- The Black Walnut (Woodlands)
- The Egg and I (Woodlands)
- St. Arnolds Brewery (Houston)

Activities

- Lake Conroe
- Main Event (Woodlands) - *Bowling, laser tag, pool, and food*
- The Woodlands Mall (Woodlands)
- The Waterway (Woodlands) - *Higher end restaurants, shopping, and great lounges*
- Market Street (Woodlands) - *Unique shopping with boutiques and a park*
- Museum of Fine Arts and Natural History (Houston)
- The Galleria (Houston) - *Wide range of stores from JcPenney to Coach*
- Concerts (Houston) - *Houston has a great local music scene and tickets are very reasonable for most shows*
- Sporting events (Houston) - *Texans, Astros, and Rockets! Oh my!*
- First Fridays (Bryan) - *A street festival that occurs on the first Friday of every month*
- The Beach! (Galveston)

COMMUNITY SERVICE OPPORTUNITIES

Sam Houston State University students volunteer in their communities as part of the University's overall service unto others mission statement. The CJ GSO will sponsor service-oriented activities throughout the academic year, but there are always opportunities to volunteer outside of GSO!

- **Court Appointed Special Advocates (CASA) of Walker and San Jacinto Counties**
1300 11th Street Suite 430, Huntsville, TX 77340 | (936) 291-6363 | casaofwalkercounty.org
- **Hospitality House**
912 10th Street, Huntsville, TX 77320 | (936) 291-6196 | thehospitalityhouse.org
- **SAAFE House**
1426 Sam Houston Avenue, Huntsville, TX 77342 | (936) 291-3529 | saafehouse.org
- **21st Century Community Learning Center - Scott Johnson Elementary**
603 Highway 190 East, Huntsville, TX 77340 | (936) 293-2866
- **Boys & Girls Club of Walker County**
119 FM 980, Huntsville, TX 77320 | (936) 291 - 6054 | bgcwc.org
- **Children's Safe Harbor**
1519 Oddfellow Street, Conroe, TX 77301 | (936) 756-4644 | childrenssafeharbor.org
- **Family Promise of Montgomery County**
1207 North Thompson, Conroe, TX 77301 | (936) 441-8778 | familypromiseofmc.org
- **The Montgomery County Food Bank**
111 S. 2nd Street, Conroe, TX 77301 | (936) 539-6686 | montgomerycountyfoodbank.com
- **Montgomery County Youth Services**
105 W. Lewis Street, Conroe, TX 77305 | (936) 756-8682 | youthmc.org
- **Montgomery County Women's Center**
1405 Airport Road, Conroe, TX 77301 | (936) 441-4044 | mcwctx.org

For information on more volunteer opportunities, please visit: http://www.shsu.edu/~org_cls/agency/index.html

STUDENT HEALTH

Student Health Center on Campus-1528 Avenue J
(the corner of Avenue J and Bearkat Blvd)

<http://www.shsu.edu/dept/student-health-center>

Fall and Spring Semester Hours

8:00 a.m. - 5:00 p.m. (Monday -Friday)

Laboratory: 8:00 a.m. - 5:00 p.m. (Monday - Friday)

Pharmacy: 8:30 a.m. - 5:30 p.m. (Monday - Thursday)

8:00 a.m. - 5:00 p.m. (Friday)

Only business services offered from 12:00 - 1:00 p.m.

The Student Health Center sees patients by appointment only. Patients are seen between the hours of 8:00 a.m. - 12:00 p.m. and 1:00 p.m. - 5:00 p.m., Monday - Friday. Evening appointments are available Monday - Thursday on class days during the fall and spring semesters. **Appointments may be made either in person or by telephone at (936)294-1805.**

Sam Houston State University strongly encourages its students to maintain health insurance coverage while attending college. SHSU offers its students the option of obtaining insurance through www.ahpcare.com/shsu.

The **SHSU Student Health Insurance Plan** underwritten by UnitedHealthcare Insurance Company and administered by Academic HealthPlans, Inc. All registered domestic students taking six (6) or more credit hours are eligible to participate in the Plan. Some of the Plan benefits include:

- See website above for specific Deductibles and payment amounts
- The Plan works closely with the SHSU Student Health Center to maximize benefits
- The plan Deductible will be waived and covered services will be paid at 100% of the Allowable Amount at the Student Health Center Only
- Prescription Drug benefits are available at the Student Health Center as well as outside the SHC. Please see your brochure for full details
- Participating Providers in the UnitedHealthcare Choice Plus PPO Network includes many providers and hospitals Nationwide as well as in the Huntsville and Greater Houston area

This Plan provides coverage to the student population for a reasonable price. This is important as students often experience changes during their academic career that make them ineligible for coverage under their parent's insurance plans (e.g. residing out-of-area and changes in full-time student status).

If you have any questions about the insurance or want to enroll online in the Plan, please call Academic HealthPlans at (855) AHP-CARE (247-2273) or Student Health Services at 936-294-1805. More information about the Plan and services can be obtained by accessing the Academic HealthPlans website www.ahpcare.com/shsu.

INTERNATIONAL PROGRAMS

With the recruitment of students and faculty from different parts of the world, cultural integration is an important focus of CJ GSO. In addition to international students studying in the Master's and PhD programs, the college often has international visiting scholars, and opportunities for students and faculty to teach and learn abroad.

OFFICE OF INTERNATIONAL PROGRAMS

In cooperation with the Office of International Programs, CJ GSO promotes cultural events on campus and encourages the integration of international and domestic students. The Office of International Programs holds many events throughout the year and has a cultural ambassador program dedicated to the expansion of international awareness on campus. Below is a description of the Cultural Ambassador Program and a website link for the Office of International Programs: <http://www.shsu.edu/dept/international-programs/>.

CULTURAL AMBASSADORS

The Office of International Programs is sponsoring a Cultural Ambassador Organization where American students are paired up with new international students to share cultural perspective and ease the international students' transition into their lives here at Sam Houston State University. The Cultural Ambassador Organization will host a number of events throughout the school year to give the students additional opportunities to interact and develop lasting friendships, as well as share their cultural perspectives.

If you are interested in becoming a cultural ambassador or want to know what events will be put on by the Office of International Programs, please visit the following website:
<http://www.shsu.edu/dept/international-programs/study-abroad/cultural-ambassador-program.html>

CRIMINAL JUSTICE GRADUATE STUDENT ORGANIZATION

PEER MENTORSHIP PROGRAM

Peer mentoring in the College of Criminal Justice partners a senior graduate student and incoming graduate student in order to foster professional growth and to provide guidance and assistance to the new student. Peer mentors-mentees are matched, whenever possible, on the basis of common research interests and backgrounds as well as overlapping faculty assignments.

Initially, the mentorship program should be used as a building block to make connections and develop relationships with other graduate students and faculty members. The philosophy behind mentoring is that it should be mutually beneficial. The mentee gains knowledge, support, and information, while the mentor develops professional skills that will be continuously relied upon in academic and professional careers.

Mentorship Objectives

- Increase knowledge of the College of Criminal Justice and the surrounding communities
- Facilitate a sense of community between mentee and CJ GSO, and other graduate students
- Decrease feelings of isolation during the new student adjustment process
- Introduce supportive tools, teaching/studying skills, and available resources to help achieve a personal and professional balance

Strategies for Success

- Identify the mentee's needs and help to address his/her concerns
- Define excellence and what is expected of graduate students from a student's perspective
- Ask reflective, open-ended questions to guide the mentee toward a comparison of his/her current methods versus effective practices for graduate school success
- Guide the mentee toward setting a goal for improvement through open-ended questions regarding future plans and timelines
- Provide a low-risk, positive, and supportive environment
- Provide encouragement and support for the mentee's growth effort and celebrate milestones attained (think of things that you wish someone would have celebrated your first year!)

Examples and Suggestions

- Discussing time management strategies
- Encouraging professional development through involvement in department events
- Offering insights on class/work support through shared personal experiences
- Attending social events together to increase feelings of acceptance and comfort

TEN GUIDELINES FOR MENTORS & MENTEES

Where do you begin as a new mentor or how can you improve if you currently mentor? Do you start with the mentor or the one being mentored (mentee)? While the contributions of both participants are important, mentoring successes or failures most often depend upon the skills, dedication, and input of the mentor. The mentee also shares responsibility for ensuring that the relationship is successful. After all, it is a partnership! By considering these 10 guidelines, mentors - present and future - will be better prepared to assume this very important role.

MENTORS

1. Remember your 1st year in grad school
2. Maintain confidences & build trust
3. Know your limitations
4. Keep your promises
5. Listen and ask questions
6. Reach out to newer students
7. Be open & honest with advice
8. Maintain professionalism
9. Commit to continuous learning
10. Be yourself!

MENTEES

1. Clarify your needs & expectations
2. Maintain confidences & build trust
3. Learn from your mistakes
4. Be receptive to feedback
5. Keep your promises
6. Bring more than just your problems
7. Appreciate your mentor's time
8. Maintain professionalism
9. Commit to continuous learning
10. Be yourself!

CRIMINAL JUSTICE GRADUATE STUDENT ORGANIZATION

SUGGESTED MENTORSHIP CHECKLIST

Peer mentoring helps new students in their transition to SHSU and graduate school with added support, insight regarding courses and workloads, and facilitation of professional relationships and friendships that are necessary for success. As part of this commitment, there are a number of tasks, events, and conversations that could be covered throughout the course of the first semester.

Campus

- Library/Website Access Info
- Bookstore/Student Services
- Health Services
- Dining Locations
- Parking

Social

- Contact mentee over the summer
- Assist with housing/moving questions or needs
- Attend mentor luncheon with mentee
- Attend CJ GSO BBQ with mentee
- Introduce mentee to other graduate students with similar interests
- Introduce mentee to faculty members
- Attend CJ GSO events
- Discuss Huntsville (and surrounding areas) hotspots/resources

CJ Building

- Tour of building
- Mailboxes
- Office spaces
- Cjava
- Introductions to Administrative Staff

Coursework/Assistantship

- Discuss first year courses
- Discuss strategies for effective time management
- Discuss the meaning of an assistantship compared with personal research projects

Relationship Building

- Check in with them the first week of school
- Periodically meet/ check in with your mentee regarding courses, research interests, and continued questions
- HAVE FUN!**

Information Sources:

Melanson, Mark Dr.: Mentors & Mentees. Rules for Success

Sweeny, Barry: The International Mentoring Association (mentoringassociation.org)

THINGS TO DO IN YOUR FIRST SEMESTER

1. Establish a working relationship with your peer mentor
2. Attend Beto Lectures, Brown Bags, and GSO Events
3. Locate CJ building necessities (mailbox, keys, office, important people)
4. Explore university locations (library, parking office, dining areas, and Starbucks)
5. Participate in a volunteer event
6. Get involved in a research project
7. Start establishing a faculty mentor and potential thesis, portfolio, or dissertation chairs
8. Develop a routine that keeps you productive and balances school and life. Everyone will be different.
9. Get to know your cohort and other graduate students
10. *Work hard and enjoy the experience*

SAVE THE DATES:

Graduate Studies

Orientation

August 19th, 2017

Back-to-School BBQ

(for CJ faculty, Graduate Students,
and their Families)

August 19th, 2017

College of CJ Orientation

August 21st, 2017

8am - 4pm

Statistics Refresher/GIS

Workshop

August 22nd, 2017

9am - 3pm

In the Mean Time...

Be on the look-out for the CJ GSO calendar in August & Join the CJ-GSO Facebook page (SHSUCJGSO) for reminders and flyers for all of our events!