

**SMMC Budgeting Presentation**

**Approximate Length: 30 minutes + 10 minutes for Q&A**

**Presentation Mechanism: Powerpoint/Lecture**

**Presenters: Peer Counselors and/or Professional Counselors (instructor preference)**

**Handouts Provided: SMMC Budget Worksheet**

**Targeted Classification: Any Classification of Student**

**Overview:**

The SMMC Budgeting presentation outlines the process students should follow to create and maintain a workable budget. It is designed for college students and is applicable to students in any financial situation. The presenters will discuss with the students income vs. expenses, needs vs. wants, and possible ways to either increase income or decrease expenses.

**Follow-up Presentation (if requested):**

At the end of the presentation the presenters can challenge the students to document every penny that they spend for the next week/month and review their findings during a follow up presentation. During this presentation, we locate possible problem areas and help students design a budget around their personal needs.

Visit our website ([www.shsu.edu/~smmc](http://www.shsu.edu/~smmc)) to schedule a presentation for your class.

Student Money Management Center  
Estill Building Suite 230  
936.294.2600  
[smmc@shsu.edu](mailto:smmc@shsu.edu)  
<http://www.shsu.edu/~smmc/>

