The Department of Recreational Sports

Sam Houston State University

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Welcome

The Department of Recreational Sports at Sam Houston State University. Our mission is simple, to provide the SHSU community with safe recreational programs and facilities which enhance your total educational experience and quality of life. To ensure that we have something for everyone, Recreational Sports consists of seven program areas - Aquatics, Club Sports, Informal Recreation, Intramural Sports, Outdoor Recreation, Special Events and the Wellness program, and 8 recreational facilities. There's always something going on at Recreational Sports.

**News & Up-Coming Events**

- **Vertical Happy Hour** at the Climbing Center
  Climb for FREE every Thursday from 6-8 pm.

- Winter Pool Hours Begin November 1st
  - M-F  12pm - 6pm
  - Sa  12pm - 5pm
  - Su  1pm - 6pm

- **UPCOMING ADVENTURES**
  - Spring Break Adventure  March 8-17, 2008
  - E-Rock-N-Yoga  April 11-13, 2008

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**HKC Hours 2008**

Monday - Thursday  6:30 AM - 12:00 AM
Friday  6:30 AM - 10:00 PM
Saturday  9:00 AM -7 PM
Sunday  1:00- 12:00 AM

**Winter Pool Hours 2008**

Monday - Friday  12 - 6 PM
Saturday  12 - 5 PM
Sunday  1 - 6 PM

**Climbing Wall Hours 2008**

Sunday - Friday  2 - 8 PM
Saturday  12 - 5 PM

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- Yes
- No
- I guess so...

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**Institutional Member of NIRSA**

**Departmental Focus**

Intramural Sports gives the SHSU community the opportunity to compete and have fun in various team and individual sports. Leagues and tournaments are organized into different skill levels so you can play in a competitive or a relaxed recreational atmosphere. Divisions are offered in Men's, Women's, and CO-recreational, an opportunity for men and women to compete together. Flag football, basketball, volleyball, soccer, softball, racquetball, golf, and tennis are just some of the sports offered in the Intramural Sports Program.

http://www.shsu.edu/~rca_www