A word that meets complexity requirements?

(5) characters long but no greater than fourteen (14)

- A username or any of the parts of your full name.
- A word never used previously.
- Different from previous passwords.
- Combinations (Password1, Password2, Password3 ...) are not allowed.

It must contain characters from at least (3) three of the following categories:
- Lowercase characters (a - z)
- Uppercase characters (A - Z)
- Special characters (0 - 9)
- Numeric (for example: !, $, #, or %). Do NOT use | > < * " in your password.

What if my password expires and how can I change it?

Passwords are valid for 180 days. Change your password before you lose access to your account. You can change your password through the methods below:

- Pressing CTRL-ALT-DEL and then Change Password
- Selecting Apple, System Preferences, Accounts, clicking Change Password
- Accessing IT@Sam, then Account Password Change
- Logging in to ou.edu with your username and password through the connection on your computer. You will be prompted to change your password.

If your password has already expired, open your web browser and enter the expired password at Outlook Web Access. You will then be prompted to change your password.
try to access this system.

accessing this system.

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