



**Date: Wednesday, March 2, 2011**

**Time: 10am-2:30PM**

**Location: SHSU Mall, by Lowman Student Center**

**Pre-register: ONLINE or in person**

For a minimum \$5 donation to **LIVESTRONG** you will:

- receive 5 entries for the door prizes,
- receive an entry into the scavenger hunt,
- Receive a FREE pedometer
- be given ways to take steps to improve your health and move more during the day,
- and a chance to earn a t-shirt.

**Help us set a record and increase awareness of Young adults with cancer by having the most individual donations on a single college campus!**



All donations will benefit **LIVESTRONG**

The Lance Armstrong Foundation [www.livestrong.org](http://www.livestrong.org)

“We fight to **improve the lives** of people affected by cancer.”



This is a campus event open to students, faculty, staff, and community

- We will have interactive health and wellness booths, as well as yoga, zumba, a scavenger hunt, and an organized campus walk at 2pm.
- This is part of RIDD week, promoting healthier alternatives.
- Come show how you **LIVESTRONG.**

Topics will be geared toward college students and those with busy life styles.

- Learn practical ways to increase sleep, decrease stress, decrease cancer risks, improve nutrition, etc.

Sponsored by:



**Donate ONLINE or Mail form and donation to:**

Jennifer Didier  
Dept of Health & Kinesiology  
HKC 217  
SHSU Box 2167,  
Huntsville, TX 77341

Checks payable to: LAF or Lance Armstrong Foundation

Phone: 936-435-1183  
Fax: 936-294-3891  
E-mail: [jjj017@shsu.edu](mailto:jjj017@shsu.edu)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
Department/Company \_\_\_\_\_  
Email address \_\_\_\_\_  
Student Organization \_\_\_\_\_

I would like to make a tax deductible donation to the LAF

In honor of/memory of/ support of \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

I **LIVESTRONG** by..... \_\_\_\_\_