

KATS for the CAUSE 2009

Sam Houston State University
A Member of The Texas State University System

5k run/1 mile family fun run
registration form

Saturday, November 14, 2009
Shot-gun Start @ 8:00 a.m.
Bowers' Stadium Parking Lot

| Personal Information | | | |
|----------------------|--|---|--|
| Last Name | First Name | Middle Init. | Breast Cancer Survivor? <input type="radio"/> Yes <input type="radio"/> No |
| Email Address | | Phone Number | |
| Address | | City | State <input type="text"/> Zip Code <input type="text"/> |
| T-Shirt Size | YOUTH: <input type="radio"/> S <input type="radio"/> M <input type="radio"/> L | ADULT: <input type="radio"/> S <input type="radio"/> M <input type="radio"/> L <input type="radio"/> XL <input type="radio"/> 2XL | |

| Race Information | |
|---|--|
| Race (Please check one): | <input type="radio"/> 5k Run (3.1 miles) <input type="radio"/> 1 mile Family Fun Run/Walk |
| *Note* The age bracket applies to 5k run ONLY. The fun run/walk will be one general group. | |
| Age Bracket | <input type="radio"/> 12 & Under <input type="radio"/> 13-19 <input type="radio"/> 20-29 <input type="radio"/> 30-39 <input type="radio"/> 40-49 <input type="radio"/> 50+ |
| Gender | <input type="radio"/> Male <input type="radio"/> Female |

Race-day registration opens at 7:15 a.m. with a shot-gun start at 8:00 a.m. All participants must register to participate in race activities. Water stations will be available at various points along the course. Race numbers will be assigned and times will be recorded. Awards ceremony and refreshments immediately following the race. Award categories per gender for 1st place in each age bracket, overall male/female 1st place, and overall survivor 1st place.

| Payment Information | |
|--|--|
| This form may be printed off and returned to locations listed at the bottom of form. You may also visit our website and register online: http://www.shsu.edu/~slo_sad/v2/katsforthecause/index.html . An online fee of \$3.95 will be added to your payment for processing. | |
| 5k Race Entry Fee - \$20 per person <i>(Raceday Entry - \$25)</i> | Fun Run/Walk Entry Fee - \$20 per person or family <i>(Only 1 shirt per family. Others can be purchased for \$10.)</i> |
| Method of Payment | <input type="radio"/> Cash <input type="radio"/> Check <i>(made payable to Zeta Tau Alpha)</i> |
| All entry fee proceeds benefit breast cancer awareness and education. | |

Event Waiver: I acknowledge that running in a race is an extreme test of a person's physical and mental limits and there exists the potential for death or serious injury. I certify that I am physically fit, have sufficiently trained for this event, and have not been advised otherwise by a qualified medical person. I also certify that I will drink plenty of water before, during and after the event. I assume the risks of participation and assume full responsibility for injury, accident or illness which may occur during the event or while I am on the premises of the event and I hereby release and hold harmless the sponsors, promoters and all persons and entities associated with the event, from any and all injury or damage whether it be caused by negligence of the sponsors, promoters or other persons or entities associated with this event or otherwise. Further, I hereby grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures, recordings or any other record of this event.

| | |
|-----------------------|------|
| Participant Signature | Date |
|-----------------------|------|

Return completed forms to Student Activities (Lowman Student Center 328) or Health & Kinesiology (HKC 2nd floor).

For more information, please contact Lisa Joyner – Ph. 817.706.8210 Email stdlij11@shsu.edu
Or Rosanne Keathley – Ph. 936.294.1171 Email hpe_rsk@shsu.edu

- PAID
- Rec'd Shirt