



National Collegiate Alcohol Awareness Week

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for more details. For more information about the Alcohol Abuse Initiative, go to www.shsu.edu/adai.

DATE	EVENT	TIME	PLACE
10/5/2009	<p>“Know Your Numbers” Join members of the ADAI and spin the Blood Alcohol Concentration wheel to learn about the effects that body weight, serving sizes, time, and gender have on alcohol impairment. Walk away with an understanding of the 5-4-2 framework, 80 versus 100 proof, .08 BAC, and other important numbers that can save your life!</p>	10am-2pm	LSC Mall Area
10/5/2009	<p>“Plants are for pickin’—not sniffing, smoking, or snorting” Some species of plant life can create an hallucinogenic, depressive, or sedative effect on our body systems. Take a journey with, Dr. Justin Williams, as he guides you through the often poisonous and toxic effects that popular trees, shrubs, plants, and flowers can have when used to create a euphoric state of mind!</p>	11am-12pm	LSC 315
10/6/2009	<p>“The Three R’s of Alcohol Poisoning” Knowing the “Three R’s” can save a fellow Kat’s life: 1-RECOGNIZE the physical signs and symptoms of over consumption of alcohol and drugs; 2-RESPOND by staying with your friend and positioning him/her on his/her side in the BACCHUS position; 3-REPORT the incident immediately by contacting UPD on campus or 911 in the community. Experience the “Three R’s” in this interactive exhibit!</p>	10am-2pm	LSC Mall Area
10/6/2009	<p>“21st Birthday” SHSU alumna and traumatic grief counselor for MADD and Grief Share, Ms. Susan Wagener will speak about alcohol poisoning, current alcohol use/abuse trends, how alcohol affects the body, and the tragic loss of her son to alcohol overdose. Michael Wagener was a student at Texas A & M University in 1999 when he and friends visited a bar after midnight on his 21st birthday. This is a truly touching, personal, and informative session that you don’t want to miss.</p> <p>In addition to examining current legislative proposals for alcohol prevention, Ms. Wagener will invite all participants to explore new strategies for reducing risky alcohol consumption.</p>	2pm-3pm	LSC Room 302
10/7/2009	<p>“Climb to 21, 50, and BEYOND” Wear your tennies and togs to reach the top of the climbing wall with members of the ROTC. climb in beer goggles! Achieve points as you ascend through the ages by taking responsible actions regarding alcohol use. Venture to even greater heights by experiencing the climb in beer goggles!</p>	10am-2pm	LSC Mall Area

10/7/2009	“Milk-tales” Milk does a body good so grab your group and share your sober stories about an alcohol-free event with milk. The ADAI will be whipping up some “moo-shakes” and hosting photo shoots with your group and their “milk--staches!” Photos and stories will be submitted to America’s Milk Processors Corporation.	10am-2pm	LSC Mall Area
10/7/2009	“Hold ‘em Texas Birthday Blowout” Join your fellow Bearkats for a Texas Hold ‘em Tournament honoring Sammy’s 50th Birthday. The Kat Klub and the ADAI are sponsoring this event to kickoff Homecoming festivities for the week.	5pm-8pm	Kat Klub
10/8/2009	“Time to CARE” Recognizing an addiction to drugs or alcohol is the first step to recovery. Meet Huntsville Memorial Hospital Chemical Addiction Recovery and Education team for an overview of the signs and symptoms of addiction, tips for caregivers, resources for treatment and support, and successful education programs for those in need.	10am-2pm	LSC Mall Area
10/8/2009	“Safe Steps” Do you think you are at risk for a problem with alcohol? Would you like to speak with a licensed alcohol and drug counselor to discuss a situation? If so, participate in a confidential assessment with the professionals from the SH Counseling Center. This could be the most important step of your life!	LSC Room 329 & 331	10am-12pm
10/9/2009	“21—LEGAL and LIABLE” MIP, PI, Open Container, Serving to Minors, Fake ID.....What do they mean? What will happen to you if you receive one of these violations? Join Sgt. Scott Zella as he shares the current consuming and serving laws that are enforced by the Texas Alcoholic Beverage Commission.	10am-2pm	LSC Mall Area
10/9/2009	“DWI: A Bloody Nightmare. If It Bleeds, It Pleads” Confused about the current alcohol and drug laws in Texas? Kelly Weeks, Clinical Assistant Professor of Criminal Justice, lectures, on no refusal weekends, sobriety checkpoints, DWI stings, mandatory blood draws, open containers, serving regulations, deferred adjudication, and other substance related laws. Dr. Weeks is Board Certified in Criminal Law, Texas Board of Legal Specialization.	10am-11am	Killinger Auditorium

Alcohol and Drug Abuse Initiative
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