

S.W.A.A.T.

SIX WEEKS OF ALCOHOL AWARENESS TRAINING

Brought to you by the Alcohol & Drug Abuse Initiative. Earn a better prize at each event! Contact Rosanne Keathley at 936-294-1171 or hpe_rsk@shsu.edu for more details. For more information about the Alcohol and Drug Abuse Initiative, go to www.shsu.edu/adai.

DATE	EVENT	TIME	PLACE
1/24/08	What's Your Time Worth? College life is busy! With a full course load, study time, jobs, and other responsibilities it can be hard to find time to relax and unwind. Come take a "free time inventory" to figure out where all of your time goes. Then let us help you place value on positive relaxation strategies that will help you get through all the stress.	12pm-1pm	LSC 302
1/30/08	Cheeseburger Challenge Which has more calories, a cheeseburger or a couple of beers? Don't know? The amount of alcohol you consume could be the equivalent of a pile of cheeseburgers! Join us for cheeseburgers and figure out how your consumption measures up. Note: If bad weather occurs we will move to the Lowman Student Center.	12pm-3pm	Mall Area LSC 302
2/5/08	Don't Fake It Think fake IDs are harmless? Who's better to answer all of your questions than the agents that are trained to bust you. Learn the truth about the law and how misrepresenting your age can affect your record from a Texas Alcohol Beverage Commission Agent.	11am-12pm	LSC 302
2/14/08	Stupid Cupid Love sometimes influences us to make stupid decisions, but love can't compare to effects of alcohol and other drugs. When you mix the three together the results can be devastating. Join your peers in a frank discussion about friendship, dating, and sex, and how these relationships are influenced by alcohol and drugs.	2pm-3pm	LSC 304
2/21/08	Decisions Under the Influence Sooner or later it happens to everyone - you find yourself in a situation that you don't know how to handle. In this session, you will view a series of typical college scenarios, apply various decisions, and then develop your own "survival kit". Remember, you don't have to be a boy scout to "be prepared".	12pm-1pm	LSC 304
2/27/08	wRite of Passage Have you ever heard that "Getting drunk is a rite of passage"? Is it true or is it a myth? Come explore the thoughts of fellow Bearkats and share your own experiences with fact and fiction as you walk through the wRite of Passage. Note: If bad weather occurs we will move to the Lowman Student Center.	12pm-1pm	Mall Area LSC 302
2/25-29/08	RIDD (Reducing Irresponsible Drinking & Drugs) Week All events count for S.W.A.A.T. training. Bring your S.W.A.A.T. card and earn prizes.	Schedule TBA	Schedule TBA