

March 3rd- March 7, 2008

RIDD WEEK

Reducing Irresponsible Drinking & Drugs Week

Spring 2008

What's on

CATCH A BULL BY THE MOCK-TAIL

Come join the SHSU Ag Ambassadors as they show you how to catch a bull by the mock-tail, as you learn to reduce risky drinking behaviors from members of Respecting Ourselves and Others Through Education (R.O.O.T.ED.).

INTERACTION REACTION

Does the reaction of ethyl alcohol have a negative or positive interaction when mixed with drugs? Come join David Ficklen, M.D., as he discusses date rape, illicit, OTC, and prescription drugs, and the effect that alcohol plays when combining the two.

DESIGNATED DRIVER RECRUITMENT DRIVE

Calling ALL Bearkats! The SHSU Alcohol and Drug Abuse Initiative is about to take things to a new level. Come out and learn how you can be a Designated Driver, as we take more steps to insure the safety of our BearKat Family.

ONLY YOU CAN HELP

Come out and learn how you can be a designated driver, and be part of "Kats taking care of Kat's. Bring your ideas and suggestions as we start this journey toward a safe ride program for SHSU. Join Ian Parisi and Sophia Polk to discuss this new endeavor.

PLAY IT SAFE!

RIDD Week is up to bat, so lets hit a home run for a safe Spring Break. Join us as RIDD Week takes over the men's baseball game against Rice University. Prizes will be given to the first 300 people to enter the gates, along with information on how to "Cruise into a safe spring break".



Monday, 3/03

10:00 am - 2:00 pm

Catch a Bull by the Mock-tail
(Mall Area)

2:00- 3:00 pm

interaction Reaction
(LSC 307)

Tuesday, 3/04

10:00 am - 2:00 pm

Designated Driver Recruitment Drive
(Mall Area)

2:00- 3:30 pm

Only You Can Help
(LSC 304)

6:30 pm

Play it SAFE!
(Baseball Complex)

Wednesday, 3/5

10:00 am - 2:00 pm

Survivor Spring Break
(Mall Area)

3:00- 3:50 pm

Save a Kat
(LSC 304)

7:00 pm

Take it to the Hoop
(Johnson Coliseum)

Thursday 3/6

10:00 am - 2:00 pm

Safe Sex/Smart Sex
(mall area)

2:00 pm - 3:30 pm

Collegiate Leis
(LSC 304)

Friday 3/7

10:00 am - 2:00 pm

Spring Break Survivor Kit
(Mall Area)

See page 2

wRite of Passage
(In residence halls)

See page 2

Decisions Under the Influence
(In residence halls)

Tips

DRINKING & DRIVING

Do not, under any circumstances, drive after drinking and do not ride with someone who has been drinking even if you think they only drank a small amount of alcohol.

SEXUAL CHOICES

Make sexual decisions in advance. If you think you might have sex over the break, be prepared with condoms for STI protection, and it is a good idea to also be on a hormonal method of birth control as a backup if you do not want to get pregnant. Sexual decisions should not be made while you are intoxicated. Save it for when you are with the right person, the right place, and right time in your life.

Program	Date	Time	Location
wRite of Pas-sage	3-4-08	7:00 pm	Estill Hall Main Lobby
wRite of Pas-sage	resched-uled	rescheduled	Raven Village 2nd Floor Lobby
wRite of Pas-sage	3-5-08	7:00 pm	Jackson Shave Main Lobby
Decisions Under the Infl-uence	3-4-08	6:00 pm	Raven Village 2nd Floor Lobby
Decisions Under the Infl-uence	3-6-08	5:00 pm	Jackson Shave Main Lobby
Decisions Under the Infl-uence	3-6-08	6:00 pm	White Hall Lobby

SURVIVOR SPRING BREAK

Sometimes we think that getting trashed is the fun thing to do but it can have devastating effects. Come out to survivor spring break and learn how to pitch your garbage and not your life. This event will provide you with safety tips involving alcohol and drugs, as well as what to do when peer pressure arises.

Save a Kat

How much is too much? When is someone on danger? What do I need to know or look for? Learn the basics of first aid for persons experiencing alcohol and drug overdoses and what to do until profes-sional help arrives.

TAKE IT TO THE HOOD

What time is it Bearkats? That's right it's game time—hustle over to Johnson Coliseum and join the men's basketball team in a show down with the UTSA Roadrunners. Do you think you can beat the beer goggles in a game of musi-cal chairs? Come out and show us what you have! Join Sammy the Bearkat as he shoots out RIDD week t-Shirts during the game.

SAFE SEX/SMART SEX

Alcohol & sex is a risky combination. Sex under the influence can lead to unexplained pregnancies, STD's/STI's, and lowered self esteem. Join Bearkats Advocating Sexual Education (BASE) for an interactive display focusing on healthy decisions relating to sexual intimacy.

COLLEGIATE LEIS

Learn all about Leis (Bearkat & Hawaiian style)—the safe way. This activity will focus on sexual responsibility, abstinence, STD/STI's, contraception, and the effect alcohol & drugs have on each. You will also learn the skills of Ha-waiian fun fur lei making for that perfect spring break souvenir! ALOHA.

SPRING BREAK SURVIVOR KIT

Don't get trashed! Pitch your trash, not your life. Do not leave campus with-out you survivor kit! Visit the Alcohol and Drug Abuse Initiative table in the mall area to receive spring break necessities that will help you have a safe, healthy, and fun holiday week.

WRITE OF PASSAGE (WRITE)

Have you ever heard that "Getting drunk is a rite of passage"? Is it true or is it a myth. Come explore the thoughts of fellow Bearkats and share your own experiences with fact and fiction as you walk through the wRite of Passage.

DECISIONS UNDER THE INFLUENCE (DUI)

Sooner or later it happens to everyone—you find yourself in a situation that you do not know how to handle. In this program, you will view a series of typical college scenarios, apply various decisions, and then develop your own "survival kit". Remember you do not have to be a boy scout to "be prepared"

For more information on Reducing Irresponsible Drinking & Drugs Week, contact Rosanne Keathley at (936) 294-1171 or hpe_rsk@shsu.edu

RIDD Week is sponsored by the SHSU Alcohol & Drug Abuse Initiative. To learn more about the A.D.A.I visit our website at www.shsu.edu/adai or call Rosanne Keathley at (936) 294-1171.