

SAM HOUSTON STATE UNIVERSITY
 Bachelor of Science in Kinesiology
 Generalist

Degree Plan: 2010
 BS/Kinesiology
 MINOR – chosen by student

I. University Core Curriculum (42 Hours)					
	HRS	Course		HRS	Course
<input type="checkbox"/>	3	ENGL 1301	<input type="checkbox"/>	3	ENGL 2331, 2342, PHIL 2361 or 2306 (Choose one)
<input type="checkbox"/>	3	ENGL 1302	<input type="checkbox"/>	3	FL 2311, 2312, GEOL 2355, 2356, SOCI 2319, BESL 2301, HIST 2311 or 2312 (Choose one)
<input type="checkbox"/>	3	MATH 1332 or 1314	<input type="checkbox"/>	3	HIST 1301
<input type="checkbox"/>	4	BIOL 2401	<input type="checkbox"/>	3	HIST 1302
<input type="checkbox"/>	4	CHEM 1305/1100 OR 1311/1111	<input type="checkbox"/>	3	POLS 2301
<input type="checkbox"/>	3	Choose from: ARTS 1301, 1311, 1303, MUSI 2348, 1301,2364, 1306, AGRI 2399, DANC 1372, THEA 1331, 1364, 1366, 2330, 2336 or FACS 1360	<input type="checkbox"/>	3	Choose from: POLS 2331, 2332, 2335, 2365, 2366, 2381, or 2302
<input type="checkbox"/>	3	Choose from: ECON 2300, 2302, 2301, PSYC 1301, 2315, PHIL 2303, GEOG 1321, SOC 1301, 1306, AGRI 2360, or COMS 2386	<input type="checkbox"/>	1	KINE 2115W (counts in major)
II. Degree Specific Requirements (14 Hours)					
	HRS	Course		HRS	Course
<input type="checkbox"/>	4	BIOL 1308/1108	<input type="checkbox"/>	3	MATH, STAT, or PHIL 2303
<input type="checkbox"/>	4	CHEM 1307/1107, 1312/1112 or PHYS 1305/1105 (choose 1)	<input type="checkbox"/>	3	CSTE 1330
III. Kinesiology (42 Hours)					
<input type="checkbox"/>	1	KINE 1114W	<input type="checkbox"/>	3	KINE 3364
<input type="checkbox"/>	3	KINE 1331	<input type="checkbox"/>	3	KINE 3372
<input type="checkbox"/>	-	KINE 2115W (counts in core)	<input type="checkbox"/>	3	KINE 3373W
<input type="checkbox"/>	3	KINE 2330	<input type="checkbox"/>	3	KINE 3378W
<input type="checkbox"/>	3	KINE 3362	<input type="checkbox"/>	3	KINE 4369W
<input type="checkbox"/>	3	KINE 3363	<input type="checkbox"/>	9	KIN Restrictive Elective – Adv Hrs
				4	KIN Activity – KIN 1110, 1113, 1115, 2111,2113, 2114, (choose four)
IV. MINOR (18 Hours) (12 Advance Hours to meet 42 advanced hours)					
<input type="checkbox"/>	3		<input type="checkbox"/>	3	
<input type="checkbox"/>	3		<input type="checkbox"/>	3	
<input type="checkbox"/>	3		<input type="checkbox"/>	3	
V. Electives (5 Hours) or as needed to complete 120 hours including 42 (3000-4000 Level) hours					

NOTES:

1. Degree must have 120 hours with at least 42 advanced hours (3000-4000) taken at a 4 year institution, 18 hours must be writing enhanced (W)
2. Consult current University catalog for questions concerning transfer courses and residency requirements.
3. KIN 4117, Practicum in Kinesiology may be taken for 1 hr of advanced credit if needed.

KINE 1110	Racquet Sports
KINE 1111	Elementary Activities
KINE 1113	Basketball/Soccer
KINE 1114	Rhythmic Activities and Innovative Games
KINE 1115	Track and Field/Gymnastics
KINE 1116	Varsity Sports
KINE 1117	Lifetime and Individual Sports
KINE 1331	Foundations of Kinesiology
KINE 2110	Aquatics/Scuba Diving
KINE 2111	Golf and Recreational Activities
KINE 2112	Archery
KINE 2113	Softball/Volleyball
KINE 2114	Weight Training and Physical Conditioning
KINE 2115	Fitness for Living
KINE 2119	Kinesiology Activities
KINE 2330	First Aid: Red Cross and Instructor's Course
KINE 2333	Honors Fitness for Living
KINE 2363	Motor Development
KINE 2365	Coaching of Track and Baseball/Softball
KINE 2366	Coaching of Football
KINE 2367	Coaching of Basketball
KINE 2368	Coaching of Volleyball
KINE 2388	Officiating Sports
KINE 3362	Biomechanics
KINE 3363	Assessment in Kinesiology
KINE 3364	Motor Learning
KINE 3368	Motor Programming
KINE 3369	Therapeutic Modalities of Athletic Training
KINE 3370	Prevention and Care of Injuries
KINE 3372	Team and Individual/Dual Sport Skill Analysis
KINE 3373	Physiology of Exercise
KINE 3375	Teaching of Secondary Physical Education
KINE 3378	Administration of Kinesiology and Recreation
KINE 3388	Sports in Contemporary Society
KINE 4117	Practicum in Kinesiology (proposal/application process)
KINE 4330	History & Philosophy of American P.E. & Sport
KINE 4335	Psychology of Coaching
KINE 4363	Laboratory Experiences in the Motor Domain
KINE 4369	Adaptive Kinesiology
KINE 4373	Advanced Topics in Physiology of Exercise
KINE 4377	Principles of Exercise Testing and Prescription
KINE 4392	Problems in Kinesiology (proposal/application process)
KINE 4393	Principles and Practices of Adult Fitness Management
KINE 4394	Internship (ONLY REQUIRED FOR Exercise Science)

*RESTRICTIVE ELECTIVES: KINE 2365, 2366, 2367,2368, 2388, 3370, 3388, 4330, 4335, 4392.

To meet the 42 advanced hour degree requirement for graduation, **it is recommended that students take most, if not all restrictive electives at the 3000 or 4000 level.**