

SAM HOUSTON STATE UNIVERSITY
 Bachelor of Science in Kinesiology
 Teacher Education

Degree Plan Code:
 BS/KNT/SED/2008-10

I. University Core Curriculum (42 Hours)					
	HRS	Course		HRS	Course
<input type="checkbox"/>	3	ENG 164	<input type="checkbox"/>	3	ENG 265, 266, PHL 261 or 263 (Choose one)
<input type="checkbox"/>	3	ENG 165	<input type="checkbox"/>	3	FL 263, 264, GEO 265, 266, SOC 168, BSL 236, HIS 265 or 266 (Choose one)
<input type="checkbox"/>	3	MTH 164 or 170	<input type="checkbox"/>	3	HIS 163
<input type="checkbox"/>	4	BIO 245	<input type="checkbox"/>	3	HIS 164
<input type="checkbox"/>	4	CHM 135/115 OR 138/118	<input type="checkbox"/>	3	POL 261
<input type="checkbox"/>	3	ART 160, 161, 260, MUS 138, 161, 264, 265, AGR 299, DNC 172, 176, THR 160, 164, 166, 230, 231 or FCS 160 (Choose one)	<input type="checkbox"/>	3	POL 231, 232, 235, 265, 266, 281, or 285 (Choose one)
<input type="checkbox"/>	3	Choose from: ECO 230, 233, 234, PSY 131, 289, PHL 262, GEO 161, SOC 131, 264, AGR 236, or COM 286	<input type="checkbox"/>	1	KIN 215
II. Degree Specific Requirements (14 Hours)					
	HRS	Course		HRS	Course
<input type="checkbox"/>	4	BIO 134/114	<input type="checkbox"/>	3	MTH, STA, or PHL 162
<input type="checkbox"/>	4	CHM 136/116, 139/119 or PHY 135/115 (choose 1)	<input type="checkbox"/>	3	CTE 133 or 143
III. Kinesiology (36 Hours)					
<input type="checkbox"/>	1	KIN 114W	<input type="checkbox"/>	3	KIN 373W
<input type="checkbox"/>	3	KIN 131	<input type="checkbox"/>	3	KIN 375
<input type="checkbox"/>	1	KIN 215W (counts in core)	<input type="checkbox"/>	3	KIN 378W
<input type="checkbox"/>	3	KIN 362W	<input type="checkbox"/>	3	KIN 463*
<input type="checkbox"/>	3	KIN 363	<input type="checkbox"/>	3	KIN 469W
<input type="checkbox"/>	3	KIN 364	<input type="checkbox"/>	6	KIN Restrictive Elective
<input type="checkbox"/>	3	KIN 368	<input type="checkbox"/>	2	KIN Activity – KIN 110, 113, 115, 211, 213, 214, (choose two)
IV. All Level Certification (24 Hours)					
<input type="checkbox"/>	3	SED 374	<input type="checkbox"/>	3	SED 464 (Methods Block)
<input type="checkbox"/>	3	SED 383	<input type="checkbox"/>	3	SED 480 (Student Teaching)
<input type="checkbox"/>	3	RDG 492 (Methods Block)	<input type="checkbox"/>	3	SED 496 (Student Teaching)
<input type="checkbox"/>	3	SED 494 (Methods Block)	<input type="checkbox"/>	3	EED 491 or 492 (Student Teaching)
V.	Electives as needed to complete 120 hours including 42 advanced (300-400 Level) hours 1 Hour				

*KIN 463 – should be taken with methods block (semester prior to student teaching)

NOTES:

1. Degree must have 120 hours with at least 42 advanced hours (300-400) taken at a 4 year institution, ___ must be writing enhanced (W)
2. Consult current University catalog for questions concerning transfer courses and residency requirements.
3. Consult the Educator Preparation program for all requirements for education.
4. KIN 417, Practicum in Kinesiology may be taken for 1 hr of advanced credit if needed.

KIN 110	Racquet Sports
KIN 113	Basketball/Soccer
KIN 114	Rhythmic Activities and Innovative Games
KIN 115	Track and Field/Gymnastics
KIN 116	Varsity Sports
KIN 117	Lifetime and Individual Sports
KIN 131	Foundations of Kinesiology
KIN 210	Aquatics/Scuba Diving
KIN 211	Golf and Recreational Activities
KIN 212	Archery
KIN 213	Softball/Volleyball
KIN 214	Weight Training and Physical Conditioning
KIN 215	Fitness for Living
KIN 219	Kinesiology Activities
KIN 230	First Aid: Red Cross and Instructor's Course
KIN 233	Honors Fitness for Living
*KIN 265	Coaching of Track and Baseball/Softball
*KIN 266	Coaching of Football
*KIN 267	Coaching of Basketball
*KIN 268	Coaching of Volleyball
*KIN 288	Officiating Sports
KIN 362	Biomechanics
KIN 363	Assessment in Kinesiology
KIN 364	Motor Learning
KIN 368	Motor Programming
KIN 369	Therapeutic Modalities of Athletic Training
*KIN 370	Prevention and Care of Injuries
KIN 372	Team and Individual/Dual Sport Skill Analysis
KIN 373	Physiology of Exercise
KIN 375	Teaching of Secondary Physical Education
KIN 378	Administration of Kinesiology and Recreation
*KIN 388	Sports in Contemporary Society
KIN 417	Practicum in Kinesiology
*KIN 430	History & Philosophy of American P.E. & Sport
*KIN 435	Psychology of Coaching
KIN 463	Laboratory Experiences in the Motor Domain
KIN 469	Adaptive Kinesiology
KIN 473	Advanced Topics in Physiology of Exercise
KIN 477	Principles of Exercise Testing and Prescription
*KIN 492	Problems in Kinesiology
KIN 493	Principles and Practices of Adult Fitness Management
KIN 494	Internship

*RESTRICTIVE ELECTIVES: KIN 265, 266, 267,268, 288, 370, 388, 430, 435, 492.