

SAM HOUSTON STATE UNIVERSITY
 Bachelor of Science in Health
 Health Fitness

Degree Plan: 2010
 BS/ Major: Health
 Concentration: Fitness

I. University Core Curriculum (42 Hours)					
	HRS	Course		HRS	Course
<input type="checkbox"/>	3	ENGL 1301	<input type="checkbox"/>	3	ENGL 2331, 2342, PHIL 2361 or 2306 (Choose one)
<input type="checkbox"/>	3	ENGL 1302	<input type="checkbox"/>	3	FL 2311, 2312, GEOL 2355, 2356, SOCI 2319, BESL 2301, HIST 2311 or 2312 (Choose one)
<input type="checkbox"/>	3	MATH 1332 or 1314	<input type="checkbox"/>	3	HIST 1301
<input type="checkbox"/>	4	BIOL 2401	<input type="checkbox"/>	3	HIST 1302
<input type="checkbox"/>	4	CHEM 1305/1100 OR 1311/1111	<input type="checkbox"/>	3	POLS 2301
<input type="checkbox"/>	3	Choose from: ECON 2300, 2302, 2301, PSYC 1301, 2315, PHIL 2303, GEOG 1321, SOC 1301, 1306, AGRI 2360, or COMS 2386	<input type="checkbox"/>	3	Choose from: POLS 2331, 2332, 2335, 2365, 2366, 2381, or 2302
<input type="checkbox"/>	3	Choose from: ARTS 1301, 1311, 1303, MUSI 2348, 1301, 2364, 1306, AGRI 2399, DANC 1372, THEA 1331, 1364, 1366, 2330, 2336 or FACS 1360	<input type="checkbox"/>	1	KINE 2115W (counts in major)
II. Degree Specific Requirements (17 Hours)					
	HRS	Course		HRS	Course
<input type="checkbox"/>	3	MATH, STAT, or PHIL 2303	<input type="checkbox"/>	3	FACS 2362
<input type="checkbox"/>	4	BIOL	<input type="checkbox"/>	3	CSTE 1330
<input type="checkbox"/>	4	CHM 1307/1107 OR 1312/1112			
III. HEALTH Major (33 Hours)					
<input type="checkbox"/>	3	HLTH 1366	<input type="checkbox"/>	3	HLTH 2380
<input type="checkbox"/>	3	HLTH 3391	<input type="checkbox"/>	3	HLTH 3392
<input type="checkbox"/>	3	HLTH 4361	<input type="checkbox"/>	3	HLTH 4393 (Pre-Internship)
<input type="checkbox"/>	9 *	Select 3 from: HLTH 2372, 2381, 3385, 3390, 4370, 4390	<input type="checkbox"/>	3	HLTH 4394 (Internship)
<input type="checkbox"/>			<input type="checkbox"/>	3	HED 494 (Internship)
IV. MINOR (17 Hours)					
<input type="checkbox"/>	3	KINE 2330	<input type="checkbox"/>	3	KINE 3370
<input type="checkbox"/>	3	KINE 3373	<input type="checkbox"/>	3	KINE 4373
<input type="checkbox"/>	3	KINE 4377	<input type="checkbox"/>	-	KINE 2115W (counts in core also)
<input type="checkbox"/>	1	KINE 2114	<input type="checkbox"/>	1	KINE 2119
Business Support Courses (9 hours)					
<input type="checkbox"/>	3	MGMT 3310	<input type="checkbox"/>	3	BUAD 3355
<input type="checkbox"/>	3	MKTG 3310			
V. Electives As needed to complete 120 hours including 42 (3000-4000 Level) hours 2 HOURS					

*Take at least 1 3000-4000 level

NOTES:

- Degree must have 120 hours with at least 42 advanced hours (300-400) taken at a 4 year institution, 18 hours must be writing enhanced (W)
- Consult current University catalog for questions concerning transfer courses and residency requirements.
- HLTH 1360 and 1366 should be completed prior to taking upper level health courses.
- HLTH 4393 (pre-internship) must be completed to enroll in HLTH 4394 (internship)
- HLTH 4394 (internship) is the Community Health Internship. Requires 400 hours of work in internship location. Internship are performed during the final semester prior to student's anticipated graduation date.

HLTH 1360	Introduction to Health Education and Health Careers
HLTH 1366`	Lifestyle and Wellness
HLTH 2330	First Aid: Red Cross and Instructor's Course
HLTH 2372	Health and Medical Terminology
HLTH 2380	Drug Use and Abuse
HLTH 2381	Consumer Health Education
HLTH 2382	Child and Adolescent Health
HLTH 2383	Multicultural Health Issues
HLTH 3385	Safety Education
HLTH 3390	Family Life and Sex Education
HLTH 3391	Study of Human Diseases
HLTH 3392	Communication Skills for Health Education
HLTH 4360	Health Education Research: Methodology and Statistics
HLTH 4361	Managing Health Promotion in the Workplace
HLTH 4370	Aids: Current Health Problems and Prevention Strategies
HLTH 4387	Community Health
HLTH 4390	Environmental Health
HLTH 4392	Problems in Health
HLTH 4393	Principles and Practices of Community Organization and Community Development
HLTH 4394	Internship Program