

CLAUDIA V. SEALEY-POTTS, Ph.D., R.D, LD

**Assistant Professor and
Director of Dietetic Internship Program
Family and Consumer Sciences**

Sam Houston State University
Huntsville, TX 77341
Phone: 936.294.1250
FAX: 936.294.4204
Email: hec_cvs@shsu.edu

RESEARCH INTEREST:

Community nutrition, nutrition education, health promotion disease prevention, and wellness in children, adolescent and young adults

EDUCATION:

Auburn University, Auburn, Alabama USA
Ph.D. Nutrition and Food Science
Topic: “Feeding Practices, Growth status and nutrition-related factors of under-five children in Tobago”
(Graduated: December 19th, 2003)

Auburn University, Auburn, Alabama, USA
MS Degree in Community Nutrition and Food Science
(Graduated Spring 1998)
Thesis: “Nutrition-Related Knowledge, Behaviors, and Stages of Change among limited-resource adults in Alabama”.

University of Michigan, Ann Arbor, Michigan, USA
Post Baccalaureate, Dietetic Internship Program
(Graduated July 1995)

Auburn University, Auburn, Alabama, USA
BS Degree in Nutrition and Food Science
(Graduated in December 1993)

HONORS: Named in WHO IS WHO among students in Colleges for the 1991 academic year

Initiated on December 12, 1993 into the ALPHA NU chapter of KAPPA OMICRON NU, The National Home Economics Honor Society, and U.S.A

PAHO/WHO Nutrition Fellowship (1994)

Awarded an Auburn University Graduate Research Fellowship toward successful completion of the Doctoral Degree (Fall 2000-2003)

EXPERIENCE:

Assistant Professor and Director of Dietetic Internship Program:

Sam Houston State University, Huntsville, Texas (January 2005)

Teach lower and upper level undergraduate and graduate classes food courses in the Department of Family and Consumer Sciences,

Graduate Program Advisor and serve as Director for the Sam Houston Dietetic Internship Program.

Directorship of the program includes:

- Develop broad policies for program
- Advise, evaluate and counsel interns enrolled in the program
- Plan rotation schedules of interns at various preceptor sites
- Develop and maintain a current program of work for interns at various preceptor sites
- Select, maintain and work effectively with an advisory committee consisting of professionals in the field of nutrition, dietetics and education and representatives from the community
- Evaluate the program on a continual basis

Direct, supervise and coordinate the Dietetic Internship Program for Graduate students (Masters Level)

Advise graduate and undergraduate students in Family and consumer Sciences with emphasis in Nutrition.

Lecturer and Director of Dietetic Internship Program: Sam Houston State University Huntsville Texas (January 2004 – December 2004)

Teach lower and upper level undergraduate and graduate classes in nutrition, Food Science and Food service management (Full Teaching Load)

Direct, supervise and coordinate the Dietetic Internship Program for Graduate students (Masters Level)

Advise graduate and undergraduate students in Family and consumer Sciences with emphasis in Nutrition.

Grader for Auburn University distance education in Dietary Managers Program (2001- Present)

Graduate Teaching Assistant: Auburn University, Auburn AL. (Jan 2001- Dec 2003)

Assist in teaching undergraduate and upper level classes in nutrition and food service systems and management.

Individual teaching of an undergraduate class in Introduction to Dietetics and Nutrition
Grade class projects and supervise undergraduate dietetic students in food service management and quantity food production.
Developed project proposal and conducted independent doctoral research in nutrition and food science in a Caribbean island.
Grader for distance education in Dietary Managers Program

Lecturer and Coordinator: University of the West Indies (UWI), St. Augustine, Trinidad (1999-2000).

Lecture, supervise and examine undergraduate and post-graduate students in the B.Sc. Human Ecology Program and the Diploma in Institutional Dietetics program.

Supervise undergraduate students in final year research projects in the B.Sc. Human Ecology.

Directed and coordinated the first dietetic internship program implemented by the UWI - the Diploma in Institutional Dietetics and Internship Program

Part-time lecturer: University of the West Indies, St. Augustine, Trinidad (1998-1999).

Teach, supervise and examine undergraduate and post-graduate students in the B.Sc. Human Ecology Program.

Supervise undergraduate students in final year research projects in the B.Sc. Human Ecology.

Active member of the plan team; developed, and implemented the first dietetic internship program in UWI for the post-graduate students enrolled in the diploma of Institutional Dietetics.

Nutritionist: Tobago North District, Tobago Regional Health Authority (TRHA), Armstrong Building, Scarborough Tobago.
(December 1st, 1998 to 1999)

Responsibility included: Program implementation and program development and evaluation in the Northern Third of the island of Tobago.

Provided nutrition counseling to individuals with chronic diseases, as well as, organized and demonstrated correct food safety and preparation techniques to individuals within that community
Monitored nutritional status of women, infants, children, and adults in the district community; developed and implemented nutrition policies for the district; advised medical teams on nutrition and developed nutrition education materials for all ages of the population within the district.

Developed project proposal seeking funding for nutritional research.

Senior Dietitian: Port-of- Spain General Hospital, North West Regional Health Authority, Port-of-Spain, Trinidad. Republic of Trinidad and Tobago
(August 03, 1998 to November 31st, 1998)
Responsibility included: administrative duties of the dietary departments at Port-of-Spain and St James Hospitals; supervised and guided a combined dietary staff of approximately 100 kitchen employees, one junior clinical dietitian, one clerk, one clerical aide, and one clerk typist.
Developed low-cost menus for the daily operation of both hospitals; provided dietary counseling and nutrition care to in-patient and out patient users of Port-of-Spain General Hospital, St James Medical Complex, and Queens Park Counseling Center (3 major hospitals)
Served as an in-service training instructor in Proper Infant Feeding Practices (age 0 to 12 months) for Nurses/Midwives Trainees at the Port-of-Spain Regional Hospital; developed nutrition education materials for patients

Dietitian: Caura Chest Hospital, Caura and Port-of-Spain General Hospital, Trinidad. Republic of Trinidad and Tobago
(July 01, 1998 to August 02, 1998)
Provided supervision to a staff of 40 employees of the dietary department (Caura); developed low cost menus; provided counsel and dietary instructions to in-patient and outpatient; developed nutrition education materials, and provided diet instructions to patients on heart disease, diabetes, renal insufficiency, obesity, high cholesterol, hypertension, HIV/AIDS and other nutrition-related diseases or ailments.

Graduate Research Assistant: (September 1995-June 1998)
Design Master's Degree Thesis Project Proposal.
Conduct Master's research on "dietary knowledge, practices, and stages of willingness to change among low-income adults in 38 counties in the state of Alabama, USA".
Developed and co-authored short-term nutrition education teaching series for limited-resource adults and seniors in Alabama; created and co-authored a food demonstration packet to be used as a teaching tool with low-income adults; assisted in the development and co-authored a two-volume nutrition activities source book that is used by individuals K through seniors; Developed bookmarkers with specific nutrition messages for children as well as assisted with the development of an evaluation tool that can be used with low-level reading low-income individuals.
Assisted in conducting community nutrition programs designed for the enhancement of healthy cooking and healthy eating practices

among low-income adults in Alabama; also delivered special lectures to undergraduate nutrition students in community nutrition and survey of dietetics courses.

Dietetic Intern: University of Michigan Hospitals, Ann Arbor, Michigan, U.S.A. (September 1994 to July, 1995)
Over 1700 hours of practice successfully completed in the Dietetic Internship Program.

Dietitian: Mount Hope Women's Hospital, Mount Hope Trinidad. Republic of Trinidad and Tobago (January 1994-August 1994 and August 1995)
Supervise Food service and manipulative staff of approximately 50 persons.
Screened, assessed, and provided dietary counseling to patients of the hospital (maternal nutrition); provided dietary counseling to women with gestational diabetes, obesity and guided them through normal pregnancy and lactation.

OTHER WORK EXPERIENCES: 07/79 – 12/1990

Functioned in the Public Service of Trinidad and Tobago as Clerk I, Clerk II, Clerk III, Revenue Officer I, Supreme Court Clerk, etc performing various tasks in administration, accounting, personnel, training and recruiting

PUBLICATIONS:

Poster Session: Sealey-Potts, C and Fellers R. *Relationship of socioeconomic measures and specific child-feeding practices of parents with preschool children living in a Caribbean community.* ICD, May 2004, Chicago.

Sealey-Potts, C. *Feeding practices, growth status and nutrition-related factors of preschool children living in Tobago.* Dissertation, Auburn University, AL., USA. (November 2003)

Sealey-Potts, Claudia Victoria. *Nutrition-related knowledge, behaviors and readiness to change among limited-resource adults in Alabama MS Thesis, Auburn University, AL., U.S.A. (June 1998)*

Struempler B. and Sealey-Potts C. *Let's Eat* 1995 (revised edition 1996).

Struempler B. and Sealey-Potts C. *Good Food Good Health* 1995 (revised 1996)

Struempler B. and Sealey-Potts C. *Food Demonstration Packet*
1995

Streumpler B., Sealey-Potts C., and Derrig J. *Nutrition Activities*
Source Book. Vol. 1 and Vol. 2. 1995.

PROFESSIONAL MEMBERSHIP:

Member of the American Dietetic Association (1994 to present)
Member of Dietetic Educators Practice Group (2002 to present)
Member of the public health nutrition practice group (2002 to present)
Licensed by Texas State Board of Examiners (2004-present)
Member of the Texas Dietetic Association (2004 – present)