



The Know

First-Year Experience

Sam Houston State University

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Be Advised Soon!

The Student Advising and Mentoring Center is currently advising all students for the upcoming spring, 2005, semester. All students are encouraged to be advised each semester to insure they are on the right track for graduation. All beginning students (freshmen and transfers without SHSU GPA's) are under mandatory advisement. Since registration will take place at the beginning of November, all students who need to be advised should do so as early as possible to avoid the last-minute rush during pre-registration. Once a student is advised and cleared, the student is

ready to register at the appropriate time. Freshmen will be able to register online beginning on November 4.

The SAM Center is open Monday through Friday from 7:30 am until 5:00 pm and remains open on Mondays and Wednesdays until 6:30 pm. Students can call for appointments (294-4444) if they desire or just walk in and be advised. The earlier a student comes for advisement, the more time is available to ask crucial questions about specific degree requirements and other concerns about academics.

The schedule of classes for spring 2005

is now online and students can access it on the SHSU website. There will be no paper copies of the schedule this semester; only the online schedule will be available. Although there are several months until the next semester begins, it is never too late to be advised for the upcoming semester. We at the SAM Center look forward to working with our students.

—Dr. Bill Fleming, Executive Director of the Student Advising & Mentoring Center (SAM Center), eng_wpf@shsu.edu



Elections are just around the corner on **Tuesday, November 2nd**. The FYE and SHSU American Democracy Project would like to encourage all students to vote! Voting is an important part of the freedoms associated with being an American. We have the freedom to choose our leaders in our city, county, state and nation. Don't forget to "Mess with Texas...VOTE!"

No-Cook Recipes for Residence Hall Living

Halloween Snack Mix

4 cups candy corn
4 cups dry roasted salted peanuts

Mix candy corn and peanuts together and serve in a bowl.

Simple Tuna Salad

1 can (6 oz.) of tuna
2 teaspoons mayonnaise
2-3 teaspoons sweet pickle relish

Drain water from the tuna can. Mix in the mayonnaise and sweet relish. Eat it alone, with crackers or on toast.

125th Anniversary & Homecoming



Sam Houston State University is the third oldest public university and fifth oldest continuously operating institution of higher education in Texas. With nearly 100,000 graduates, SHSU has touched the lives of generations of Texans by helping to shape the economic, social, and cultural development of this state and beyond. In 2004 we celebrate our 125th Anniversary.

The establishment of Sam Houston Normal Institute was authorized by Texas Governor Oran M. Roberts on April 21, 1879. On October 10 of that year "the Normal" opened with 110 students, four faculty members and its first principal, Bernard Mallon.

Created to train school teachers, today's Sam Houston State University offers a broad range of academic programs leading to bachelors, masters,

and doctoral degrees. Many of its academic programs and faculty have attained national and state-wide recognition.

Please join with us in celebrating 125 years of Sam Houston State University during Homecoming.

Wednesday, October 13

7 pm—Homecoming Parade, Sam Houston Avenue

8 pm—Sam Jam, Bowers Stadium Parking Lot

Friday, October 15

7 pm—Soccer Match (SHSU vs. Nicholls State), Pritchett Field

Saturday, October 16

10 am—College and Department Open Houses, various locations

Noon—Pre-Game Party, Bearkat Alley (Bowers Stadium Parking Lot)

2 pm—Football Game (SHSU vs. Nicholls State), Bowers Stadium

7 pm—Volleyball Match (SHSU vs. Texas State-San Marcos), Johnson Coliseum

Sunday, October 17

1 pm—Soccer Match (SHSU vs. Southeastern Louisiana), Pritchett Field

For more information, see the [125th Anniversary](#) or [Homecoming](#) websites.



CALENDAR OF EVENTS

Monday, October 11

Noon—Kickoff Rally, LSC Mall Area

6 pm—Damian the Hypnotist, LSC Ballroom

Tuesday, October 12

11 am—125th Ceremony (Austin Hall Grounds) & Processional through campus to Intramural Field #2 for a panoramic photograph and birthday bash (Rain Location—Coliseum)

12:30 pm—Glazin Over Sam, LSC Mall Area

9 pm—Get Your Bowl On VII, Huntsville Lanes

Mark your calendars for the 125th Anniversary Celebration & Homecoming '04.

October Dates to Know



This month's calendar focus is cultural events on the SHSU campus.

Continuing through October 21

Cryer, Deetz, Gibbons Show, Gaddis Geeslin Gallery, Art Building F

October 4—UniDiversity Activity

MISS's The Magic Box Diversity Workshop, 4 pm, LSC 302

October 6—UniDiversity Activity

MISS's The Wall of Prejudice, 4-5:30 pm, LSC 302

October 11-17—125th Anniversary & Homecoming Activities

See article on previous page for details.

October 12

Society of Success and Leadership presents Wally Amos, founder of Famous Amos cookies, live via satellite, 6-7 pm, AB1 213

October 15

Half-semester courses end. Last day to drop Fall Semester courses without grade of F. Last day to resign without receiving WP or WF. Degree applications to be filed in Registrar's Office by students graduating in May, 2005.

October 20

MISS's Multiculturalism—What does it really mean?, 2-3:30 pm, LSC 302

October 20-23

Theatre's *The Underpants* by Steve Martin, 8 pm and Saturday Matinee at 2 pm, University Theatre Center

October 27

Program Council's My People Are Free!, 11 am—1 pm, LSC Mall Area

MISS's Diversity Luncheon—El Dia de Los Muertos, noon—1 pm, LSC 320

October 28

International Programs' International Coffee Hour, 4-5 pm, LSC Kat Klub

Student Activities' FireFest!, 8-11 pm, Intramural Fields

For more calendar information, please see the [Academic Calendar](#) or the [Student Services Calendar](#).

Each month Frequently Asked Questions from first-year students and their parents will be featured in this column. Please email questions to fye@shsu.edu. We will publish as many questions and answers as possible in the next issue of *In the Know*.

Q: I'm really stressing about midterms that are coming up soon. I have 4 tests in one week. I also have a project due in my other class. I'm not sure how I'm going to get it all done. What can I do?

A: Mid-October is usually the first really stressful time academically for first-semester college students. Don't worry. You'll get through it, but you need to make sure you work at it and don't give up. Be sure to use the Reading Center to help you learn how to read your textbooks so that you are getting more from your reading. The Writing Center can help you learn how to respond to essay questions for your midterms. If you have math classes, be sure to go to the Math Center. If you think you might need tutoring in another subject, there are plenty of tutors that can help you. A list of tutoring services can be found on the [Academic Support](#) page of the FYE website. Counseling Services is also available to help you deal with stressful times by learning to relax. The SAM Center offers study skills courses. You can also use study

groups to help you study for all of those midterms. Don't forget, all instructors have office hours. Go and visit them to see what might help you study for midterms. And remember to take one day at a time.

Q: My son is really not doing very well in one of his classes. We have encouraged him to keep working at it, but it looks like he is going to fail. What should we tell him at this point?

A: The first thing to do is to have your son look at his syllabus to see what percentage of his grade is left. If it looks like he might be able to work hard and pass, then suggest that he go visit with the instructor of the course to see what he can do to improve his grade. As a last resort, he might consider dropping the course. If this is the only option left, make sure he goes to talk to his instructor and an advisor before dropping. The last day to drop a fall course without receiving an "F" is on Friday, October 15. You may want to tell him about this option. The biggest thing to remember is that if he is on Financial Aid, dropping below 12 hours for the semester may affect his aid in the future. Remember, beginning this fall, a student may have no more than 5 "Q" drops during their academic career at SHSU. Also, the 3rd time a class is taken at Sam, out-of-state tuition will be charged. And remember, lots of courses dropped just doesn't look good on a transcript.



Q: My daughter insists on coming home every weekend. I would really like for her to stay on campus, but she says that there isn't anything going on. Is this true?

A: Absolutely not! SHSU really tries to plan events for students every single weekend, except during holidays. Student Activities, Program Council, Residence Life, Athletics, Music, Dance, and Theatre all have weekend events for students. Students can check the online calendars listed in the October Dates to Know article in this newsletter. In addition to these university departments that offer events and programs, many of the student organizations and religious student organizations/centers offer activities for students on the weekends. There are also many community activities like Fair on the Square on October 2nd and the Tenth Anniversary of the Sam Houston Statue at the Visitor Center on October 22nd and 23rd. A Huntsville [community calendar](#) can also be found online.



first year experience

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We're on the web!
www.shsu.edu/fye

Writing Center

Monday-Thursday: 8am-7pm
Friday: 8am-3pm
Sunday: 2-7pm
Wilson 114
936.294.3680
wctr@shsu.edu
www.shsu.edu/~wctr

Reading Center

Monday-Thursday: 8am-7pm
Friday: 8am-3pm
Sunday: 1-4:30pm
Wilson 111
936.294.3114
rdg.www@shsu.edu
www.shsu.edu/~rdg.www

Math Help Lab

Monday-Thursday: 8am-5pm
Friday: 8am-noon
Sunday: 1-5pm
Lee Drain Building 201
936.294.1564
www.shsu.edu/~mth.www/helphours.htm

Did You Know?

159,000

Estimated number of today's first-year college students that will drop out of school next year for alcohol- or other drug-related reasons.

4,084

Number of institutions of higher learning that grant college degrees.

8.2 million

Estimated number of students 25 and older enrolled in college. Students 25 and older account for about half of all college students in the United States.

2.49 million

Estimated number of sheets of single-fold paper towels that Custodial Services supplied to SHSU in 2002.

14,314

Twelfth day enrollment at Sam Houston State University this year! There is a 16.37% increase in the total number of freshmen from last fall. That means there are 298 more freshmen than last year!