

## Advice From Professors

### Dr. Caroline Crimm

**How long have you been teaching at SAM?** 14 yrs.

**Where did you go to college?** Univ. of Miami, B.A.; Texas Tech, Master's; Univ. of Texas, Ph.D.

**What classes do you teach?** I like the US history for Freshmen best.

**How do you think a Freshman's second semester differs from their first?** They are much more relaxed and comfortable.

**How can you be better prepared for your second semester?** Know that you are going to do a lot more work than you did the first go round and party less!

**What advice would you give to freshmen who are discouraged?** Seat of the pants to the seat of the chair. Self-discipline is one of the hardest things to learn about school, and one of the most valuable lessons you will ever develop.

**What helped you get through your first year of college that you could pass along to others?** Friends to study with..

**Do you have any other advice?** Realize that this is your job- you will never have it this easy again. Enjoy it!

### Dr. Brian Loft

**How long have you been teaching at SAM?** 1.5 yrs.

**Where did you go to college?** Louisiana Tech Univ., B.S; Southwest Texas State Univ., Master's; Univ. of Oregon, Ph.D.

**What classes do you teach?** Math and Statistics.

**How can you better prepare for your second semester?** Take fewer classes, set a study time (and stick to it!) and spend more time in office hours.

**How could someone do better in your class?** Do all homework. Work an hour each day instead of 5 hours on Sunday when you haven't worked all week.

**What helped you get through your first years of college?** Forming study groups, 2-3 people doing homework together. Pick your partners wisely.

**General advice?** The first two years set the tone for the rest of your college years. Take lots of different classes, get to know your professors, and spend more time in office hours, that's what we get paid for!

### Mr. David Gaines

**How long have you been teaching at SAM?** 8 yrs.

**Where did you go to college?** Univ. of Texas at Austin, B.A.; SHSU, Master's; SHSU, teacher cert.

**What classes do you teach?** Eng 164W, 165W, 266F.

**How can you better prepare for the second semester?** By learning from the first semester, the two build on each other.

**How could someone do better in your class?** Understand and express the why, not merely gather and list facts.

**What advice would you give to freshmen who are discouraged?** Forget about graduating with your class, or graduating in four years and go at your own pace. Mix up your strong and weak subjects, be honest about your abilities, and if you get with a bad prof., drop the course NOW!

**Any other advice?** When you are strong, go for it, when you are weak, only take the required minimum. Train the talent, don't waste effort on the non talent. Remember that college may seem hard but it is more fun that anything you will ever do.

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## The Facebook/Blogging Dilemma

...is that really you???



New online social sites have become more and more popular in the last year. Sites like MySpace, Facebook, Friendster, and many others are seen everywhere you look on campus. College sites like Facebook and Friendster were created by college students, and in a matter of weeks grew to over 6,000 students. Sites like MySpace, LiveJournal, and Xanga often have space for you to talk about your daily life, web logs, or newly termed "blogs." People use these sites to connect with new friends and to look up old high school friends. Although these sites seem safe, how much information should you include? Jason Warren, from the SHSU Office of Judicial Affairs, gives a few tips that should be remembered when posting information on online sites, "Don't put an address, phone number, or correct date of birth. Manage wall messages to keep out personal information. Don't display a class schedule that reveals when you will or will not be at home. Have fun, Facebook and MySpace are great social networks and a great way to communicate, but it's open and visible to a lot more people than you might realize. Remember, there is no way to tell who has viewed your profile." Other articles mention that some students are addicted to MySpace and cannot function without surfing the site a few hours a day. MySpace is now ranked 4th, then Facebook at 6th. Both sites are rated higher than EBay and Google. Many use the sites as a place for finding dates. Sexual predators are using the online databases as a new feeding ground instead of chat rooms, as some sites have an instant message feature. Some claim that your profile page is like your personality. How do you know if it is true representation of the person is really like? This is just a word of caution to the cyber savvy because you never know who may be on the other side of the monitor. If you have any concerns you should email the site administrators directly.

## First Semester Down...

### Now What???



Congratulations! You have made it through your first semester of college. You have made new friends, become comfortable with the campus, and got a brand new start. What can you do to make this second semester even better than the first? Some recommendations may be to use some of the resources on campus that you may not have used last semester. One great place is the [Math Help Lab](#), open Monday through Friday. The [Reading Center](#) and the [Writing Center](#) can come in quite handy if you are having trouble understanding your textbooks, struggling with a paper, or if you just need someone to give you feedback on an essay as well as helping you get better grades! If you are concerned with your GPA there are [tutors](#) available on campus for just about every subject, or check out the [study skills classes](#) offered in the SAM Center. Another good way to better your second semester is to [get involved!](#) It is a great way to meet new people and develop great connections. At SHSU we have religious organizations, community programs, intramural and club sports, academic organizations, and Greek organizations as well.





# Dates to Know

**February 1**

Black History Kick Off Rally, LSC Mall, noon

**February 4**

Last day to drop classes without an "F"

**February 5**

Super Bowl Party, LSC Kat Klub, TBA

**February 6**

"Student perspectives on alcohol abuse," display contest kickoff, LSC Theater, 5pm

**February 9**

DIVA! LSC Ballroom, 7pm

**February 13**

"The Interpreters" play performed by peer educators, LSC Ballroom, 6pm

**February 14**

"Protect your love, protect your life," alcohol, sex, and protection for Sexual Responsibility Week, LSC Theater, 11am & 2pm

**February 14**

Valentine's Day

**February 15**

Program Council Jazz on the Lawn, LSC Fountain, 6pm



**February 16**

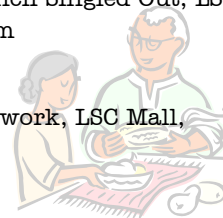
Program Council Singled Out, LSC Ballroom, 6pm

**February 20**

African Patchwork, LSC Mall, 11am

**February 22**

Rec Sports Midnight Mayhem, HKC, 7pm-12 am



For more calendar information, please see the [Academic Calendar](#), the [Student Services Calendar](#), or the [SAM Center Calendar](#).

## No Bake Valentine's Recipes for Residence Hall Living

### Love Spikes

- 12 ounces vanilla chocolate chips
- 1/2 cup raisins
- 1 cup peanuts (salted or unsalted)
- 2 cups canned chow mein noodles
- Red food coloring

Melt chips in microwave. Add red food coloring. Cool. Add peanuts, raisins and noodles. Drop by teaspoon onto wax paper. Let set.

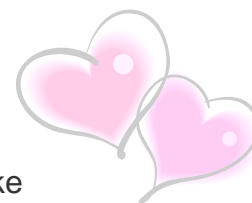
**Don't forget to use the microwave in the residence hall lobbies!**



### Cupid's Pudding

- 1 (10 inch) angel food cake
- 6 cups cold milk
- 1 (5.9 ounce) package instant chocolate pudding mix
- 1 (5 ounce) package instant vanilla pudding mix
- 2 (2.1 ounce) bars chocolate-covered crispy peanut butter flavored candy (e.g., Butterfinger™), crushed

Place half of cake cubes in the bottom of a 9x13 inch dish. Prepare chocolate and vanilla puddings with cold milk according to package. Spread prepared chocolate pudding over cake cubes in dish. Top with half the crushed candy. Distribute remaining cake cubes over candy and top with vanilla pudding and remaining candy. Chill.





first-year experience

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We're on the web!  
[www.shsu.edu/fye](http://www.shsu.edu/fye)

### Writing Center

Monday-Thursday: 8 am-7 pm  
Friday: 8 am-3 pm  
Sunday: 2-7 pm  
Wilson 114  
936.294.3680  
[wctr@shsu.edu](mailto:wctr@shsu.edu)  
[www.shsu.edu/~wctr](http://www.shsu.edu/~wctr)

### Reading Center

Monday-Thursday: 8 am-7 pm  
Friday: 8 am-3 pm  
Sunday: 1-4:30 pm  
Wilson 111  
936.294.3114  
[rdg\\_www@shsu.edu](mailto:rdg_www@shsu.edu)  
[www.shsu.edu/~rdg\\_www](http://www.shsu.edu/~rdg_www)

### Math Help Lab

Monday & Wednesday 8 am-5 pm  
Tuesday & Thursday 8 am-9:30 am  
& 1-5pm  
Friday: 8 am-1 pm  
Farrington 104  
936.294.1564  
[www.shsu.edu/~mth\\_www/helphours.htm](http://www.shsu.edu/~mth_www/helphours.htm)

# Did You Know?

**FEBRUARY 8, 1926**



**Walt Disney Studios  
is formed.**

**Feb. 7, 1926**

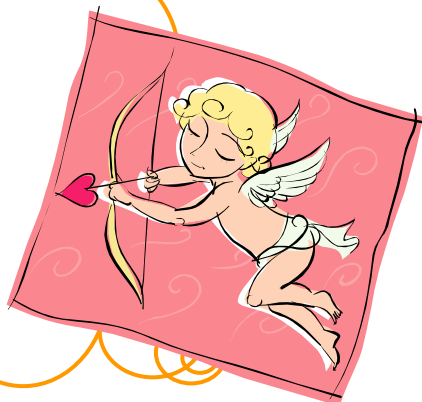
Carter G. Woodson creates Negro  
History Week, which in 1976,  
became Black History Month.



HISTORY-MAKER

How to say "I love you" in  
different languages

- Wo Ai Ni (Chinese)
- S'agapo (Greek)
- Te Amo (Spanish)
- Kimi o ai shiteru (Japanese)
- Je T'aime (French)



**3 billion  
pounds of  
chocolate are  
consumed  
worldwide  
a year.**

