

THE KNOW

Sam Houston State University

A Member of The Texas State University System



first year experience

September, 2007
Volume 4, Issue 1

Welcome to SHSU!

Welcome to Sam Houston State University! This is your first issue of The Know, which is a monthly newsletter for first year students. This newsletter will be full of helpful hints to make this year the best it can be. We will keep you updated on upcoming events, tell you where to go and what to do if you need help, and give you tips for success! The First-Year Experience offers many things that can help make the first year easier.



We started off on August 18th with New Student Convocation to welcome you to SHSU. It was so fun and motivating! Dr. Ben Welch shared his "10 Proven Keys to Success" and helped everyone get excited about the school year. If you have any questions or have a suggestion about new things to add to this newsletter, just let us know by [email](#) or you can give us a call at 936.294.3422. Have a great year and Eat 'Em Up Kats!

S.W.A.A.T- Six Weeks of Alcohol Awareness Training

This year [S.W.A.A.T.](#), sponsored by the Alcohol and Drug Abuse Initiative, started on August 28 and is going full swing during the months of September and October. These six weeks will be packed with fun and informational events about the affects of alcohol on college students. There will be many opportunities to earn free prizes at these events as well. Please check the schedule of events or contact [Michelle Lovering](#) at 936.294.4347 for more information.

This Month in History

Here are a few interesting facts that happened this month in the past. These facts were taken from [The History Place](#).

September 8, 1900 - A hurricane with winds of 120 mph struck Galveston, Texas, killing over 8,000 persons, making it the worst disaster in U.S. history. The hurricane and tidal wave that followed destroyed over 2,500 buildings.

September 18, 1947 - The U.S. Air Force was established as a separate military service.

September 22, 1862 - President Abraham Lincoln issued a preliminary Emancipation Proclamation freeing the slaves in territories held by Confederates as of January 1, 1863.

September 26, 1774 - American folk legend Johnny Appleseed (1774-1845) was born in

Places to Know

[Writing Center](#)

Mon: 8am - 5pm
Tue-Thurs: 8am - 7pm
Fri: 8am - 3pm
Sun: 2pm - 7pm
936.294.3680
Farrington 111

[Reading Center](#)

Mon, Wed, Thur: 8am - 7pm
Tues: 8am - 10pm
Fri: 8am - 3pm
Sun: 2pm - 7pm
936.294.3114
Farrington 109

[Math Help Lab](#)

Mon, Tues, Thur: 9:30am - 4:30pm
Wed: 12:30pm - 4:30pm
936.294.1565
Farrington 104

Dates to Know

Check out these websites for important dates and fun events!

- [Academic Calendar](#)
- [Sam Center Calendar](#)
- [Student Services Calendar](#)
- [Today @ Sam Calendar](#)

No Cook Recipe for Residence Hall Living: Microwave Frito Pie



You will need:

Leominster, Massachusetts (as John Chapman). For 40 years, he traveled through Ohio, Indiana and into Illinois, planting orchards. He was a friend to wild animals and was regarded as a "great medicine man" by Native Americans.

- 1 bag of Fritos
- 1 can of chili
- sour cream
- grated cheese
- chopped onions

SAM Center Study Skills Series

Don't Miss Out on the Study Skills Workshop Series
 Series 1 begins September 10.

Call 936.294.4444 to register or drop by the [Sam Center](#) in AB4, Room 210. IT'S FREE!!!



Heat chili in bowl in microwave, pour over Fritos, and add sour cream, chopped onions or grated cheese if desired.

Microwaves can be found in the lobby of your residence hall.

Don't Forget!

September 3rd is Labor Day, no classes!

September 5th is the 12th class day and the last day to drop a class without a "Q" and receive 100% refund.

Monday	8am, 10am, 1pm, 3pm, 5pm	Sept. 10, 17, 24, Oct. 1, 8, 15
Tuesday	8am, 9am, 1pm, 2pm	Sept. 11, 18, 25, Oct. 2, 9, 16
Wednesday	8am, 1pm, 2pm	Sept. 12, 19, 26, Oct. 3, 10, 17
Thursday	8am, 10am, 1pm, 2pm	Sept. 13, 20, 27, Oct. 4, 11, 18
Friday	9am, 2pm	Sept. 14, 21, 27, Oct. 5, 12, 19

Questions or comments? Email us at: fye@shsu.edu, call 936.294.3422, or write FYE, Box 2209, Huntsville, TX 77341-2209.