

BRIAN ALLEN, PSY.D.

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CURRENT POSITION

2009- Present **Assistant Professor of Psychology**, Department of Psychology
Sam Houston State University, Huntsville, TX

EDUCATION

2009 **Post-Doctoral Fellowship**, National Center for Child Traumatic Stress,
University of California, Los Angeles (UCLA) and Duke University

2008 **Doctoral Internship**, CAARE Diagnostic and Treatment Center
University of California, Davis Medical Center, Children's Hospital (APA-accredited)

2008 **Psy.D. Clinical Psychology**, Indiana University of Pennsylvania (APA-accredited), Indiana, PA
Dissertation: The Relationship of Physical Discipline and Psychological Maltreatment in
Childhood to the Use of Dysfunctional Tension-Reducing Behaviors in Adulthood: The Mediating
Role of Self-Capacities

RESEARCH

Published Articles in Referred Journals

Allen, B. (2009). Are researchers ethically obligated to report suspected child maltreatment? A critical analysis of opposing perspectives. *Ethics & Behavior, 19*(1), 15-24.

Allen, B. (2008). An analysis of the impact of diverse forms of childhood psychological maltreatment on emotional adjustment in early adulthood. *Child Maltreatment, 13*(3), 307-312.

Allen, B., & Lauterbach, D. (2007). Personality characteristics of adult survivors of childhood trauma. *Journal of Traumatic Stress, 20*(4), 587-595.

Other Published Works

Allen, B., Dierkhising, C., Ko, S., Stokes, A., Brymer, M., Maze, J., et al. (2009). The Learning Center for Child and Adolescent Trauma. *Trauma Psychology Newsletter, 4*(1), 12.

Charvat, M., & **Allen, B.** (2007). The business of building a career in trauma research. *Traumatic Stresspoints, 21*(4), 14-16.

Allen, B., & Charvat, M. (2006). Building a foundation for the future of ISTSS. *Traumatic Stresspoints, 20*(3), 15-16.

Manuscripts Under Review

Allen, B., Brymer, M. J., Steinberg, A. M., Vernberg, E. M., Jacobs, A., Speier, A., & Pynoos, R. S. (2009). Perceptions of Psychological First Aid among providers responding to Hurricanes Gustav and Ike. Manuscript submitted for publication.

Allen, B. (2009). Reclaiming attachment theory in clinical practice with maltreated children. Manuscript submitted for publication.

Paper Presentations

Brymer, M. J., **Allen, B.**, Reyes, G., & Macy, R. (2009, November). *What's new in Psychological First Aid?* Panel discussion to be conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.

Allen, B., Layne, C., & Gharagozloo, L. (2009, November). Parenting and familial support, war exposure, and post-war adolescent adjustment. In C. Layne (Chair), *Predictors and determinants of long-term adjustment in war & terrorism-related settings*. Symposium to be conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.

Allen, B. & Dierkhising, C. (2009, June). *Transforming services for maltreated children: An introduction to evidence-based practice for the clinical and child welfare professional*. Paper presented at the annual colloquium of the American Professional Society on the Abuse of Children.

Allen, B. (2009, June). *Childhood psychological maltreatment: What every practitioner needs to know*. Paper presented at the annual colloquium of the American Professional Society on the Abuse of Children.

Allen, B. (2009, March). *Psychological First Aid: An introduction*. Paper presented at the annual National Symposium on Child Abuse, Huntsville, AL.

Allen, B. (2008, October). *Psychological maltreatment: What it is and what we know*. Paper presented at the annual UC Davis National Child Abuse and Neglect Conference, Sacramento, CA.

Allen, B. (2007, November). Researchers as mandated reporters? An ethical analysis. In **B. Allen** (Chair), *Ethical issues in traumatic stress research with children*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

Allen, B. (2007, November). *Childhood psychological maltreatment and adult aggression and suicidality: A mediational analysis*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

Allen, B. (2005, June). *The illusion of normality: Non-pathological personality characteristics of adult survivors of childhood maltreatment*. Paper presented at the annual colloquium of the American Professional Society on the Abuse of Children, New Orleans, LA.

Invited Presentations and Trainings

Allen, B., & Mock, L. A. T. (2009, September). *Psychological First Aid: Core Skills*. Training conducted for Houston emergency mental health responders. Houston, TX.

Allen, B. (2009, April). *Evidence-based practice and best practice: One and the same*. Lecture delivered to graduate students enrolled in the M.S. in clinical psychology program at California Lutheran University, Thousand Oaks, CA.

Brymer, M., & **Allen, B.** (2009, March). *Psychological First Aid: Core Skills*. Workshop presented at the

Annual All-Network Conference of the National Child Traumatic Stress Network, Orlando, FL.

Brymer, M., & **Allen, B.** (2009, January). *Psychological First Aid: Core Skills*. Workshop presented at the annual San Diego International Conference on Child and Family Maltreatment, San Diego, CA.

Brymer, M., & **Allen, B.** (2008, November). *Skills for Psychological Recovery*. Training provided to the Colorado Spirit Specialized Crisis Counseling Program, Windsor, CO.

Allen, B. (2007, October). *Empirically-supported treatments: The present and future state of the mental health field*. Lecture delivered to graduate students enrolled in the MSW program at Sacramento State University, Sacramento, CA.

Scholarly Projects in Progress

Allen, B., Crosby, J., Stein, M., Wevodau, A., & Percosky, A. A psychometric evaluation of the Randolph Attachment Disorder Questionnaire. Design in progress.

Allen, B., Johnson, J., Tabernik, H., Gharagozloo, L., & Sherry, H. The effectiveness of Psychological First Aid. Design in progress.

Allen, B., Tussey, C., & Wilkinson, C. Can projective techniques detect if a child experienced sexual abuse? A review of the empirical literature. Manuscript in preparation.

Lauterbach, D., **Allen, B.**, Reiland, S., Tabernik, H., Gharagozloo, L., & Whiten, J. Childhood maltreatment and parental support as factors in the development of adult personality and intimate relationship problems. Design in progress.

Layne, C., **Allen, B.**, Kaniasty, K., & Gharagozloo, L. Social support, traumatic grief, and coping among Bosnian adolescents experiencing the death of loved ones during war: A prospective study. Manuscript in preparation.

TEACHING EXPERIENCE

2009-Present
Assistant Professor

Department of Psychology
Sam Houston State University
PSY 374: Developmental Psychology
PSY 531: Graduate Seminar in General Psychology
PSY 533: Theory & Research in Psychotherapy I
PSY 698: Thesis

2005-2007
Teaching Associate

Department of Psychology
Indiana University of Pennsylvania
PSY 101: General Psychology

CLINICAL EXPERIENCE

2008-2009
Post-doctoral
Fellow

National Center for Child Traumatic Stress
University of California, Los Angeles (UCLA) & Duke University
Responsibilities include providing training in the delivery of Psychological First Aid, conducting research on various aspects of early intervention following terrorism and disaster, presenting research and training at professional scientific meetings, and assisting in the development of acute interventions for use following disaster and/or terrorism.

- 2007-2008
Doctoral Intern **Child & Adolescent Abuse Resource, Evaluation (CAARE) Diagnostic & Treatment Center**
Department of Pediatrics, Children's Hospital, University of California, Davis Medical Center
Training and experience conducting Parent-Child Interaction Therapy (PCIT), Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT), and court-ordered evaluations with children and families experiencing child maltreatment, domestic violence, community violence, drug exposure and/or other traumatic events.
- 2006
Doctoral Extern **Center for Traumatic Stress in Children and Adolescents**
Department of Psychiatry, Allegheny General Hospital, Pittsburgh, PA
Conducted Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) with children exposed to various traumatic events, and their families. Experience also included conducting intake evaluations.
- 2005-2006
Doctoral Trainee **Child and Family Treatment Clinic**
Indiana University of Pennsylvania, Center for Applied Psychology
Conducted psychotherapy with children and families. Other responsibilities included providing supervision to psychology trainees.
- 2004-2005
Doctoral Trainee **Child and Adult Assessment Clinics**
Indiana University of Pennsylvania, Center for Applied Psychology
Performed cognitive and psychodiagnostic evaluations with children and adults. Other responsibilities included supervising psychology trainees.
- 2003
Master's Extern **Outpatient Mental Health Services**
Journeys of Michigan Mental Health, Hillsdale, MI
Conducted psychotherapy with children, adults, and families. Other responsibilities included performing cognitive and psychodiagnostic evaluations with children and adults.
- 2002- 2003
Clinician **Home-Based Services**
Journeys of Michigan Mental Health, Hillsdale, MI
Conducted in-home counseling with emotionally-impaired children and their families.
- 2001-2002
Treatment Specialist **Residential Treatment Services**
The Manor Foundation, Jonesville, MI
Conducted counseling with emotionally-impaired children in a residential treatment facility.

PROFESSIONAL ACTIVITIES

- 2009-Present **Leadership Task Force of the International Society for Traumatic Stress Studies**
- 2008-Present **Child Physical Abuse Work Group of the National Child Traumatic Stress Network**
- 2006-Present **Ad Hoc Reviewer for *Journal of Traumatic Stress***
- 2006-Present **Ad Hoc Reviewer for *Anxiety, Stress, & Coping: An International Journal***

PROFESSIONAL AFFILIATIONS

- 2004-Present **International Society for Traumatic Stress Studies (ISTSS)**
- 2004-Present **American Professional Society on the Abuse of Children (APSAC)**

2002-Present

American Psychological Association (APA)

Division memberships:

Division 41: American Psychology-Law Society

Division 53: Society of Clinical Child & Adolescent Psychology

Division 56: Trauma Psychology