This course in Military Science does not have a traditional syllabus, but the following is a description of the course.

This is a 4 credit course conducted at Fort Knox, KY for five weeks consisting of basic leadership and adventure-type training. This is a basic leadership course that prepares Cadets to enter their junior year in ROTC. All events are graded and leadership is assessed on an individual basis. The graded events include: land navigation, Army physical fitness test, combat water survival training, basic rifle marksmanship, confidence course, tactical field training, and evaluated leadership positions. At the end of the course, the Cadets receive a grade of qualified or needs additional training on campus.