Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Major Muscles

List two muscles which are typically considered to be tender.

1.

2.

List two muscles which are considered to be intermediate in tenderness.

1.

2.

List two muscles which are considered to be tough in tenderness.

1.

2.

What muscles make up the porterhouse steak?

What muscles make up the rib steak, small end?