why SHSU?

This is a university that thinks big but feels small. With a student population of over 19,000, SHSU prides itself with creating a close community. Current students and alumni alike attest to the warm, supportive environment found all over the SHSU campus. Faculty members are more than professors—they are mentors, advisors, informal tutors, and personal links to great career connections.

Sam Houston State University has something—and then some—for everyone. No matter where you look, you will find ways to have fun, make great friends, enjoy the arts, serve others, and challenge yourself.

An education from Sam Houston State University prepares graduates to be a vital part of the world. It gives them the theoretical and practical knowledge to understand and solve challenges. It equips them with the experience and confidence to become effective leaders. It develops in them a heart for service to their communities. It gives them the tools they need to have an impact—as new graduates and for the rest of their lives.

There are many ways to learn more about Sam Houston State University, but the best way is to come visit campus and experience it for yourself.

The Bachelor of Arts in bilingual health care studies is ideal for students interested in a health care profession and who have a love of language.

The demand for bilingual health care workers is growing and our culturally and linguistically focused program prepares you to work as a patient navigator who helps non-English speaking patients obtain the medical attention they need.
Speak The Patient’s Language

The Department of Health Services and Promotion at Sam Houston State University (SHSU) offers a bilingual health care studies degree that prepares you to be a culturally competent bilingual patient navigator in various health care settings. A patient navigator is a health services career path in the U.S. or in other nations. A bilingual health care studies professional addresses the diverse cultural issues, religious practices, and specific conventions that can create a barrier to patient accessibility and availability to health care. You will learn to be a culturally and linguistically capable health interpreter and translator that knows appropriate behaviors, posturing skills, and verbal and non-verbal communication techniques. Our degree offers language options for Spanish, Arabic, Chinese, Japanese, and Pacific Rim ethnic groups.

COURSEWORK

The health education component of the degree includes the content areas of community health; epidemiology; principles of US health systems; public health; medical terminology; nutrition and dietetics; grief, loss, and death counseling; and the study of communicable and non-communicable diseases. The language options available through the degree include Spanish, Arabic, Chinese, Japanese, and the Pacific Rim languages of Vietnamese, Korean, and Thai. These linguistic focus areas represent the changing cultural demographics of the major Texas health markets. Students have the option to select electives in the academic support areas of sociology, family and consumer sciences, counseling education, and philosophy.

SCHOLARSHIPS

Students may apply for health programs scholarships and non-degree specific scholarships by completing the ScholarX online application. Transfer scholarships are available for students who would like to continue their academic career at Sam Houston. SHSU provides a quality education at an affordable cost.

INTERNSHIPS

Bilingual health care studies majors have the option to participate in a 200-hour professional internship in health services organizations.