SAM HOUSTON STATE UNIVERSITY

Bachelor of Science in Wellness Management

Ι.	University Core Curriculum (42 Hours)						
	HRS	Course		HRS	Course		
	3	ENGL 1301		3	Choose from: ARAB 2311,2312; ENGL 2332, 2333; FOLG 2311, 2312; FREN 2311, 2312; GEOG 2355, 2356; GERM 2311, 2312; HIST 2311, 2312; MCOM 1330; MUSI 1379; PHIL 2306, 2361; SGNL 2311, 2312; SOCI 2319; SPAN 2311, 2312		
	3	ENGL 1302		3	BUAD 2321, COMS 1361 or 2382		
	3	MATH 1332 or 1314		3	HIST 1301		
	4	BIOL 2401		3	HIST 1302		
	4	CHEM 1406		3	POLS 2305		
	3	HLTH 2383		3	POLS 2306		
	3	Choose from: AGRI 2399; ARTS 1301, 1302, 1303; FACS 1360; FAMC 2301; MUSI 1301, 1306, 2348, 2364		1	KINE 2115W (applies to minor)		
П.		Degree Specific Requirements (17 Hours)					
	HRS	Course		HRS	Course		
	_				000130		
	3	MATH, STAT 1369		3	FACS 2362 or 1367		
	_	MATH, STAT 1369 BIOL 2402					
	3	MATH, STAT 1369		3	FACS 2362 or 1367		
	3 4 4	MATH, STAT 1369 BIOL 2402 CHM 1407 ess Management Core (35		3 3	FACS 2362 or 1367		
	3 4 4 Welln 3	MATH, STAT 1369 BIOL 2402 CHM 1407 ess Management Core (35 HLTH 2381		3 3 r s) 3	FACS 2362 or 1367 CSTE 1330 or BUAD 1305 HLTH 3380		
	3 4 4 Welln	MATH, STAT 1369 BIOL 2402 CHM 1407 ess Management Core (35	Hou	3 3 rs)	FACS 2362 or 1367 CSTE 1330 or BUAD 1305		
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	3 4 4 Welln 3 3 3 3 3	MATH, STAT 1369 BIOL 2402 CHM 1407 ess Management Core (35 HLTH 2381 HLTH 3391	Hou	3 3 rs) 3 3 3 3 3	FACS 2362 or 1367 CSTE 1330 or BUAD 1305 HLTH 3380 HLTH 3392 HLTH 4384 HLTH 4364		
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	3 4 4 Wellr 3 3 3 3 2 3 3 2 3	MATH, STAT 1369 BIOL 2402 CHM 1407 ess Management Core (35 HLTH 2381 HLTH 3391 HLTH 3361 HLTH 4363 HLTH 4363 HLTH 4387	Image: Control of the control of t	3 3 (s) 3 3 3 3 6	FACS 2362 or 1367 CSTE 1330 or BUAD 1305 HLTH 3380 HLTH 3392 HLTH 4384 HLTH 4364 HLTH 4394 (Internship)		
□ III. □ □ □ □ □ IV.	3 4 4 Wellr 3 3 3 3 3 2 3 2 3 Wellr 3 3 3 3 3	MATH, STAT 1369 BIOL 2402 CHM 1407 ess Management Core (35 HLTH 2381 HLTH 3391 HLTH 3361 HLTH 4363 HLTH 4363 HLTH 4387 ess Management Emphas	Hou 	3 3 7 s) 3 3 3 3 6 4 Hours	FACS 2362 or 1367 CSTE 1330 or BUAD 1305 HLTH 3380 HLTH 3392 HLTH 4384 HLTH 4364 HLTH 4394 (Internship)		
. 	3 4 4 Welln 3 3 3 3 2 3 2 3 Welln 3	MATH, STAT 1369 BIOL 2402 CHM 1407 ess Management Core (35 HLTH 2381 HLTH 3391 HLTH 3361 HLTH 4363 HLTH 4363 HLTH 4387 ess Management Emphas KINE 2330	 Hour Hour<td>3 3 3 3 3 3 3 6 Hours 3 - 1</td><td>FACS 2362 or 1367 CSTE 1330 or BUAD 1305 HLTH 3380 HLTH 3392 HLTH 4384 HLTH 4364 HLTH 4394 (Internship) S) KINE 3370</td>	3 3 3 3 3 3 3 6 Hours 3 - 1	FACS 2362 or 1367 CSTE 1330 or BUAD 1305 HLTH 3380 HLTH 3392 HLTH 4384 HLTH 4364 HLTH 4394 (Internship) S) KINE 3370		
. V.	3 4 4 Welln 3 3 3 3 2 3 Welln 3 3 3 3 1	MATH, STAT 1369 BIOL 2402 CHM 1407 ess Management Core (35 HLTH 2381 HLTH 3391 HLTH 3361 HLTH 4363 HLTH 4363 HLTH 4387 ess Management Emphas KINE 2330 KINE 2330	 Hou Hou	3 3 3 3 3 3 3 6 Hours 3 - 1 3	FACS 2362 or 1367 CSTE 1330 or BUAD 1305 HLTH 3380 HLTH 3392 HLTH 4384 HLTH 4364 HLTH 4394 (Internship) S) KINE 3370 KINE 2115 (counts in core)		
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NOTES:

Degree must have 120 hours with at least 42 advanced hours (3000-4000) taken at a 4 year institution, 18 hours must be writing enhanced (W) Consult current University catalog for questions concerning transfer courses and residency requirements. HLTH 4384 must be completed prior to enrollment in HLTH 4394 (internship) HLTH 4394 (internship) is the Wellness Management Internship. Requires 400 hours of work in internship location. Internship are performed during the final semester prior to student's anticipated graduation date. 1. 2. 3. 4.

A Member of the Texas State University System

HLTH 2381	Consumer Health Education
HLTH 3219	Group Exercise Instruction
HLTH 3361	Wellness Planning and Evaluation
HLTH 3380	Drug Use and Abuse
HLTH 3391	Study of Human Diseases
HLTH 3392	Communication Skills for Health Education
HLTH 4363	Wellness Interventions
HLTH 4364	Directing Wellness Programs
HLTH 4384	Professional Preparation
HLTH 4387	Community Health
HLTH 4394	Internship Program
KINE 2114	Weight Training and Physical Conditioning
KINE 2115	Fitness for Living
KINE 2119	Kinesiology Activities
KINE 2330	First Aid: Red Cross and Instructor's Course
KINE 3370	Prevention and Care of Injuries
KINE 3373	Physiology of Exercise
KINE 4377	Principles of Exercise Testing and Prescription
BUAD 3355	Business Law
MGMT 3310	Principles of Management
MGMT 3330	Human Resource Management
MKTG 3310	Principles of Marketing