

SAM HOUSTON STATE UNIVERSITY
 Bachelor of Science in
 Wellness Management

I. University Core Curriculum (42 Hours)					
	HRS	Course		HRS	Course
<input type="checkbox"/>	3	ENGL 1301	<input type="checkbox"/>	3	Choose from: ARAB 2311,2312; ENGL 2332, 2333; FOLG 2311, 2312; FREN 2311, 2312; GEOG 2355, 2356; GERM 2311, 2312; HIST 2311, 2312; MCOM 1330; MUSI 1379; PHIL 2306, 2361; SGNL 2311, 2312; SOCI 2319; SPAN 2311, 2312
<input type="checkbox"/>	3	ENGL 1302	<input type="checkbox"/>	3	BUAD 2321, COMS 1361 or 2382
<input type="checkbox"/>	3	MATH 1332 or 1314	<input type="checkbox"/>	3	HIST 1301
<input type="checkbox"/>	4	BIOL 2401	<input type="checkbox"/>	3	HIST 1302
<input type="checkbox"/>	4	CHEM 1406	<input type="checkbox"/>	3	POLS 2305
<input type="checkbox"/>	3	HLTH 2383	<input type="checkbox"/>	3	POLS 2306
<input type="checkbox"/>	3	Choose from: AGRI 2399; ARTS 1301, 1302, 1303; FACS 1360; FAMC 2301; MUSI 1301, 1306, 2348, 2364	<input type="checkbox"/>	1	KINE 2115W (applies to minor)
II. Degree Specific Requirements (17 Hours)					
	HRS	Course		HRS	Course
<input type="checkbox"/>	3	MATH, STAT 1369	<input type="checkbox"/>	3	FACS 2362 or 1367
<input type="checkbox"/>	4	BIOL 2402	<input type="checkbox"/>	3	CSTE 1330 or BUAD 1305
<input type="checkbox"/>	4	CHM 1407			
III. Wellness Management Core (35 Hours)					
<input type="checkbox"/>	3	HLTH 2381	<input type="checkbox"/>	3	HLTH 3380
<input type="checkbox"/>	3	HLTH 3391	<input type="checkbox"/>	3	HLTH 3392
<input type="checkbox"/>	3	HLTH 3361	<input type="checkbox"/>	3	HLTH 4384
<input type="checkbox"/>	3	HLTH 4363	<input type="checkbox"/>	3	HLTH 4364
<input type="checkbox"/>	2	HLTH 3219	<input type="checkbox"/>	6	HLTH 4394 (Internship)
<input type="checkbox"/>	3	HLTH 4387			
IV. Wellness Management Emphasis (26 Hours)					
<input type="checkbox"/>	3	KINE 2330	<input type="checkbox"/>	3	KINE 3370
<input type="checkbox"/>	3	KINE 3373	<input type="checkbox"/>	-	KINE 2115 (counts in core)
<input type="checkbox"/>	3	KINE 4377	<input type="checkbox"/>	1	KINE 2119
<input type="checkbox"/>	1	KINE 2114	<input type="checkbox"/>	3	BUAD 3355
<input type="checkbox"/>	3	MGMT 3310	<input type="checkbox"/>	3	MKTG 3310
<input type="checkbox"/>	3	MGMT 3330	<input type="checkbox"/>		

NOTES:

1. Degree must have 120 hours with at least 42 advanced hours (3000-4000) taken at a 4 year institution, 18 hours must be writing enhanced (W)
2. Consult current University catalog for questions concerning transfer courses and residency requirements.
3. HLTH 4384 must be completed prior to enrollment in HLTH 4394 (internship)
4. HLTH 4394 (internship) is the Wellness Management Internship. Requires 400 hours of work in internship location. Internship are performed during the final semester prior to student's anticipated graduation date.

HLTH 2381	Consumer Health Education
HLTH 3219	Group Exercise Instruction
HLTH 3361	Wellness Planning and Evaluation
HLTH 3380	Drug Use and Abuse
HLTH 3391	Study of Human Diseases
HLTH 3392	Communication Skills for Health Education
HLTH 4363	Wellness Interventions
HLTH 4364	Directing Wellness Programs
HLTH 4384	Professional Preparation
HLTH 4387	Community Health
HLTH 4394	Internship Program
KINE 2114	Weight Training and Physical Conditioning
KINE 2115	Fitness for Living
KINE 2119	Kinesiology Activities
KINE 2330	First Aid: Red Cross and Instructor's Course
KINE 3370	Prevention and Care of Injuries
KINE 3373	Physiology of Exercise
KINE 4377	Principles of Exercise Testing and Prescription
BUAD 3355	Business Law
MGMT 3310	Principles of Management
MGMT 3330	Human Resource Management
MKTG 3310	Principles of Marketing