



SAM HOUSTON STATE UNIVERSITY
JANUARY 30TH - FEBRUARY 1ST
SHSU UNIVERSITY CAMP

FRIDAY

8:00PM

KICK OFF (CASH BAR AVAILABLE)

OPEN SCREEN - BRING YOUR OWN YOUTUBE VIDEOS

OPEN MIC - BRING MUSICAL TALENT

SATURDAY

7:00AM - 8:00AM

YOGA

8:00AM - 8:45AM

TOADS BREAKFAST

8:45AM - 9:45AM

FIRST SESSION

10:00AM - 11:00AM

SECOND SESSION

11:15AM - 11:45AM

THIRD SESSION

11:45AM - 12:45PM

LUNCH - PROVIDED BY MCKENZIE'S

12:45PM - 1:45PM

FOURTH SESSION

2:00AM - 2:30PM

FIFTH SESSION

3:00PM

ADVENTURE RACE

4:45PM

DUTCH OVEN PREP

6:45PM

DUTCH OVEN REVEAL

7:00PM

DINNER

8:00PM - 9:00PM

KEYNOTE SPEAKER - COURTNEY WEBER

9:00PM - 10:00PM

A.R. & D.O. WINNERS ANNOUNCED AND RAFFLE

FIRST SESSION

8:45AM-9:45AM - Dining Hall

CAMP INDEPENDENCE: LESSONS FROM OUTDOOR ADVENTURES WITH THE BLIND AND VISUALLY IMPAIRED.

Imagine leaning off a 30 ft. tower hooked to a zip line, but you can't quite see where the zip line ends. This is what the students of Camp Independence experience; a weeklong summer camp hosted by SFA for kids who are blind and visually impaired. This workshop explores the impact that a camp's outdoor adventure activities can have on both your program and on the needs of your community.

Speakers

Dan Harbuck & Laura Poyner-Stephen F. Austin State University – Professional

8:45AM-9:15AM - Lodge

HIKING AND CAMPING THE GREAT PARKS OF TEXAS

A short overview of the wide variety of options available for outdoor adventure in the State of Texas . Presented by Wendel Withrow, author of The Best in Tent Camping - Texas published by Menasha Ridge Press. Now in its 3rd printing.

Speaker

Wendel Withrow- Sierra Club- Professional

9:15AM-9:45AM - Lodge

LIFE ON THE TRAIL- WILDERNESS SPIRITUALITY

The outdoors, challenge courses, and outdoor recreational activities are ideal places for individuals to explore their faith and engage in a spiritual experience. For thousands of years there has been a tradition to leave civilization and enter into the wilderness for spiritual enlightenment and discipline. We will discuss the history, philosophy, and practical application of integrating spirituality to wilderness experiences for college aged students. We will then propose practical ways to incorporate spiritual components into the everyday activities of outdoor learners and outdoor educators, and how these can be effective for the individual and for the completion of institutional mission.

Speakers

Ray Small & Stephanie Davis- Baylor University- Graduate Assistant & Student

8:45AM-9:15AM - Pavilion

CHALLENGE COURSE GAMES SAMPLER

This session will consist of games that I personally use on a day to day basis to facilitate successful programs. Participants will receive a pamphlet with the games and instructions listed.

Speakers

Jessica Chumley & Brent Gibson - Sam Houston State University & Texas State University - Graduate Assistant

9:15AM-9:45AM - Pavilion

GAMES TO TEACH ENVIRONMENTAL EDUCATION

This workshop will provide participants with an overview of teaching techniques when working with youths who are interested in environmental education. Several group activities will be demonstrated with the opportunity to participate in fun thought and movement oriented games.

Speaker

Charlie Jordan - Stephen F. Austin State University - Student

8:45AM-9:45AM - Amphitheater

INTO THE PAST

My career in paleontology was driven by an early interest in the both the animals of the past and the outdoors. My talk will take a look at how these interests developed and the general focus of my current research program. I will then highlight the many ways that the outdoor recreation program at Sam Houston State University has facilitated my research. In particular I will discuss how my research expeditions to Botswana were supported. These expeditions were into very remote parts of Africa and the logistics for getting large groups of scientists to the localities was daunting. Likewise, my primary interest, collecting fossils, required caving in unknown and dangerous caves. The outdoor recreation staff assisted with pre-expedition planning and training, logistics for moving the team, camp support, caving, and the collection of a variety of biological and paleontological data. The goal of my talk is to highlight the importance of this collaboration between my team of researchers and the experts at outdoor rec in completing the project safely and with great scientific success.

Speakers

Dr. Patrick Lewis - Sam Houston State University - Professional

8:45AM-9:45AM - Raven Room

WHAT NEXT? PROFESSIONAL DEVELOPMENT FOR STUDENT TRIP LEADERS

After years on the job, you have finally learned that you ARE cool. You've mastered your paddle strokes, and you can expertly facilitate a group. What next? This presentation will cover what two former student trip leaders learned and experienced during their time with a university outdoor program and how those things impacted their professional development and future careers.

Speakers

Angela de los Santos & Kyle Tilton - University of Texas - Graduate Assistants

SECOND SESSION

10:00AM - 11:00AM - Dining Hall

OUTDOOR AMBASSADORS CONNECT MILLENNIALS TO OUTDOOR RECREATION

Today's college students are tomorrow's environmental stewards. Or at least we hope so. Young adults are a rare sight at many Texas State Parks. The Texas State Park Ambassador program empowers 16-26 year olds to make a change in how their community connects with the outdoors. Volunteer ambassadors use social media, event planning and other outreach strategies to encourage their peers to be more active in the outdoors.

Speakers

Ky Harkey & Karen Zimmerman - Texas State Parks - Professionals

10:00AM - 11:00AM - Lodge

INDIVIDUALS WITH DISABILITIES PARTICIPATING IN OUTDOOR ADVENTURE PROGRAMS

This will be an hour long session in which I will share the background of this study, talk about how to run an integrated trip, followed by a group discussion about the topic, and some of the associated challenges and benefits to integrated outdoor adventure programming.

Speaker

Erin Daniels - University of Houston - Graduate Assistant

10:00AM - 11:00AM - Pavilion

20 STRUGGLES IN GRAD SCHOOL THAT ARE SO REAL THAT "YOU CAN'T EVEN"

This presentation will give participants "a guide" that will help prepare them for the transition from "undergraduate student workers" into workplace professionals. In this session, we will discuss the challenges that young professionals often must confront in their first professional job and offer suggestions for managing them. We will look at topics such as workplace etiquette, time management, conflict management, establishing respectful boundaries among peers and co-workers, and many other issues. We will also highlight advice from a variety of current recreational professionals. During the session, participants will have the opportunity to personally reflect upon why their career path "calls them," and how to maintain a sustainable career in the field of recreation.

Speakers

Megan Hale & Mairead O'Hara- Sam Houston State University- Graduate Assistant

10:00AM - 11:00AM - Amphitheater

ASK A LAWYER

Don't miss your chance to ask a Board Certified Attorney those tough questions which can occur in running or participating in outdoor adventures. We will cover the basics and then open up the discussion to hear your concerns. Topics to be covered include what needs to be in the registration documents to what liability exists for a serious personal injury or death.

Speaker

Wendel Withrow- Sierra Club- Professional

10:00AM - 11:00AM Raven Room

CALL OF THE WILD: CONNECTING TO THE NATURAL ENVIRONMENT AROUND YOU

To connect to the natural environment takes more than enthusiasm and the spirit of adventure. A deep understanding, a true connection that comes from knowing what's around you: the plants, the rocks, the animals and their calls. Come learn the power of a deeper connection and gain resources for continuing to expand your knowledge.

Speaker

Angela Elgin- Texas State University- Graduate Assistant

THIRD SESSION

11:15AM - 11:45AM Dining Hall

LONGHORN STREAM TEAM - PROGRAM PRESENTATION

The University of Texas Longhorn Stream Team is a citizen science initiative formed through a partnership with the Meadows Center for the Environment at Texas State University. We have trained 10 volunteer students to run different rivers in Texas, collecting water quality data and reporting to the Texas Commission for Environmental Quality. We believe that many outdoor programs could successfully host a stream team program and want to showcase what we have done in our first semester. We will cover how we started the organization, guidelines to running a Stream Team and problems we have faced and overcome in hopes of expanding the program in the future.

Speakers

Sebastian Munoz, Ellie Friedmann, Hannah Puckett- University of Texas – Students & Graduate Assistant

11:15AM - 11:45AM Lodge

CHANGE HOW YOU GET WORK DONE: 20 APPS AND SITES TO RADICALLY IMPROVE WORKFLOW

Want to spend less time in the office and more time in the field? This adaptation of Matt Marcus' 30 Technologies presentation from AORE will cover 20 applications and websites that work extremely well for the outdoor industry. The presenters will cover one app per minute saving the last 10 minutes to answer questions or focus on particular technologies that attendees were interested in learning more about.

Speakers

Ian Brown, Clay Blackburn, Barrett Pace & Buck Schroeter- Angelo State University- Professional & Students

11:15AM - 11:45AM Pavilion

BLISTER BOO BOO CARE

You may be a WFR or have CPR training. But when was the last time you splinted a broken tib fib or used CPR? These are incredibly important skills, and we should all know them, but we need to recognize the most common injury - blisters. Come learn how to avoid and treat blisters like a pro.

Speakers

John Brothers & Andrew Watson- Baylor- Students

11:15AM - 11:45AM Amphitheater

THE TEXAS WATER SAFARI AND DIY CARBON FIBER CANOES

He built the boat that allowed his daughter to be the youngest female finisher in the Texas Water Safari. He designs and constructs carbon fiber racing boats. Learn about the design and construction process and get a close up look at his boats.

Speaker

Jim Weber- Riverside, TX- Boat Enthusiast

11:15AM - 11:45AM Raven Room

A STUDY ON LEADERSHIP STYLES

Finding and applying your leadership style using an interactive look at NOLS leadership styles.

Speakers

Melissa Perkins & Courtney Carroll- Texas A&M University- Students

FOURTH SESSION

12:45PM - 1:45PM - Dining Hall

THE SAN MARCOS RIVER; AN URBAN OASIS

We are providing knowledge about the San Marcos River, from trips, to protecting it, to the species that thrive off of the river. It will be very informative and beneficial to anyone that ever wants to come explore this urban oasis.

Speakers

Gary Menchaca & Ernest Torres- Texas State University- Students

12:45PM - 1:45PM - Lodge

HEADWINDS BUILD CHARACTER AND OTHER LIFE LESSONS LEARNED ON AN ALASKAN RIVER

What happens when a married couple travels 3 days and 47 river miles through the Alaskan wilderness in 1 boat; LIFE. Experience the story of this awesome journey as it illustrates adventure, personal growth, perseverance and what calls you forward through life's opportunities and challenges.

Speaker

Lara Patterson- Sam Houston State University- Professional

12:45PM - 1:45PM - Pavilion

FACILITATOR'S BAG

This presentation focuses on a bag that a facilitator can put together with the intention of having at least a half day's worth of activities for a group not on a challenge course. The contents of the bag will be discussed, a sample outline will be presented, and some activities will be demonstrated.

Speaker

Chase Turnbow - Baylor University - Student

12:45PM - 1:45PM - Amphitheater

NEVER EAT SOGGY WAFFLES: LESSONS IN LAND NAVIGATION SKILLS

Nobody likes soggy waffles, but who doesn't love a delicious syrupy waffle?! This is a fun and interactive way of learning the ins and outs of compasses and land navigation. Learn the parts of a compass, how to shoot bearings and successfully complete a navigation course.

Speakers

Katy Johnson & Jessie Dickerson - Southern Illinois University Carbondale - Students

12:45PM - 1:45PM - Raven Room

BUILDING A ROCK CLIMBING CURRICULUM

After the renovation of The University of Texas at Austin's climbing wall, student participation grew by 200%. This new level of interest in rock climbing classes, semester passes, and outdoor trips inspired two students to enhance and develop new rock climbing classes to better serve the needs of students. Coincidentally, this all happened during the implementation of the Division of Student Affairs new Strategic Plan, which opened the door for the Climbing Wall to design programs to better serve the Division.

Speakers

Emily Abrahms & Sean Moorhead - University of Texas - Graduate Assistant & Student

FIFTH SESSION

2:00PM - 2:30PM Dining Hall

GOING BEYOND THE HANDSHAKE: HOW OUTDOOR RECREATION BUILDS RELATIONSHIPS

Roundtable discussion examining the unique characteristics of Outdoor Recreation experiences and how those characteristics develop relationships and teams on a more personal level.

Speaker

Outdoors Staff- Sam Houston State University- Students

2:00PM - 2:30PM Lodge

WHAT CALLS ME? THE ROCKS

Geology is not learned through the seat of the pants, but through the soles of the shoes/boots. In southeast Texas, there are few opportunities for students to actually get out and see rocks in the field. Therefore, we have to travel great distances to study the relationships of rock units in a field setting. The geology department at Sam Houston State University takes field trips over spring break to the Grand Canyon and Spain on alternating years. We will explore a recent field trip where two professors led 19 students on a geologic excursion to the desert southwest and Grand Canyon. We will discuss how you may be able to incorporate geology into your outdoor excursions.

Speaker

Dr. Pat Harris - Sam Houston State University - Professional

2:00PM - 2:30PM Pavilion

PROPER WARM UP AND STRETCHING

Are you sore, achy, or feel injured after you participate in climbing, hiking, or other outdoor activities? There is a good chance that you are not warming up enough or stretching correctly before and after your activity. Come learn how to properly warm up and stretch before and after activities!

Speaker

Scott Berkowitz, Alex Moore, & Alec Haeberly - Sam Houston State University- Professional & Students

2:00PM - 2:30PM Amphitheater

SACRED SPACE IN THE OUTDOORS

For many of us, our adventures in the outdoors have had a very profound impact on who we are. We might even say that some of our time in nature has felt like a spiritual experience. Many of us have different faith backgrounds. Regardless of our different faiths, how are we allowing our time in the outdoors to speak to us in a deeper way? I am interested in a round table discussion about the ways we are using silence and reflection in our outdoor programs so that our students can deepen their spiritual life. We will spend a few minutes in silence at the start of the discussion.

Speaker

Dan Harbuck - Stephen F. Austin State University - Professional

2:00PM - 2:30PM Raven Room

HOW TO SPEAK THE LANGUAGE OF HIGHER ED

Learn what is important to higher education professionals and how you can frame your great information in a way that shows it as credible and important to those outside of the field.

Speaker

Jaron Rider- Sam Houston State University- Professional

