



SHSU KATFACTS

BEST
COLLEGES
..... FOR THE
MONEY

OVER
EIGHTY
UNDERGRADUATE
DEGREES & COUNTING

FACULTY
--- TO ---
STUDENT
RATIO
1:25

 MORE THAN
230
STUDENT
ORGANIZATIONS

COMMUNITY ENGAGED
UNIVERSITY

Other academic programs offered by
the Department of Population Health:

- Bilingual Health Care Studies, BA
- Health Care Administration, BS
- Health Sciences, BS
- Public Health, BS
- Minor in Health

Sam Houston State University

Department of Population Health
Box 2194 | Huntsville, TX 77341-2194
shsu.edu/wellnessmgmt
1-866-BEARKAT



WELLNESS MANAGEMENT

Bachelor of Science



shsu.edu/wellnessmgmt

SAM HOUSTON STATE UNIVERSITY

MEMBER THE TEXAS STATE UNIVERSITY SYSTEM



WELLNESS MANAGEMENT

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POSSIBLE CAREERS FOR WELLNESS MANAGEMENT MAJORS

- Nursing Homes
- Hospitals
- Corporations
- Communities
- Government Agencies

BACHELOR'S DEGREE IN WELLNESS MANAGEMENT

The Bachelor of Science in wellness management prepares you to design, develop, implement, and maintain health and wellness initiatives in a wide variety of settings. Nursing homes, hospitals, corporations, and government agencies have seen the effects a wellness program can have on their residents and employees, which is creating an increase in demand for wellness managers.

The major objectives of the wellness management program are understanding the major health problems that face Americans and the role that corporate and community wellness programs play in addressing these problems; planning and development of comprehensive wellness programs; establishing effective wellness programs; facilitating, teaching, and promoting wellness program content areas; managing and directing staff, facilities, and budgets of wellness programs; and applying health care economic principles to community, corporate, and hospital wellness programs.

REQUIREMENTS

Students must earn a grade of "C" or better in certain classes, including their internship preparation and internship courses. The wellness management major includes an interdisciplinary component in which students will take courses in kinesiology, athletic training, management, marketing, and business law.

Minor: A minor is not required for this degree.

SCHOLARSHIPS

Once accepted, students may apply for relevant scholarships by completing the Scholarships4Kats online application. Transfer scholarships are available for students who would like to continue their academic career at Sam Houston State University.

INTERNSHIPS

Wellness management majors may choose from a variety of health care organizations to complete a required 400-hour professional internship.