Diamond Way Buddhist Meditation Group

The Diamond Way Buddhist Student Group at Sam Houston State University is part of an international network of over 650 meditation centers in the Karma Kagyu tradition of Tibetan Buddhism. The centers were founded and are directed by Lama Ole Nydahl according to the wishes of H. H. 16th Karmapa. They are now under the spiritual guidance of H. H. 17th Gyalwa Karmapa, Trinley Thaye Dorje.

The group's mission is to share Diamond Way teachings and meditations for all to benefit. The group functions with a democratic structure and function through unpaid, voluntary work on the basis of idealism and friendship. The members share the responsibility for guiding meditations, answering questions and passing on the teachings.

UPCOMING EVENTS

Freedom In Every Day Life from the perspective of Tibetan Buddhism

A lecture with Dr. Jeff Su

Monday, March 21st
7:00 PM
CHSS Room #140
(Co-located in Humanities and Social Science Building)

Our moments of real joy, where things are simply right, are not caused by chasing happiness and seeking to fill our mind with pleasant impressions. They appear when we forget to expect or fear... and just relax. Then mind recognizes timeless nature.

Lama Ole Nydahl

Buddhist Meditation for Western Minds

Everyone is welcome to join!

Weekly Meditation every Tuesday at 7:00 pm

Venue:
2424 Montgomery, Huntsville, TX 77340
Next to campus at the University Club Paper Moon Apts. boiler room (SHSU Honors south) and P18 green area. Next door to SHSU's sand volleyball court. Over from bridge to 3rd floor off of Willow St.

Weekly Schedule:
• 10 minute introduction talk
• 20-25 minute guided meditation
• 10-15 minute unguided meditation
• 20 minute Q & A session

Details:
Call/text for parking passes by 4 pm

About Diamond Way:
Diamond Way Buddhist Student Group SHSU is a part of an international non-profit network of over 650 meditation centers in the Karma Kagyu tradition of Tibetan Buddhism. These centers were founded and are directed by Lama Ole Nydahl according to the wishes of H.H. the 16th Karmapa, Trinley Thaye Dorje. They are currently under the spiritual guidance of H.H. the 17th Gyalwa Karmapa, Trinley Thaye Dorje.

diamondway.org/huntsville
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www.diamondway.org/huntsville