Leap®

Its back moves as your back moves. Its arms move as your arms move. Its seat moves as your seat moves. It’s the first chair that actually changes shape to mimic and support the movement of your spine. Thanks to its advanced technology and extraordinary comfort, the Leap chair is a proven technology... a healthier way to sit.

**Adjustable Headrest**
Grasp the headrest and move up or down to adjust the height to meet your preferred level of comfort.

**Height / Width / Pivot / Depth Adjustable arms**
Lift button under arm caps to adjust height. To adjust arm cap position, grasp arm caps and slide or pivot in any direction. Your elbows should stay close to your sides and your wrists straight.

**Adjustable lumbar**
For additional back support, grab both handles and slide up or down. Position the lumbar to fit comfortably into the curve of your lower back.

**Upper back force**
Turn the knob forward to increase tension. Turn the knob backward to decrease tension.

**Lower back firmness**
Turn the knob forward to increase firmness. Turn the knob backward to decrease firmness.

**Seat height**
To raise the chair, lift your body weight and pull lever up. To lower the chair, stay seated and pull lever up.

**Seat depth**
Lift lever and hold, slide seat forward or back, and release lever to lock. With your back against the chair, you should have 2”–3” of space between the back of your knees and the seat edge.

**Back stop**
Set recline angle by rotating the paddle to any of the five positions. When the paddle is horizontal, the back will allow you to fully recline.

*Optional features (may not be included in your chair)*

The Leap chair received Silver Cradle to Cradle™ Product Certification from MBDC. In addition, Leap is SCS Indoor Advantage™ certified for indoor air quality and is up to 94% recyclable.

For an interactive guide to help you adjust your Leap chair visit steelcase.com/leap. For care and maintenance information, call your Steelcase dealer or 800.333.9939.