

G.P.A. for Success

Goal, Plan, Action






Set Goals

1)

2)

3)

Are your goals S.M.A.R.T.?

-  Specific
-  Measureable
-  Achievable (with a stretch)
-  Relevant
-  Time-Specific

Make a Plan

Positive Factors that Will Help you Achieve your Goals	Negative Factors that Will Make it Difficult to Achieve your Goals

Take Action!

Set deadlines to check in with yourself and chart your progress.

Deadline	Progress Report