Undergraduate programs offered through the School of Music:

- Composition Track, BM
- Music, BA
- Music Education Track – Instrumental, BM
- Music Education Track – Instrumental String, BM
- Music Education Track – Choral, BM
- Music Therapy, BA
- Performance Track – Instrumental, BM
- Performance Track – Vocal, BM
- Performance Track – Piano, BM
- Minor in Music

Graduate programs offered through the School of Music:

Master of Music (M.M.) with emphasis in:

- Choral Conducting
- Collaborative Piano/Chamber Music
- Composition
- Instrumental Conducting
- Instrumental Performance
- Music Therapy
- Musicology
- Piano Performance
- Vocal Performance
SERVICES

Our clinic is located on the beautiful Sam Houston State University campus in Huntsville, Texas. We accept referrals by phone and schedule initial assessment sessions which lead to treatment recommendations. Sessions are conducted primarily by students under the direct supervision of board-certified music therapists.

Services are free of charge for qualifying individuals.

CONTACT US

SHSU Music Therapy Clinic
Academic Building I, Rm 201
*Parking Garage located on Avenue I
936-294-3972 | 1-866-BEARKAT
musictherapy@shsu.edu

WHAT IS MUSIC THERAPY?

The American Music Therapy Association defines music therapy as “the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program.” It has been recognized as an organized profession since 1950.

Music therapy sessions may be conducted in individual or group formats and may involve singing, instrument playing, movement exercises, songwriting, listening and responding, or music combined with other art forms. Techniques are chosen based on individual strengths, needs, and interests.

BENEFITS

Music therapists use music’s effects on the brain to bring about improvement in motor skills, communication, cognitive processes, and social/emotional health.

Specific benefits may include:
- Enhanced memory recall
- Heightened attention to task
- Improved walking patterns
- Development of healthy social interaction and relationship
- Improved speech and communication
- Development of healthy self-image
- Decreased anxiety
- Decreased perception of pain
- Improved mood
- Better coping skills

CLIENTS

Our clients consist of children, adolescents, and adults experiencing the effects of strokes, brain injuries, Alzheimer’s Disease, Parkinson’s Disease, developmental disabilities, mental health challenges, illnesses, or situational challenges necessitating additional support.

Clients do not need to be musically inclined—they only need to have a positive response to music. An initial assessment will help determine the styles of music and the treatment procedures that will be most effective.

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