

William V. Hyman, Ph.D  
College of Health Sciences  
Sam Houston State University

**Office Address**

Department of Health Services and Promotion  
Sam Houston State University  
Huntsville, TX 77341-2176  
(936) 294-1212

**Education**

Texas A&M University	Ph.D.	1987
Baylor University	M.S.	1980
Baylor University	B.S.	1979

**Honors**

SHSU Department of Athletics Service Recognition, 2015  
Alpha Chi Honor Society – Excellence in Teaching Recognition, 2014  
College of Education Excellence in Service Award, 2012  
SHSU ACE Engaged Scholar, 2010 – 2012  
Member - National Golden Key Honor Society

**Academic Positions**

Present	Professor of Population Health Director – Bachelor of General Studies Program Director – Wellness Management Program Sam Houston State University
1995 – 2001	Associate Professor
1989 – 1995	Assistant Professor
1988 – 1989	Instructor
1987 – 1988	Lecturer
1989 – 2003	Health Program Coordinator (graduate and undergraduate)
2009 – 2016	Health Graduate Coordinator
1986 – 1987	Lecturer, Health Education Texas A&M University
1984 – 1986	Graduate Teaching Assistant, Health Education Texas A&M University
1980 – 1984	Teacher/Coach, Health and Physical Education Spring Branch Independent School District

1979 – 1980

Graduate Teaching Assistant, Physical Education  
Baylor University

### Research/Grant Activity

Henderson, C., **Hyman, B.**, and Oden, G. (2015) A Component Analysis of Physical Activity and Personalized Feedback Interventions for College Student Alcohol Use. SHSU Enhancement Research Grant – (in review) \$15,000.

**Hyman, B.** (2013). In-kind grant from S&S Worldwide. Equipment for Rwanda schools to support Physical Activity Programs using CATCH Curriculum. \$400.

Henderson, Craig, **Hyman, B.**, and Oden, G. (2012) Physical Activity, Feeling States, and Substance Use in College Students. SHSU Enhancement Research Grant - \$15,000. (not funded)

Choi, J.Y, **Hyman, B.**, and Tripp, P. (2011) Combating Rural Childhood Obesity: A Community- Based Sustainable Action Plan. Funding Agency: National Institute of Health (NIH): R21 Two year project: \$353,433 (not funded)

Oden, G. and **Hyman B.** (2003 – 2005). Evaluation of the Health Link Employee Health Promotion Program at Aker Kvaerner. \$52,430.00

**Hyman, B.** (2005) Texas Bicycle Coalition Education Fund. \$2000.

### Publications

#### **Refereed**

**Hyman, B.**, Brown, S., and Stone, K. *E-cigarettes and Vaping: Strategies for Health Educators.* (in review - Drugs: Education, Prevention, and Policy.)

Hurst, J., **Hyman, B.**, and Stone, K. (2016) Elder Malnutrition in Long-term Care Facilities and its Future Implications. *The Director.* (in press)

Wagner, M.C., Oden, G.L., Glave, A.P., and **Hyman, W.V.** (2014) Development of agility utilising a multidimensional modality of plyometrics. *Journal of Fitness Research.* 3(14) 49 – 59.

**Co-PI for the project with Dr. Oden.**

Chapman, W.R., Oden, G. L., **Hyman, W.V.**, and Wagner, M.C. (2013) The effect of activity fees on participation of students in athletic extracurricular activities. *Applied Research in coaching and Athletics Annual*, Volume 28.

**Hyman, Bill.** (2011) Eat this, not that: Teaching healthy food choices to youth. *AAHE Health Education Teaching Techniques Journal.* (1), 104-110.

- Hyman, Bill**, Oden, G, and Wagner, M. (2010). The aging process: Physiological changes and implications for educators and practitioners. *Activities, Adaptation, & Aging* 34:148-153.
- Spradlin, K., Bass, M., **Hyman, W.**, and Keathley, R. (2010). Skin cancer: Knowledge, behaviors, and attitudes of college students. *Southern Medical Journal*, 103(10), 999-1003.
- Hyman, Bill** and Edgington, William D. (2009) Using Food Capitals to Teach Social Studies and Nutrition. *The Social Studies Texan*. 25(3) . 48-49.
- Hyman, Bill**, Kooi, K., and Ficklen, D. (2008). Bariatric Surgery in Adolescents. *Journal of School Health*. 78(8). 452-454.
- Hyman, Bill**. (2008). Integrating Math and Nutrition Education: Teaching with the FDA Food Label. *American Journal of Health Education*. 39(2). 113-117.
- Edgington, Bill and **Hyman, Bill** (2005) Using Baseball to Aid in Social Studies Instruction: Addressing the Five Fundamental Themes of Geography. *The Social Studies*. 96(3). 113-117.
- Hyman, Bill**. (2002). What's for lunch: Ideas for nutrition education. *American Journal of Health Education*. (33) 6, pp. 373-375.
- Hyman, Bill**. (1998). Fostering self esteem in the classroom. *Journal of Health Education*. (29)5, pp. 322-324.
- Hyman, Bill** & Oden, G. (1998). Let the buyer beware: Ideas for improved consumerism. *Journal of Health Education*. (29)1, pp. 37-39.
- Hyman, Bill**. (1996). Enhancing your health class with humor. *Texas Association for Health, Physical Education, Recreation, and Dance Journal*. (65)1, 17-19.

#### **Non-refereed**

- Oden, Gary, and **Hyman, Bill**. (2007) Final Report: Evaluation of the Health Link Employee Health Promotion Program at Aker Kvaerner.
- Oden, Gary, and **Hyman, Bill**. (2006) Annual Report: Evaluation of the Health Link Employee Health Promotion Program at Aker Kvaerner.
- Oden, Gary, and **Hyman, Bill**. (2005) Annual Report: Evaluation of the Health Link Employee Health Promotion Program at Aker Kvaerner.
- Hyman, Bill**. (2002). Program Review for Health Education. Prepared for National Council for Accreditation of Teacher Education.
- Hyman, Bill**. (1998). Confessions of a simple minded writer. IN D. Dowdey, B.Jones,

& K. Pannell (Eds.), *TR5: An Introduction to Research Writing*. (pp. 495-497).  
Needham Heights: Simon & Schuster.

**Hyman, Bill.** (1998). Enhancing your health class with humor. IN D.Dowdey, B. Jones,  
& K. Pannell (Eds.) *TR5: An Introduction to Research Writing*. (pp. 498-501).  
Needham Heights: Simon & Schuster.

### Books

**Hyman, Bill** and Oden, G. (2014) *Lifetime Health and Wellness*. Dubuque: Kendall  
Hunt.

Adapted from: **Hyman, Bill**, Oden, G., Bacharach, D., and Sebesta, T. (2011)  
*Fitness for Living – 4<sup>th</sup> edition* – Dubuque: Kendall-Hunt Publishing Company.

**Hyman, Bill.** (2013) *Current Issues in Child and Adolescent Health*, 3<sup>rd</sup> edition. Kendall  
Hunt Publishing Company.

**Hyman, Bill.** (2012). *The Big Time Games Book*. Xlibris Publishing.

**Hyman, Bill**, Oden, G., Bacharach, D., and Sebesta, T. (2011) *Fitness for Living – 4<sup>th</sup>  
edition* – Dubuque: Kendall-Hunt Publishing Company.

**Hyman, Bill**, Oden, G. Bacharach, D. & Sebesta, T. (2006). *Fitness for Living –  
3<sup>rd</sup> edition*. Dubuque: Kendall-Hunt Publishing Company.

**Hyman, Bill**, Oden, G. and Bacharach, D. (2005). *Fitness for Living – Electronic  
textbook – 1<sup>st</sup> edition*. Dubuque: Kendall Hunt.

**Hyman, Bill.** (2003). *Current Issues in Child and Adolescent Health*, 2<sup>nd</sup> edition.  
Dubuque: Kendall Hunt.

**Hyman, Bill.** (2000). *Current Issues in Child and Adolescent Health*. Dubuque: Kendall  
Hunt.

**Hyman, Bill**, Oden, G. Bacharach, D. & Collins, R. (2000). *Fitness for Living –  
2<sup>nd</sup> edition*. Dubuque: Kendall-Hunt Publishing Company.

**Hyman, Bill**, Oden, G., Bacharach, D. & Collins, R. (1999). *Fitness for Living*.  
Dubuque: Kendall Hunt.

### Selected Textbook Citations

Karten, T.J. (2007). *More inclusion strategies that work: Aligning student strengths with  
standards*. Thousand Oaks, CA: Corwin Press, p. 169, 194.

## Professional Presentations

### National/International

Zuniga, M., Brown, S., Scarbrough, A., **Hyman, W.**, Turner, J., and Keathley, R. (2016) Assuring a competent public and personal health care workforce for Texas. Texas Public Health Association Annual Conference, Galveston, Texas.

**Hyman, Bill** (2015). *Wellness Management: The Key to Population Health*. 1<sup>st</sup> Annual SHSU-UNIBE International Health Sciences Conference  
UNIBE and Sam Houston State University College of Health Sciences, San Jose, Costa Rica.

**Hyman, Bill**, Edgington, W., and Oden, G. (2015). *Developing Wellness Interventions*. Hawaii International Conference on Education, Honolulu, Hawaii.

Edgington, Bill and **Hyman, Bill**. (2015). *Implementing Professional Dispositions and Behavior with Pre-Service Teachers*. Hawaii International Conference on Education, Honolulu, Hawaii.

Henderson, C., Manning, J., Tomei, J., Spies-Upton, S., Mena, C., Fraser, T., Oden, G., & **Hyman, B.** (2014, August). Relationships between Daily Physical Activity, Mood, and Alcohol Use Among College Students. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

**Hyman, Bill**. (2014) Using CATCH Curriculum to Develop Physical Activity Stations with Limited Equipment, Remera Primary School, Kigali, Rwanda.

**Hyman, Bill**. (2013) Using CATCH Curriculum to Develop Physical Activity Stations with Limited Equipment, Murundi Secondary School, Murundi, Rwanda.

Oden, Gary and **Hyman, Bill**. (2011) Incorporating Distance Learning into the Kinesiology Curriculum – Samford University, Birmingham, AL.

**Hyman, Bill**. (2011) Innovations in Technology –Meeting the Needs of Today’s Learners. Symposium for McGraw- Hill Publishing Company – New York.

**Hyman, Bill**. (2010) The importance of prevention in public health. Presented to the clinical staff at the Zambia-Emory HIV Research Project, Lusaka, Zambia.

**Hyman, Bill**, Edgington, W., and Oden, G. (2010). *Utilizing Eat This, Not That to Teach Nutrition*. Hawaii International Conference on Education, Honolulu, Hawaii.

Edgington, Bill, Oden, G, and **Hyman, B.**(2010). *Implementing the Teacher Work*

*Sample in a Teacher Preparation Program: Process and Product.* Hawaii International Conference on Education, Honolulu, Hawaii.

Oden, Gary, **Hyman, B.** and Edgington, B. (2010). *The Answer Man.* Hawaii International Conference on Education, Honolulu, Hawaii.

**Hyman, Bill** (2009). *Eat This, Not That: Having Fun with Nutrition Education.* Presented at annual national conference for the American Alliance for Health, Physical Education, Recreation, and Dance. Tampa, FL.

Bass, Martha, Keathley, Rosanne, **Hyman, Bill**, and Casey, Susan. (2008) *The Shattered Lives Program: Perceptions and Behavior Modifications Among Participants.* National Conference of the American Alliance for Health, Physical Education, Recreation, and Dance. Ft. Worth, Texas.

Bass, Martha, Keathley, Rosanne, **Hyman, Bill**, and Casey, Susan. (2008) *Parental Perceptions After Participating in the Shattered Lives Program.* National Conference of the American Alliance for Health, Physical Education, Recreation, and Dance. Ft. Worth, Texas.

Edgington, Bill and **Hyman, Bill.** (2008). *Take Me Out to the Ballgame: Using Baseball to Teach the Five Fundamental Themes of Geography.* Hawaii International Conference on Education, Honolulu, Hawaii.

**Hyman, Bill** and Edgington, Bill. (2008). *Integrating Nutrition and Social Studies Using World Food Capitals.* Hawaii International Conference on Education, Honolulu, Hawaii.

Edgington, William, and **Hyman, Bill.** (2007). *Making Geography Relevant to Students: The Five Fundamental Themes and Baseball.* National Council for the Social Studies, San Diego, CA.

**Hyman, Bill**, and Oden, Gary. (2006). *Using World and Regional Food Capitals to Teach Nutrition and Geography.* National Conference for American Alliance for Health, Physical Education, Recreation, and Dance, Salt Lake City , Utah.

Oden, Gary, and **Hyman, Bill.** (2006). *Everything Incorporated: Planning Employee Wellness Programs.* National Conference for American Alliance for Health, Physical Education, Recreation, and Dance, Salt Lake City , Utah.

**Hyman, Bill**, and Oden, Gary. (2005). *Little Things Add Up – Integrating Lessons on Healthy Snacking into Math Education.* National Conference for American Alliance for Health, Physical Education, Recreation, and Dance, Chicago, Illinois.

Oden, Gary and **Hyman, Bill** (2005). *The Answer Man.* National Conference for American Alliance for Health, Physical Education, Recreation, and Dance, Chicago, Illinois.

**Hyman, Bill.** (April, 2002). *Am I the gluteus maximus?* American Alliance for Health,

- Physical Education, Recreation, and Dance Annual Convention, San Diego, CA.
- Hyman, Bill.** (2001) *Caveat Emptor*. American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, Cincinnati, Ohio.
- Hyman, Bill.** (1999). *The Big Bad Buffet Line: Teaching Ideas for Nutrition*. American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, Boston, MA.
- Hyman, Bill, Peters, J. & Reed, J.** (1997) *Alcohol Consumption Patterns and Knowledge of University Policies Among College Students*. Southern District American Alliance for Health, Physical Education, Recreation, and Dance. New Orleans, LA.

### **State/Local**

- Hyman, Bill. (2007). Popular diet myths. Presented as part of Words of Wisdom series sponsored by the University Wellness Committee.
- Hyman, Bill. (2007). Popular diet myths. Presented to Physical plant employees at the request of Mark Shiflett.
- Edgington, W.D. and Hyman B. (2005) *A home run: Using baseball to teach geography*. State Conference of Texas Council for The Social Studies. Galveston, Texas.
- Hyman, Bill (1999). *High Level Health: It's a Few Short Steps Away*. Rise to the Top Conference – Region VI Educational Service Center, Huntsville, TX.
- Hyman, Bill. (1999). *Choosing a Career in Health Education*. Piney Woods AHEC Health Careers Camp, Huntsville, TX.
- Hyman, Bill. (1998). *Choosing a Career in Health Education*. Piney Woods AHEC Health Careers Camp. Huntsville, TX.
- Hyman, Bill. (1997). Campus Wellness. Regional All-Well Conference, Huntsville, TX.
- Hyman, Bill. (1997). *Choosing a Career in Health Education*. Piney Woods AHEC Health Careers Camp. Huntsville, TX.
- Hyman, Bill. (1996). *Steps to Cancer Prevention*. Windham School District, Huntsville, TX.

### **Service**

#### **University**

- |                                      |           |
|--------------------------------------|-----------|
| Student Success Collaborative        | (current) |
| Chair - Athletics Advisory Committee | (current) |
| (Member 2008-2012)                   |           |

Chair - Standing Faculty Tenure Committee (Member 2008-2011)	(2010-2011)
Liaison Officer, SHSU Emergency Operations Group (Member since 2007)	(current)
Convocations Committee (Member since 1990)	(current)
Honors Council (Member since 2011)	(current)
Baptist Student Ministries – Faculty Sponsor	(current)
NCAA Self –Study Steering Committee	(2008 - 2010)
NCAA Self –Study Sub-committee Governance and Commitment to Rules Compliance (chair)	(2008 - 2010)
Southern Association for Colleges and Schools (SACS) Steering Committee	(1997-1999)
Library Self-study Committee for SACS – Committee Chair	(1997-1999)
Calendar Committee	(2004-2005)
Institutional Effectiveness Committee	
Academic Affairs Council	

#### College

Chair – Tenure and Promotion Committee	(2014 – present)
Chair - Academic Review Panel	(current)
Graduate Recruitment Committee	(current)
NCATE – Standard Five Self-study Committee	(2008-2010)
Research Committee	
Professional Development Committee	
Teacher Reorganization Council	
Curriculum Committee	
Graduate Committee	
Curriculum Degree Requirements Review Committee (alternate)	

#### Department

Search Committees	
Chair	2014
Public Health	2014
Health Care Administration	2014
Health Curriculum Committee	(current)

#### Previous College Service

Chair - Promotion and Tenure Advisory Committee	
Chair - Facilities Committee	
Chair - Health Awards Committee	
Technology/Web Enhancement Committee	
Grade Appeals Committee	
Health Curriculum Committee	
Safety Committee	



KINE 2115 Committee  
Chair - Graduate Curriculum Ad Hoc Committee – Chair  
Release Time Committee

**Community Service**

Volunteer, (2008). American Red Cross Shelter Volunteer and Security for Hurricane Ike.

Volunteer, (2005). American Red Cross Shelter Volunteer and Security for Hurricane Katrina and Hurricane Rita.

Director, (2005), Texas Super College Project – Texas Bicycle Coalition Education: Bicycle safety training at SHSU, February, 2005.

Consultant (2004). State Board of Educator Certification – Passing Standards Review Board for Health Education K-12 TExES, (October 2004).

Consultant (2004). State Board of Educator Certification – Framework and Item Validation for Health Education K-12 TExES. (January 2004)

Consultant, (2003-present) North Harris Montgomery Community College District, Human Services Advisory Committee.

Presider, 2002, American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, San Diego, CA.

Presider, 2001, American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, Cincinnati, Ohio.

Editorial Review Board, 1998, Texas Association for Health, Physical Education, Recreation, and Dance Journal.

School Health Education Advocate, 1997 – present, American Association for Health Education.

Presider, 1999, Physicians' Assistants Role in Patient Education, American Alliance for Health, Physical Education, Recreation, and Dance, Boston, MA.

Cardiovascular Disease and Cholesterol Education, 1998, North Harris County College Health Fair, Houston, TX.

Textbook reviewer for Addison-Wesley-Longman Publishers and Allyn & Bacon Publishing Company.

**Professional Memberships**

American Alliance for Health, Physical Education, Recreation, and Dance

Texas Association for Health, Physical Education, Recreation, and Dance