# Temporary Study Plan

**MA in Counseling with a specialization in Clinical Mental Health Counseling**

Department of Counselor Education  
College of Education  
Sam Houston State University

Student’s Name ____________________________  
__________________________  
Student ID # ____________________________  

Degree Plan: Master of Arts (60 hours)/Clinical Mental Health Counseling

Pre-requisite: Wellness Counseling or Abnormal Psychology (3 credits)

Courses designated with "OL" may be offered either online or face-to-face  
*Note: Students are NOT guaranteed online or off campus seating.

### Required Courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Proposed Enrollment Date</th>
<th>Actual Completion Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 5011</td>
<td>Counseling Profession &amp; Ethics</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 5364</td>
<td>Theories of Counseling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 5379</td>
<td>Methods of Research</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 5385</td>
<td>Pre-Practicum Techniques of Counseling (prereq 5011/5364)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 5392</td>
<td>Cross Cultural Issues in Counseling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 5397</td>
<td>Human Growth &amp; Development</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 5334</td>
<td>Effective Human Behavior (prereq 5397) (OL*)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 5088</td>
<td>Adv Behavior &amp; Psychopharmacology (prereq 5334) (OL*)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 5370</td>
<td>Career Counseling Across Lifespan (prereq 5397)</td>
<td>(OL*)</td>
<td></td>
</tr>
<tr>
<td>COUN 5394</td>
<td>Crisis and Trauma in Counseling (prereq 5364)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 6363</td>
<td>Assessment in Guidance &amp; Counseling (OL*)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 6374</td>
<td>Practicum in Group Counseling (prereq 5364/ 5385)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 5088</td>
<td>Counselor Ethics: Mgmt, Law, and Prof. Practice</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Elective (see options below)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Enrollment Date</th>
<th>Completion Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 5393</td>
<td>Community Counseling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 6364</td>
<td>Counseling for Addictions (prereq 5334)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 6332</td>
<td>Theories of Marriage &amp; Family Therapy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 6376</td>
<td>Supervised Practice in Counseling (prereq Candidacy 5334/5393/6363/6374) (100 hrs)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUN 6386</td>
<td>Internship (first semester) (prereq 6376)</td>
<td>(300 hrs)</td>
<td></td>
</tr>
<tr>
<td>COUN 6386</td>
<td>Internship (second consecutive semester)</td>
<td>(300 hrs)</td>
<td></td>
</tr>
</tbody>
</table>

**60 hr. Program Focus Plus Orientation Hour**

---

___ I have read the Counseling Program Student Handbook and understand the contents.  

___ I have read the current ACA Code of Ethics and will abide by the mandates contained therein.

__________________________  
Signature of Advising Counseling Professor/Date

__________________________  
Signature of Graduate Student/Date

**Elective Options:**

- COUN 5391 Child and Adolescent Issues in Counseling (prereq 5334)  
- COUN 5398 Sand Tray (prereq 5364, 5385)  
- COUN 5399 Play Therapy Basics (prereq 5364, 5385)  
- COUN 6331 Advanced Play Therapy (prereq 5399)  
- COUN 6337 Counseling for Sexual Concerns (prereq 5334/ 6332)  
- COUN 6333 Techniques of Couples Therapy (prereq 6332)  
- COUN 6338 Techniques of Family Therapy  
- COUN 5088 Advanced Trauma  
- COUN 5088 Clinical Hypnosis Applications  
- COUN 5088 Spirituality  
- COUN 5089 Independent Study  
- COUN 5088 Special Topics

For transfer credits see back of the study plan.

Revised April 2018
Transfer of Credit

In accordance with Academic Policy Statement 801007, graduate courses completed at other accredited colleges and universities may be applied as transfer credit toward a graduate degree at Sam Houston State University at the discretion of each graduate program and the college in which it is housed. Transfer credit is not automatically conferred and must be requested by the graduate advisor. Only courses with an earned grade of “B” or better may be used as transfer credit. Transferred courses must adhere to the six-year time frame for Master's degrees and the eight-year time frame for doctoral degrees.

The maximum number of hours that may be transferred into a graduate program are as follows:

- 12 hours of transfer credit toward a degree of 37 to 48 hours; (Master of Education)
- 15 hours of transfer credit toward a degree of 49 or more hours. (Master of Arts)

Students are encouraged to contact the appropriate graduate advisor for information concerning transfer credit allowed for a specific degree.

Course #1

Transfer Course as it appears on transcript from transferring university: ___________________

SHSU Course to be substituted: __________________________

Date course completed: ___________ University awarding credit? __________________________

Course #2

Transfer Course as it appears on transcript from transferring university: ___________________

SHSU Course to be substituted: __________________________

Date course completed: ___________ University awarding credit? __________________________

Course #3

Transfer Course as it appears on transcript from transferring university: ___________________

SHSU Course to be substituted: __________________________

Date course completed: ___________ University awarding credit? __________________________

Course #4

Transfer Course as it appears on transcript from transferring university: ___________________

SHSU Course to be substituted: __________________________

Date course completed: ___________ University awarding credit? __________________________

(Use a second sheet to record transfer course #5 and staple to the study plan.)