

## ***NTSO Meeting Minutes - October 9, 2007***

### **FIRST ORDER OF BUSINESS:**

Dr. Strauss Time Management Tips

- Introduces Master's Orientation -- covered will be Financial Aid, Organizing Your Application, Grad School Time Line, For more information contact Amanda at [aamacker@shsu.edu](mailto:aamacker@shsu.edu) or call 294-4444.

Monday October 22, 2007  
6:00pm-7:30pm  
SAM Center, AB4, Room 210

- Suggests Study Skills series
- Knowing when to say NO
- PRIORITIZE
  - Start earlier
  - Have to plan for the unexpected
  - Get things finished ahead of schedule (i.e. a paper due in a month work on it right away to try to get done ASAP so that if the weekend before and your children get sick you have room to wiggle!)
- Ability to move on
- Resilience is key!! Ability to recover is key (give yourself time to grieve the failure and then make a time to make it better)
- Map out important dates from syllabus
- Balance is key
- Key is reward and positive reinforcement
- "it's a marathon NOT a sprint" (speaking of time management)
  - Networking is important about doing things that bring you in contact with people you can learn from
  - Tomorrow is a networking SHSU faculty up close and personal 12pm meeting someone you like who is available
  - Get to know professors develop a relationship
- Make good impressions on your professors!!
- Underestimation of time required to be successful is every hour of class is two to three hours of study outside of class 12 hours is a FULL time
- Important to have a bedtime and a wake time
- Time keeping is a way to show respect to different people
- Set goals!!
  - Small
  - Measurable
  - Specific
- You have to schedule more time for classes that are harder for you
- Frequent brief rehearsal going over notes many times reading the chapter
- Recognize when you burnout

**SECOND ORDER OF BUSINESS:**

Everyone left after Dr. Strauss's meeting business posted on line

\*\* We need volunteers for the Haunted Tours on October 26 and October 27 even if it is just for one hour! Please bring your kids, friends, neighbors, and be prepared to have a BLAST!

\*\*Come out and join us at Bearkat Alley on October 20 (which is Homecoming!)

\*\*It is important to note that funding for these two events are pending and more information will be posted as soon as we learn it.

We want to thank everyone who attended the meeting on October 9 and for anyone who was not there please let us know if you have ANY questions don't hesitate to ask! Our next meeting is October 11 at 1pm in room 306 of the LSC building. See you at homecoming! 😊 😊

Typed by: Charity Moore NTSO Secretary